

Wednesday, May 3, 2023

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	6 am-7:15 am = Dive lanes 1-7 7:15 am-9 am = Dive lanes 1-6
Nassau LG test:	9 am-12 pm = Lanes 8-10
Hope Fitness:	3:30 pm-8:30 pm = Public lane #5
Level 1 class:	4 pm-4:45 pm = Shallow area
Level 2 class:	5 pm-5:45 pm = Shallow area
L.I. Aquatic Club:	4 pm-8 pm = Lanes 1-10
Level 3 class:	5:45 pm-6:30 pm = Public lane #1
Pre Level 3 class:	6:30 pm-7 pm = Shallow area
Long Island Diving:	7 pm-9 pm = 1 meter dive boards (dive lanes 6-8)
Level 4 class:	7:30 pm-8:15 pm = Public lane #1
Total Masters:	7:45 pm-8:45 pm = Dive lanes 1-4

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P	P	P	
I	I	I	I	I	I	I	I		LANE 9		U	U	U	U	U	U	U	U	U	U	
V	V	V	V	V	V	V	V	B	LANE 8	B	B	B	B	B	B	B	B	B	B	B	
E	E	E	E	E	E	E	E	U	LANE 7	L	L	L	L	L	L	L	L	L	L	L	
								L	LANE 6	I	I	I	I	I	I	I	I	I	I	I	Moveable
L	L	L	L	L	L	L	L	K	LANE 5	C	C	C	C	C	C	C	C	C	C	C	Floor
A	A	A	A	A	A	A	A	H	LANE 4												Section
N	N	N	N	N	N	N	N	E	LANE 3	L	L	L	L	L	L	L	L	L	L	L	
E	E	E	E	E	E	E	E	A	LANE 2	A	A	A	A	A	A	A	A	A	A	A	
								D	LANE 1	N	N	N	N	N	N	N	N	N	N	N	R
8	7	6	5	4	3	2	1			S	E	E	E	E	E	E	E	E	E	E	A
											#1	#2	#3	#4	#5	#6	#7	#8			M
																					P

Public/Member swim lane availability:

6 am-7:15 am =	17 lanes available (Lanes 1-10, DL 8 & 6 public lanes available)
7:15 am-9 am =	18 lanes available (Lanes 1-10, DL 7-8 & 6 public lanes available)
9 am-12 pm =	21 lanes available (Lanes 1-7, DL 1-8 & 6 public lanes available)
12 pm-3:30 pm =	24 lanes available (Lanes 1-10, DL 1-8 & 6 public lanes available)
3:30 pm-4 pm =	23 lanes available (Lanes 1-10, DL 1-8 & public lanes #1-5 available)
4 pm-5:45 pm =	13 lanes available (Dive lanes 1-8 & public lanes 1-5 available)
5:45 pm-6:30 pm =	12 lanes available (Dive lanes 1-8 & public lanes 2-5 available)
6:30 pm-7 pm =	13 lanes available (Dive lanes 1-8 & public lanes 1-5 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

7 pm-7:30 pm =	12 lanes available (Dive lanes 1-5 & Public lanes 1-5, 7-8 available)
7:30 pm-7:45 pm =	11 lanes available (Dive lanes 1-5 & Public lanes 2-5, 7-8 available)
7:45 pm-8 pm =	7 lanes available (Dive lane 5 & public lanes 2-5, 7-8 available)
8 pm-8:15 pm =	17 lanes available (Lanes 1-10, DL 5 & public lanes 2-5, 7-8 available)
8:15 pm-8:30 pm =	18 lanes available (Lanes 1-10, DL 5 & public lanes 1-5, 7-8 available)
8:30 pm-8:45 pm =	19 lanes available (Lanes 1-10, DL 5 & public lanes 1-8 available)
8:45 pm-9 pm =	23 lanes available (Lanes 1-10, DL 1-5 & public lanes 1-8 available)

*All times, availability and lane assignments are subject to change.
Please note the "team lockers" close for cleaning 11:15a-12:45p
and the "public lockers" close 1:15p-2:45p.*