Sunday, July 3, 2022

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming: 9 am-10:30 am = Lanes 3-10

"Learn to Dive": 9 am-10 am = Platform only (Dive lanes 5-8)

10 am-12 pm = 1 meter boards only (Dive lanes 5-8)

Long Island Diving: 12 pm-3 pm = All boards (Dive lanes 5-8)

High Dive Champions: 4 pm-5 pm = 1 meter boards only (Dive lanes 5-8)

5 pm-6 pm = 1 & 3 meter boards only (Dive lanes 5-8)

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Public/Member swim lane availability:

9 am-10:30 am = **12 lanes available** (Lanes 1-2, DL 1-4 & 6 public lanes available)

10:30 am-6 pm = **20 lanes available** (Lanes 1-10, DL 1-4 & 6 public lanes available)

All times, availability and lane assignments are subject to change.

The "public" locker rooms will be closed 3:15-4:45 pm for cleaning.

The "team" locker rooms will be closed 5:15-6 pm for cleaning.