

Wednesday, May 24, 2023

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming: 6 am-7:15 am = Dive lanes 1-7
 7:15 am-9 am = Dive lanes 1-6

Nassau LG test: 9 am-12 pm = Lanes 8-10

Hope Fitness: 3:30 pm-8:30 pm = Public lane #5

Camp Evaluations: 4 pm-8:30 pm = Public lane #1

L.I. Aquatic Club: 4 pm-8 pm = Lanes 1-10

Long Island Diving: 7 pm-9 pm = 1 meter dive boards (dive lanes 6-8)

Total Masters: 7:45 pm-8:45 pm = Dive lanes 1-4

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P	P	P
I	I	I	I	I	I	I	I	LANE 9	B	U	U	U	U	U	U	U	U	U	U	U
V	V	V	V	V	V	V	V	LANE 8	U	B	B	B	B	B	B	B	B	B	B	B
E	E	E	E	E	E	E	E	LANE 7	L	L	L	L	L	L	L	L	L	L	L	L
L	L	L	L	L	L	L	L	LANE 6	I	I	I	I	I	I	I	I	I	I	I	I
A	A	A	A	A	A	A	A	LANE 5	C	C	C	C	C	C	C	C	C	C	C	C
N	N	N	N	N	N	N	N	LANE 4	L	L	L	L	L	L	L	L	L	L	L	L
E	E	E	E	E	E	E	E	LANE 3	A	A	A	A	A	A	A	A	A	A	A	A
8	7	6	5	4	3	2	1	LANE 2	N	N	N	N	N	N	N	N	N	N	N	N
								LANE 1	E	E	E	E	E	E	E	E	E	E	E	E

Moveable
Floor
Section

Public/Member swim lane availability:

6 am-7:15 am = **17 lanes available** (Lanes 1-10, DL 8 & 6 public lanes available)

7:15 am-9 am = **18 lanes available** (Lanes 1-10, DL 7-8 & 6 public lanes available)

9 am-12 pm = **21 lanes available** (Lanes 1-7, DL 1-8 & 6 public lanes available)

12 pm-3:30 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)

3:30 pm-4 pm = **23 lanes available** (Lanes 1-10, DL 1-8 & public lanes #1-5 available)

4 pm-7 pm = **12 lanes available** (Dive lanes 1-8 & public lanes 2-5 available)

**At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only.
 This time period is open to ages 13 & over only. There will be no shallow water free swim area.**

7 pm-7:45 pm = **11 lanes available** (Dive lanes 1-5 & Public lanes 2-5, 7-8 available)

7:45 pm-8 pm = **7 lanes available** (Dive lane 5 & public lanes 2-5, 7-8 available)

8 pm-8:30 pm = **17 lanes available** (Lanes 1-10, DL 5 & public lanes 2-5, 7-8 available)

8:30 pm-8:45 pm = **19 lanes available** (Lanes 1-10, DL 5 & public lanes 1-8 available)

8:45 pm-9 pm = **23 lanes available** (Lanes 1-10, DL 1-5 & public lanes 1-8 available)

All times, availability and lane assignments are subject to change.

*Please note the "team lockers" close for cleaning 11:15a-12:45p
 and the "public lockers" close 1:15p-2:45p.*