

November 2023

Wantagh Senior Community Service Center 3606 Lufberry Avenue, Wantagh, 11793 516-797-5357



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
Food Drive all month long- please bring in a canned or non-perishable item! We can all help end hunger on Long Island.		1 All Saints Day- Center will be closed	2 Located at the Bethpage Senior Center, 103 Grumman Road, Bethpage 9:00 Welcome & Coffee 10:00-2:00 St Francis Bus for health screenings & flu shots 10:45 Shopping at ShopRite 11:45 Chicken Rice Soup & Cheese Blintzes 12:30 Bingo & Rummicub	3 Located at the Bethpage Senior Center, 103 Grumman Road, Bethpage 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:45 Lima Bean Soup & Lemon Chicken with Potatoes 12:30 Bingo & Rummicub
6 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Tomato Rice Soup & English Sausage with Mashed Potatoes 12:30 Turkey Wreath Craft Class 12:45 Bingo & Rummicub	Election Day 7 9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:30 Bingo & Rummicub 10:45 Shop at Hobby Lobby & Whole Foods 11:45 Pea Soup & Chicken Stew 12:30 Turkey Wreath Craft Class 12:45 Bingo & Rummicub	8 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:00 Service of the Healing & Wholeness at St Jude's 11:45 Vegetable Soup & BBQ Pork with Rice 12:30 Lucky Seniors Chorus with Frank 12:45 Bingo & Rummicub	9 9:00 Welcome & Coffee 10:15 Chair Exercise with Anne 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Pea Soup & Tuna Salad 12:30 Bingo & Sculpture with Veronica	10 Wear Red, White & Blue to support all our Veterans 10:45 Zumba with Andrea 11:00 Sing-a-long with Mindye 11:45 Matzo Ball Soup & Stuffed Cabbage 12:30 Spiritual Group with Denise- all are welcome 12:45 Bingo & Rummicub
13 9:00 Welcome & Coffee 10:45 Cornell Nutritional Presentation with KiYe 10:45 Shop at Dollar Tree 11:45 Pea Soup & Pork Loin 12:45 Bingo & Rummicub	14 9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:30 Bingo & Rummicub 10:45 Crafting with Debra from Project Hope 10:45 Shop at Stop & Shop 11:45 Vegetable Soup & Turkey Meatballs 12:45 Bingo & Rummicub	15 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:45 Pea Soup & Chicken Salad 12:30 Lucky Seniors Chorus with Frank 12:45 Bingo & Rummicub	16 9:00 Welcome & Coffee 10:15 Chair Exercise with Anne 10:30 Thanksgiving Celebration with Turkey Trot Races 11:45 Chicken Rice Soup & Turkey with Gravy & Stuffing 12:30 Bingo & Sculpture with Veronica	17 9:00 Welcome & Coffee 10:45 Zumba with Andrea 11:00 Sing-a-long with Mindye 11:45 Cabbage Soup & Shepherd's Pie 12:30 Spiritual Group with Denise- all are welcome 12:45 Bingo & Rummicub

Monday	Tuesday	Wednesday	Thursday	Friday
20 9:00 Welcome & Coffee 10:30 & 12:30 Movies at the Center- Sully with Tom Hanks 10:45 Shop at King Kullen 11:45 Chicken Rice Soup & Chicken Cacciatore with Pasta 12:45 Bingo & Rummicub	21 9:00 Nurse Barbara Visits 10:15 Tai Chi with Denise 10:30 Bingo & Rummicub 10:45 Shop at North Shore Farms 11:45 Corn Chowder & Pork Chops with Apples 12:45 Bingo & Rummicub	22 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:45 Mushroom Barley Soup & Spaghetti with Meatballs 12:30 Lucky Seniors Chorus with Frank 12:45 Thanksgiving Bingo & Pie	23 Happy Thanksgiving- Center Closed	24 Happy Thanksgiving- Center Closed
12:45 Bingo & Rummicub 27 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Chicken Noodle Soup & Sliced Beef with Potatoes 12:45 Bingo & Rummicub	28 9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Pea Soup & Sliced Turkey with Cheese 12:45 Bingo & Rummicub	Pie 29 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:45 Mushroom Barley Soup & Sauerbraten with Gravy 12:30 Lucky Seniors Chorus with Frank 12:45 Bingo & Rummicub	30 9:00 Welcome & Coffee 10:15 Chair Exercise with Anne 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Matzo Ball Soup & Turkey Meatloaf 12:30 Bingo & Sculpture with Veronica	



BRUCE A. BLAKEMAN

NASSAU COUNTY EXECUTIVE

Program Manager: Lisa Pagliaro

Hours of Operation: 8:30 AM to 1:45 PM

Meals suggested contribution: \$3.00

Transportation suggested contribution: \$1.00 each way

Exercise suggested contribution: \$2 per class

Site Council Meeting: November 14

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.

Lending Library & Book Club also available- ask for details!