

# **Friday, November 4, 2022**

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming: 6 am-7:15 am = Dive lanes 4-10  
 7:15 am-9 am = Dive lanes 5-10  
 Aquajog: 12:30 pm-1:30 pm = Lanes 1-3  
**Swim meet setup: 2:30 pm-3:30 pm = Lanes 1-10**  
**Swim meet: 3:30 pm-8 pm = Lanes 1-10**  
**3:30-4:30 pm = dive lanes 1-10**  
**4:30-5:30 pm = dive lanes 1-7**  
**5:30-8 pm = dive lanes 1-2**

Lifeguard Training class: 4:30 pm-6 pm = Dive lanes 8-10

Lifeguard Training class: 5:30 pm-9 pm = Dive lanes 3-6

Long Island Diving: 6 pm-8 pm = 1 & 3 meter dive boards (dive lanes 6-10)

Dive Lane 10	2	LANE 10	1	P	P	P	P	P	P	P	P	
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	
Dive Lane 8	B	LANE 8	B	B	B	B	B	B	B	B	B	
Dive Lane 7	U	LANE 7	U	L	L	L	L	L	L	L	L	
Dive Lane 6	L	LANE 6	L	I	I	I	I	I	I	I	I	
Dive Lane 5	K	LANE 5	K	C	C	C	C	C	C	C	C	
Dive Lane 4	H	LANE 4	H	L	L	L	L	L	L	L	L	
Dive Lane 3	E	LANE 3	E	A	A	A	A	A	A	A	A	
Dive Lane 2	A	LANE 2	A	N	N	N	N	N	N	N	N	
Dive Lane 1	D	LANE 1	D	E	E	E	E	E	E	E	E	
	S			#1	#2	#3	#4	#5	#6	#7		

Moveable  
Floor  
Section

Public/Member swim lane availability:

6 am-7:15 am = **18 lanes available** (Lanes 1-10, DL 1-3 & 5 public lanes available)  
 7:15 am-9 am = **19 lanes available** (Lanes 1-10, DL 1-4 & 5 public lanes available)  
 9 am-12:30 pm = **25 lanes available** (Lanes 1-10, DL 1-10 & 5 public lanes available)  
 12:30 pm-1:30 pm = **22 lanes available** (Lanes 4-10, DL 1-10 & 5 public lanes available)  
 1:30 pm-2:30 pm = **25 lanes available** (Lanes 1-10, DL 1-10 & 5 public lanes available)  
 2:30 pm-5 pm = **5 lanes available** (Public lanes 1-5 available)

**At 5pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only.  
 This time period is open to ages 13 & over only. There will be no shallow water free swim area.**

5 pm-9 pm = **7 lanes available** (Public lanes 1-7 available)

*All times, availability and lane assignments are subject to change.*

*Please note the "team lockers" close for cleaning 11:15a-12:45p  
 and the "public lockers" close 1:15p-2:45p.*

**Note: the dive pool, jacuzzi and sauna will be closed after 3:30 pm.**