



March 2023

Wantagh Senior Community Service Center
3606 Lufberry Avenue, Wantagh, 11793
516-797-5357



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

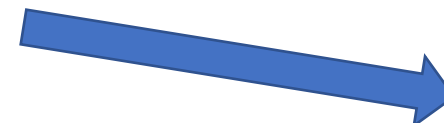
Wednesday

Thursday

Friday

<p>PROGRAM MANAGER: LISA PAGLIARO</p> <p>JOIN US FOR A DAY OF FUN IN WANTAGH</p>		<p>¹ MOLLOY NURSING STUDENTS 9:30 WELCOME & COFFEE 10:30 BINGO/ARTS & CRAFTS 11:45 CHICKEN RICE SOUP & BEEF FAJITAS WITH RICE 12:30 CHORUS WITH FRANK 12:45 BINGO & RUMMICUB</p>	<p>² 9:30 WELCOME & COFFEE 10:15 CHAIR YOGA WITH LUCIA 10:30 BINGO & RUMMICUB 10:45 SHOPPING AT STOP & SHOP 11:45 LENTIL SOUP & BREADED TURKEY CUTLET 12:45 BINGO</p>	<p>³ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:45 ZUMBA WITH ANDREA 11:45 PEA SOUP & TUNA SALAD 12:45 BINGO & RUMMICUB</p>
<p>⁶ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:30 NUTRITION TALK WITH CORNELL COOPERATIVE 10:45 SHOPPING AT DOLLAR TREE 11:45 TURKEY GUMBO & SLICKED TURKEY WITH GRAVY 12:45 BINGO & RUMMICUB</p>	<p>⁷ 9:30 WELCOME & COFFEE 10:15 TAI CHI WITH DENISE 10:45 SHOPPING AT NORTH SHORE FARMS 11:45 CHICKEN RICE SOUP & STIR FRY PORK WITH CABBAGE 12:30 SAINT PATRICK'S DAY CRAFT CLASS 12:45 BINGO & RUMMICUB</p>	<p>⁸ MOLLOY NURSING STUDENTS 9:30 WELCOME & COFFEE 10:30 BINGO/ARTS & CRAFTS 11:45 CABBAGE SOUP & BBQ CHICKEN 12:30 CHORUS WITH FRANK 12:45 BINGO & RUMMICUB</p>	<p>⁹ 9:30 WELCOME & COFFEE 10:30 BINGO/ARTS & CRAFTS 11:15 EARLY LUNCH OF SCRAMBLED EGGS & POTATOES 12:00 FOOTLOOSE PLAY AT MASSAPEQUA HIGH SCHOOL- RESERVATIONS NEEDED 12:45 BINGO & RUMMICUB</p>	<p>¹⁰ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:45 ZUMBA WITH ANDREA 11:00 SING-A-LONG WITH MINDYE 11:45 LIMA BEAN SOUP & EGGPLANT ROLLATINI WITH PASTA 12:45 BINGO & RUMMICUB</p>
<p>¹³ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:30 & 12:30 MOVIES AT THE CENTER "TOOTSIE" 10:45 SHOPPING AT CVS 11:45 BEEF & BARLEY SOUP WITH SPAGHETTI & MEATBALLS 12:45 BINGO & RUMMICUB</p>	<p>¹⁴ 9:30 WELCOME & COFFEE 10:15 TAI CHI WITH DENISE 10:45 SHOPPING AT DOLLAR TREE 11:45 SPINACH EGG DROP SOUP & GRILLED CHICKEN WITH CRISPY NOODLES 12:45 BINGO & RUMMICUB</p>	<p>¹⁵ 9:30 WELCOME & COFFEE 10:30 BINGO/ARTS & CRAFTS 11:00 PROJECT HOPE CRAFTING WITH DEBRA 11:45 CORN CHOWDER & APRICOT DIJON PORK WITH RICE 12:30 CHORUS WITH FRANK 12:45 BINGO & RUMMICUB</p>	<p>¹⁶ 9:30 WELCOME & COFFEE 10:15 CHAIR YOGA WITH LUCIA 10:30 ST PATRICK'S DAY PARTY- WEAR GREEN & RESERVATIONS REQUIRED 11:45 CORNED BEEF WITH CABBAGE & IRISH SODA BREAD 12:45 BINGO</p>	<p>¹⁷ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:45 ZUMBA WITH ANDREA 10:45 SHOPPING AT WALMART 11:45 MINISTRONE SOUP & CHICKEN WITH PASTA 12:45 BINGO & RUMMICUB</p>

TURN OVER FOR THE REST OF THE MONTH!!



Monday

Tuesday

Wednesday

Thursday

Friday

<p>FIRST DAY OF SPRING- WEAR SOMETHING FLORAL ²⁰ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:45 DESERT DISH GARDEN WORKSHOP 10:45 SHOPPING AT DOLLAR TREE 11: 45 CORN CHOWDER WITH BEEF BRISKET 12:45 BINGO & RUMMICUB</p>	<p>²¹ 9:30 NURSE BARBARA VISITS 10:15 TAI CHI WITH DENISE 10:45 SHOPPING AT STOP & SHOP 11:45 MINESTRONE SOUP & CHICKEN IN LEMON SAUCE WITH RICE 12:45 BINGO & RUMMICUB</p>	<p>²² 9:30 WELCOME & COFFEE 10:30 BINGO/ARTS & CRAFTS 10:30 & 12:30 MOVIES AT THE CENTER- "THE GREATEST SHOWMAN" 11:45 VEGETABLE SOUP & CHICKEN PARMESAN WITH PENNE 12:45 BINGO & RUMMICUB</p>	<p>²³ 9:30 WELCOME & COFFEE 10:15 CHAIR YOGA WITH LUCIA 10:30 BINGO & RUMMICUB 10:45 COOKING WORKSHOP WITH TIFFANY 10:45 SHOPPING AT CVS 11:45 TOMATO RICE SOUP & PORK LOIN 12:45 BINGO</p>	<p>²⁴ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:45 ZUMBA WITH ANDREA 11:00 SING-A-LONG WITH MINDYE 11:45 SPINACH EGG DROP SOUP & EGG SALAD 12:45 BINGO & RUMMICUB</p>
<p>²⁷ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:30 NUTRITIONAL TALK WITH CORNELL COOPERATIVE 10:45 SHOPPING AT STOP & SHOP 11:45 LENTIL SOUP & MEATLOAF WITH GRAVY 12:45 BINGO & RUMMICUB</p>	<p>²⁸ 9:30 WELCOME & COFFEE 10:15 TAI CHI WITH DENISE 10:00-12:00 PERSONAL NUTRITION CONSULT- RESERVATIONS REQUIRED 10:45 SHOPPING AT SHOPRITE 11:45 CABBAGE SOUP & PEPPER STEAK WITH RICE 12:30 EASTER CRAFT CLASS 12:45 BINGO & RUMMICUB</p>	<p>²⁹ MOLLOY NURSING STUDENTS 9:30 WELCOME & COFFEE 10:30 BINGO/ARTS & CRAFTS 11:45 BARLEY SOUP & VEAL CUTLET WITH MUSHROOMS 12:30 CHORUS WITH FRANK 12:45 BINGO & RUMMICUB</p>	<p>³⁰ 9:30 WELCOME & COFFEE 10:15 CHAIR YOGA WITH LUCIA 10:30 BINGO & RUMMICUB 10:45 SHOPPING AT DOLLAR TREE 11:45 PEA SOUP SOUP & CHICKEN SALAD 12:45 BINGO</p>	<p>³¹ 9:30 WELCOME & COFFEE 10:30 BINGO & RUMMICUB 10:45 SHOPPING AT TARGET 10:45 ZUMBA WITH ANDREA 11:45 LIMA BEAN SOUP & EGGS FLORENTINE WITH GRITS 12:45 BINGO & RUMMICUB</p>



BRUCE A. BLAKEMAN
 NASSAU COUNTY EXECUTIVE

Hours of Operation: 8:30 AM- 1:45 PM

Meals suggested contribution: \$3.00

Transportation suggested contribution: \$1.00 each way

Exercise suggested contribution: \$1.00

Site Council Meeting: March 21

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED.
 PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.