

Saturday, March 18, 2023

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team/Group Use Schedule:

Meet setup: 8 am-9 am = Lanes 1-10
CYO Swim Meet: 9 am-12 pm = Lanes 1-10
 Lifeguard class: 9:30 am-2 pm = Dive lanes 1-3
 Meet breakdown: 12 pm-12:30 pm = Lanes 1-10
 Long Island Diving: 12 pm-3 pm = 1 & 3 meter dive boards (DL 4-8)
CYO Swim Meet: 12:30 pm-3 pm = Lanes 1-10
 Town of N. Hempstead: 3 pm-6 pm = Dive lanes 1-3
 St. Aidans CYO: 4 pm-6 pm = Lanes 5-10
 High Dive Champions: *No practice*

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P	
I	I	I	I	I	I	I	I		LANE 9		U	U	U	U	U	U	U	U	
V	V	V	V	V	V	V	V	B	LANE 8	B	B	B	B	B	B	B	B	B	
E	E	E	E	E	E	E	E	U	LANE 7	U	L	L	L	L	L	L	L	L	
								L	LANE 6	L	I	I	I	I	I	I	I	I	
L	L	L	L	L	L	L	L	K	LANE 5	K	C	C	C	C	C	C	C	C	
A	A	A	A	A	A	A	A	H	LANE 4	H	L	L	L	L	L	L	L	L	
N	N	N	N	N	N	N	N	E	LANE 3	E	A	A	A	A	A	A	A	A	
E	E	E	E	E	E	E	E	A	LANE 2	A	N	N	N	N	N	N	N	N	
8	7	6	5	4	3	2	1	D	LANE 1	D	E	E	E	E	E	E	E	E	R
											#1	#2	#3	#4	#5	#6	#7	#8	P

Moveable
Floor
Section

Public/Member swim lane availability:

6 am-8 am = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
 8 am-9 am = **14 lanes available** (Dive lanes 1-8 & 6 public lanes available)
 9 am-3 pm = **6 lanes available** (6 public lanes available)
 3 pm-4 pm = **16 lanes available** (Lanes 1-10 & 6 public lanes available)
 4 pm-6 pm = **10 lanes available** (Lanes 1-4 & 6 public lanes available)

All times, availability and lane assignments are subject to change.

The "public" locker rooms will be closed 2:15-3:30 pm for cleaning.

The "team" locker rooms will be closed 4:30-6 pm for cleaning.

Please note: the dive pool, jacuzzi & suana are closed 9am-3pm