

Friday, May 5, 2023

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

- Excel Swimming: 6 am-9 am = Dive lanes 1-6
- Hope Fitness: 3:30 pm-8:30 pm = Public lane #5
- L.I. Aquatic Club: 4 pm-7:30 pm = Lanes 1-10
- Level 2 class: 4 pm-4:45 pm = Shallow area
- Level 3 class: 5 pm-5:45 pm = Public lane #1
- Lifeguard Prep class: 5 pm-7 pm = Dive lane 1
- Long Island Diving: 6 pm-8 pm = 1 & 3 meter dive boards (dive lanes 6-10)
- Level 5 class: 6 pm-6:45 pm = Public lane #1
- SCUBA: 7 pm-9 pm = Public lane #8 (and ramp area)
- Getting Comf. class: 7:30 pm-8:30 pm = Public lane #7

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P	P	
I	I	I	I	I	I	I	I	B U L K H E A D	LANE 9	B U L K H E A D S	U	U	U	U	U	U	U	U	U	
V	V	V	V	V	V	V	V		LANE 8		L	L	L	L	L	L	L	L	L	
E	E	E	E	E	E	E	E		LANE 7		I	I	I	I	I	I	I	I	I	
L	L	L	L	L	L	L	L		LANE 6		C	C	C	C	C	C	C	C	C	
A	A	A	A	A	A	A	A		LANE 5		L	L	L	L	L	L	L	L	L	
N	N	N	N	N	N	N	N		LANE 4		A	A	A	A	A	A	A	A	A	
E	E	E	E	E	E	E	E		LANE 3		N	N	N	N	N	N	N	N	N	
									LANE 2		E	E	E	E	E	E	E	E	E	
8	7	6	5	4	3	2	1		LANE 1		#1	#2	#3	#4	#5	#6	#7	#8		R A M P

Moveable
Floor
Section

Public/Member swim lane availability:

- 6 am-9 am = **18 lanes available** (Lanes 1-10, DL 7-8 & 6 public lanes available)
- 9 am-3:30 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 3:30 pm-4 pm = **23 lanes available** (Lanes 1-10, DL 1-8 & public lanes #1-5 available)
- 4 pm-5 pm = **13 lanes available** (Dive lanes 1-8 & public lanes #1-5 available)
- 5 pm-6 pm = **11 lanes available** (Dive lanes 2-8 & public lanes #2-5 available)
- 6 pm-7 pm = **7 lanes available** (Dive lanes 2-4 & public lanes #2-5 available)

At 5pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

- 7 pm-7:30 pm = **10 lanes available** (Dive lanes 1-4 & public lanes 1-5, 7 available)
- 7:30 pm-8 pm = **19 lanes available** (Lanes 1-10, DL 1-4 & public lanes 2-5 available)
- 8 pm-8:30 pm = **23 lanes available** (Lanes 1-10, DL 1-8 & public lanes 1-5 available)
- 8:30 pm-9 pm = **25 lanes available** (Lanes 1-10, DL 1-8 & public lanes #1-7 available)

All times, availability and lane assignments are subject to change.

*Please note the "team lockers" close for cleaning 11:15a-12:45p
and the "public lockers" close 1:15p-2:45p.*