

Monday, May 1, 2023

Today's pool setup:

6 am-9 am: Long Course setup
9 am-10:30 am: course change to Short Course setup (pool closed 9a-11a)
10:30 am-9 pm: Short Course setup
All times and lane assignments are subject to change.

Team / Group Use Schedule:

Excel Swimming: 6 am-9 am = Lanes 6-10

D I V E B O A R D E N D	1 B U L K H E A D	LANE #10 (50 meter lane)	2 B U L K H E A D S	P	P	P	P	P	P	P	P	P
		LANE #9 (50 meter lane)		U	U	U	U	U	U	U	U	U
		LANE #8 (50 meter lane)		B	B	B	B	B	B	B	B	B
		LANE #7 (50 meter lane)		L	L	L	L	L	L	L	L	L
		LANE #6 (50 meter lane)		I	I	I	I	I	I	I	I	I
		LANE #5 (50 meter lane)		C	C	C	C	C	C	C	C	C
		LANE #4 (50 meter lane)		L	L	L	L	L	L	L	L	L
		LANE #3 (50 meter lane)		A	A	A	A	A	A	A	A	A
		LANE #2 (50 meter lane)		N	N	N	N	N	N	N	N	N
LANE #1 (50 meter lane)	E	E	E	E	E	E	E	E	E			
				#1	#2	#3	#4	#5	#6	RAMP		

Moveable
Floor
Section

Public/Member swim lane availability (6am-9am):

6 am-9 am = **9 lanes available** (Lanes 1-5 & 4 public lanes available)
 9 am-10:30 am = **POOL CLOSED.....for course change**

Team / Group Use Schedule (short course setup after 10:30 am):

Aquajog: 10 am-11 am = Lanes 1-3
 Hope Fitness: 3:30 pm-9 pm = Public lane #5
 Level 2 class: 4 pm-4:45 pm = Shallow area
 L.I. Aquatic Club: 4 pm-5 pm = Lanes 6-10
 Level 1 class: 5 pm-5:45 pm = Shallow area
 L.I. Aquatic Club: 5 pm-8:30 pm = Lanes 1-10
 Prep Class: 6 pm-7 pm = Public lane #1
 Intermediate Lesson: 7 pm-8 pm = Public lane #8 (and ramp area)
 Long Island Diving: 7 pm-9 pm = 1 meter dive boards (dive lanes 6-8)
 Total Masters: 7:45 pm-8:45 pm = Dive lanes 1-4

D I V E L A N E 8 7 6 5 4 3 2 1	1 B U L K H E A D	LANE 10	2 B U L K H E A D S	P	P	P	P	P	P	P	P	P
		LANE 9		U	U	U	U	U	U	U	U	U
		LANE 8		B	B	B	B	B	B	B	B	B
		LANE 7		L	L	L	L	L	L	L	L	L
		LANE 6		I	I	I	I	I	I	I	I	I
		LANE 5		C	C	C	C	C	C	C	C	C
		LANE 4		L	L	L	L	L	L	L	L	L
		LANE 3		A	A	A	A	A	A	A	A	A
		LANE 2		N	N	N	N	N	N	N	N	N
LANE 1	E	E	E	E	E	E	E	E	E			
				#1	#2	#3	#4	#5	#6	#7	#8	RAMP

Moveable
Floor
Section

Public/Member swim lane availability (10:30a-9p):

10:30 am-11 am = **21 lanes available** (Lanes 4-10, DL 1-8 & 6 public lanes available)
 11 am-3:30 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
 3:30 pm-4 pm = **23 lanes available** (Lanes 1-10, DL 1-8 & public lanes #1-5 available)
 4 pm-5 pm = **18 lanes available** (Lanes 1-5, DL 1-8 & public lanes #1-5 available)
 5 pm-6 pm = **13 lanes available** (Dive lanes 1-8 & public lanes 1-5 available)
 6 pm-7 pm = **12 lanes available** (Dive lanes 1-8 & public lanes 2-5 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

7 pm-7:45 pm = **11 lanes available** (Dive lanes 1-5 & Public lanes 1-5, 7 available)
 7:45 pm-8 pm = **7 lanes available** (Dive lane 5 & public lanes 1-5, 7 available)
 8 pm-8:30 pm = **8 lanes available** (Dive lane 5 & public lanes 1-5, 7-8 available)
 8:30 pm-8:45 pm = **18 lanes available** (Lanes 1-10, DL 5 & public lanes 1-5, 7-8 available)
 8:45 pm-9 pm = **22 lanes available** (Lanes 1-10, DL 1-5 & public lanes 1-5, 7-8 available)

All times, availability and lane assignments are subject to change.

Please note the "team lockers" close for cleaning 11:15a-12:45p and the "public lockers" close 1:15p-2:45p.