



**COUNTY OF NASSAU  
DEPARTMENT OF HUMAN SERVICES  
Office for the Aging**

60 Charles Lindbergh Boulevard, Suite #260  
Uniondale, New York 11553-3691  
516-227-8900/FAX 516-227-8972  
seniors@hhsnassaucountyny.us

## **Office for the Aging Programs and Services**

### **Long Term Care and Supports**

- Provides in home care management services to Nassau residents of age 60 and Personal Care or housekeeping services to eligible seniors
- Case management available
- Adult Day Care
- Caregiver Respite Program

### **Home Delivered Meals**

- Provision of hot, chilled, or frozen meals to homebound older adults or the spouse of an eligible participant who cannot prepare meals.

### **Senior Centers**

- Recreation and socialization programs for Nassau County Seniors
- Health promotion, exercise classes available
- Shopping assistance
- Congregate Meals – A Nutritious hot lunch provided in a social setting
- Transportation available

### **Support Services**

- HEAP and SAFE Fuel Assistance Programs
- Health Information Counseling (HIICAP)
- Senior Financial Counseling and Bill Payer
- Legal Services
- Long Term Care Ombudsman

### **Nassau NY Connects**

- Statewide program where individuals can obtain comprehensive, accurate and unbiased information and assistance.
- Support to those in need of care to remain their homes

**For more information on these programs call**



**NY Connects**  
Your Link to Long Term  
Services and Supports

**Nassau NY Connects at (516) 227-8900**

# **About Nassau County Office for the Aging**

## **Nassau County Office for the Aging Mission**

- Identify needs and gaps in service
- Develop, coordinate, and implement services to meet identified needs
- Enable senior citizens to live safely in their homes and communities, thereby avoiding or delaying institutionalization or hospitalization
- Maximize senior citizens independence

## **Nassau County Office for the Aging Background**

- Created in 1969 under the Older Americans Act
- Designated Area Agency on Aging
- There is no fee for programs under the Older Americans Act
- Programs and services for well/active seniors, frail/homebound, and Caregivers

Nassau County Office for the Aging is the official Area Agency on Aging for Nassau County. The office develops a county-wide plan to provide services that assist older persons to remain independent and living in their own homes for as long as possible. The Office also serves as a funding agency for programs offered by other voluntary and government agencies. It provides more than 70 programs to improve the quality of life for older persons. The Office also serves as an advocate for the elderly.

The Office operates one five-day-a-week multi-purpose community center. In cooperation with local community agencies, the Office maintains 13 additional senior centers, which provide daily hot lunches and social and recreational programs, four adult day services centers, and eight senior lunch programs.

Nassau County made a commitment more than thirty years ago when it became one of the first county governments in the nation to establish a county agency dedicated to providing programs and services for the over 60 population. As the designated Area Agency on Aging for Nassau County under the federal Older Americans Act, with additional support from the New York State Office for the Aging and Nassau County, Office for the Aging empowers older persons to live more independently in their own homes and communities.

## **Adult Day Care Locations:**

- Herricks Alzheimer's Adult Day Program
- The Friendship Circle, East Hills
- The Club, Alzheimer's Senior Day Program, Hewlett
- Glen Cove Adult Day Care
- Long Island Alzheimer's & Dementia Center Social Adult Day Program

## **Senior Community Service Centers Locations:**

- |                   |                    |
|-------------------|--------------------|
| • Bethpage        | • North Merrick    |
| • Franklin Square | • Oceanside        |
| • Freeport        | • Oyster Bay       |
| • Glen Cove       | • Point Lookout    |
| • Great Neck      | • Port Washington  |
| • Hempstead       | • Rockville Centre |
| • Herricks        | • Wantagh          |
| • Hewlett         | • Westbury         |