

Sunday, May 29, 2022

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

- Excel Swimming: 9 am-10:30 am = Lanes 3-10
- “Learn to Dive”: 9 am-10 am = Platform only (Dive lanes 5-8)
10 am-12 pm = 1 meter boards only (Dive lanes 5-8)
- Nassau LG test: 10 am-10:30 am = Lanes 1-2
10:30 am-1 pm = Lanes 1-3
- SCUBA: 10:30 am-11 am = Setup time
11 am-1 pm = Dive lanes 1-3
- Long Island Diving: 12 pm-3 pm = All boards (Dive lanes 5-8)
- Lifeguard Training class: 1 pm-1 pm = Dive lanes 1-3
- High Dive Champions: 4 pm-5 pm = 1 meter boards only (Dive lanes 5-8)
5 pm-6 pm = 1 & 3 meter boards only (Dive lanes 5-8)

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P	
I	I	I	I	I	I	I	I		LANE 9		U	U	U	U	U	U	U	U	
V	V	V	V	V	V	V	V	B	LANE 8	B	B	B	B	B	B	B	B	B	
E	E	E	E	E	E	E	E	U	LANE 7	L	L	L	L	L	L	L	L	L	
								L	LANE 6	I	I	I	I	I	I	I	I	I	
L	L	L	L	L	L	L	L	K	LANE 5	C	C	C	C	C	C	C	C	C	Moveable
A	A	A	A	A	A	A	A	H	LANE 4	L	L	L	L	L	L	L	L	L	Floor
N	N	N	N	N	N	N	N	E	LANE 3	A	A	A	A	A	A	A	A	A	Section
E	E	E	E	E	E	E	E	A	LANE 2	N	N	N	N	N	N	N	N	N	
								D	LANE 1	E	E	E	E	E	E	E	E	E	
8	7	6	5	4	3	2	1			S	#1	#2	#3	#4	#5	#6	#7	#8	

Public/Member swim lane availability:

- 9 am-10 am = **12 lanes available** (Lanes 1-2, DL 1-4 & 6 public lanes available)
- 10 am-10:30 am = **10 lanes available** (Dive lanes 1-4 & 6 public lanes available)
- 10:30 am-1 pm = **13 lanes available** (Lanes 4-10 & 6 public lanes available)
- 1 pm-5 pm = **16 lanes available** (Lanes 1-10 & 6 public lanes available)
- 5 pm-6 pm = **20 lanes available** (Lanes 1-10, DL 1-4 & 6 public lanes available)

All times, availability and lane assignments are subject to change.

*The “public” locker rooms will be closed 3:15-4:45 pm for cleaning.
The “team” locker rooms will be closed 5:15-6 pm for cleaning.*