

Monday

Tuesday

Wednesday

Thursday

Friday

		<p>10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:30 BINGO 2:00 Going Home</p>	<p>2 ROTTKAMP FARM TRIP 10:00 - 12:00 Rottkamp Farm Trip 12:00 Lunch 12:45 -1:45 Yoga w/ Dominic 2:00 Going Home</p>	<p>3 Harmony Healthcare Long Island Mobil Coach 10:00 – 11 HHLI Mobile 10:30 Volunteer Program AHRC Nassau 11:00 Exercise w/ Sheila 12:00 Lunch 12:30 Anouncemnts 1:00 BINGO</p>
<p>6 10:00 Socia Hour, Cards, Games and Coffee 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:30 – 2 Sculpture w/ Veronica 2:00 Going Home</p>	<p>7 WE ARE CLOSED  Your Vote Counts!</p>	<p>8 ARTS & CRAFTS DAY 10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:30 Arts & Crafts with Debra from NH Project Hope</p>	<p>9 SITE COUNCIL METTING 10:00 Social Hour, Cards, Games, Coffee 10:45 Site Counsil Meeting 11:45 Announcements 12:00 Lunch 12:45 Yoga w/ Dominic 2:00 Going Home</p>	<p>10 WE ARE CLOSED </p>
<p>13 10:00 Socia Hour, Cards, Games and Coffee 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:30 – 2 Sculpture w/ Veronica 2:00 Going Home</p>	<p>14 10:00 Social Hour, Cards, Games, Coffee 11:00 Chorus w/ Frank 12:00 Lunch 1:00 – 2:00 Music and moving w/ Lloyd 2:00 Going Home</p>	<p>15  10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:30 MOVIE TIME 2:00 Going Home</p>	<p>16 10:00 Social Hour, Cards, Games, Coffee 10:45 BINGO 11:45 Announcements 12:00 Lunch 12:45 Yoga w/ Dominic 2:00 Going Home</p>	<p>17  10:00 Social Hour, Cards, Games, Coffee 10:30 Volunteer Program AHRC Nassau 11:00 Exercise w/ Sheila 12:00 Lunch 12:45 CORNELL "Mind Diet" 1:30 - 2:00 Birthday Celebration</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>20</p> <p>10:00 Socia Hour, Cards, Games and Coffee 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:30 – 2 Sculpture w/ Veronica 2:00 Going Home</p>	<p>21</p> <p>10:00 Social Hour, Cards, Games, Coffee 11:00 Chorus w/ Frank 12:00 Lunch 1:00 – 2:00 Music and moving w/ Lloyd 2:00 Going Home</p>	<p>22</p> <p></p> <p>10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 1:00 Bingo with Denise 2:00 Going Home</p>	<p>23</p> <p>WE ARE CLOSED</p> <p></p>	<p>24</p> <p>WE ARE CLOSED</p> <p>BE GRATEFUL BE THANKFUL BELIEVE YOU ARE BLESSED</p>
<p>27</p> <p>10:00 Socia Hour, Cards, Games and Coffee 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:30 – 2 Sculpture w/ Veronica 2:00 Going Home</p>	<p>28</p> <p>10:00 Social Hour, Cards, Games, Coffee 11:00 Chorus w/ Frank 12:00 Lunch 1:00 – 2:00 Music and moving w/ Lloyd 2:00 Going Home</p>	<p>29</p> <p>FASHION SHOW</p> <p>10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:30- 2 Fashion Show 2:00 Going Home</p>	<p>30</p> <p>CAPTION PHONES</p> <p>10:00 Social Hour, Cards, Games, Coffee 10:30 – 12 Presentation with Patricia from Clear Captions Phones 11:45 Announcements 12:00 Lunch 12:45 Yoga w/ Dominic 2:00 Going Home</p>	



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Hours of Operation: 8:30 – 4:00

Meals suggested contribution: \$3.00.

Transportation suggested contribution: \$1.00.

Exercise suggested contribution: \$2.00.

Site Council Meeting: 11/9

Birthdays Celebration: 11/17

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE
CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.**