



April 2024

New Horizon Senior Community Service Center
1490 Broadway, Hewlett, NY 11557
516-374-2670



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

1 9:30 Coffee and Socialization 10:00 – Art with Zach 10:00 – Mahjong 101 11:00 Exercise with Teena 12:00 – Lunch 1:00 Book Club 2:00 Air Hockey	2 9:30 Coffee and Discussion 10:00 Art with Zach 10:15 Teena Exercise 11:15 Advisory Meeting 11:15 Music with John 12:00 Lunch 1:00 Karaoke / Mahjong 2:00 Mahjong/Board Games 3:00 Card Games	3 9:30 Coffee and Discussion 10:00 Karaoke w. Zach 10:15: Committee Meeting w. Fran 11:00: Exercise with Anne 12:00 Lunch 1:00 Movie Wednesdays – Polite Society 1:00 Recipe Club	4 9:30 Coffee and Discussion 10:00 Piano Sing-a-Long 11:00 Tai Chi 11:00 Craft 12:00 Lunch 1:00 Karaoke / Mahjong 1:00 Cornell Co-op 2:00Mahjong Continued	5 9:30 Coffee, Word Puzzles and Discussion 10:15 – Arts & Crafts, Yarn, Board Games 11-11:45 - TV Exercise 12:00 – Lunch 1:15 – Zumba w. Darrell 2:15 Arts & Crafts, Yarn, Board Games
8 9:30 Coffee and Socialization 10:00 – Art with Zach 10:00 – Mahjong 101 11:00 Exercise with Teena 12:00 – Lunch 1:00 Book Club 2:00 Ping Pong 3:00 Ping Pong	9 9:30 Coffee and Discussion 10:00 Art with Zach 10:15 Teena Exercise 11:15 Scattergories 11:15 Music with John 12:00 Lunch 1:00 Karaoke / Mahjong/ Jewelry 2:00 Mahjong/Board Games 3:00 Card Games	10 9:30 Coffee and Discussion 10:00 Karaoke w. Zach 10:15: Committee Meeting w. Fran 11:00: Exercise with Anne 12:00 Lunch 1:00 Movie Wednesdays – Love Again 1:00 Recipe Club	11 9:30 Coffee and Discussion 10:00 Piano Sing-a-Long 11:00 Tai Chi 11:00 Craft 12:00 Lunch 1:00 Karaoke / Mahjong 2:00Mahjong Continued	12 9:30 Coffee, Word Puzzles and Discussion 10:15 – Arts & Crafts, Yarn, Board Games 11-11:45 - TV Exercise 12:00 – Lunch 1:15 – Zumba w. Darrell 2:15 Arts & Crafts, Yarn, Board Games
15 9:30 Coffee and Socialization 10:00 – Art with Zach 10:00 – Mahjong 101 11:00 Exercise with Teena 12:00 – Lunch 2:00 Air Hockey 3:00 Air Hockey	16 9:30 Coffee and Discussion 10:00 Art with Zach 10:15 Exercise with Teena 11:15 Jeopardy 11:15 Music with John 12:00 Lunch 1:00 Karaoke / Mahjong/ Jewelry 2:00 Mahjong/Board Games 3:00 Card Games	17 9:30 Coffee and Discussion 10:00 Karaoke w. Zach 10:15: Committee Meeting w. Fran 11:00: Exercise with Anne 12:00 Lunch 1:00 Movie Wednesdays – My Big Fat Greek Wedding 3 1:00 Recipe Club	18 9:30 Coffee and Discussion 10:00 Piano Sing-a-Long 11:00 Tai Chi 11:00 Follow the Painting 12:00 Lunch 1:00 Karaoke / Mahjong 2:00Mahjong Continued	19 9:30 Coffee, Word Puzzles and Discussion 10:15 – Arts & Crafts, Yarn, Board Games 11-11:45 - TV Exercise 12:00 – Lunch 1:15 – Zumba w. Darrell 2:15 Arts & Crafts, Yarn, Board Games

Monday	Tuesday	Wednesday	Thursday	Friday
<p>22</p> <p>9:30 Coffee and Socialization 10:00 – Art with Zach 10:00 – Mahjong 101 11:00 Exercise with Teena 12:00 – Lunch – St Patrick’s Day Lunch 1:00 Book Club 2:00 Billiards 3:00 Billiards</p>	<p>23</p> <p>10:00 Art with Zach 10:15 Exercise with Teena 11:15 Family Feud 11:15 Music with John 12:00 Lunch 1:00 Karaoke / Mahjong 2:00 Mahjong/Board Games 3:00 Card Games</p>	<p>Art Show - 24</p> <p>9:30 Coffee and Discussion 10:00 Karaoke w. Zach 10:15: Committee Meeting w. Fran 11:00: Exercise with Anne 12:00 Lunch 1:00 Movie Wednesdays – A Haunting in Venice 1:00 Recipe Club</p>	<p>25</p> <p>9:30 Coffee and Discussion 10:00 Piano Sing-a-Long 11:00 Tai Chi 11:00 Craft 12:00 Lunch 1:00 Karaoke / Mahjong</p>	<p>26</p> <p>9:30 Coffee, Word Puzzles and Discussion 10:15 – Arts & Crafts, Yarn, Board Games 11-11:45 - TV Exercise 12:00 – Lunch 1:15 – Zumba w. Darrell 2:15 Arts & Crafts, Yarn, Board Games</p>
<p>29</p> <p>9:30 Coffee 10:00 – Art with Zach 10:00 – Mahjong 101 11:00 Exercise w, Teena 12:00 – Lunch 1:00 Book Club 2:00 Ping Pong 3:00 Ping Pong</p>	<p>30</p> <p>10:00 Art with Zach 10:15 Exercise w. Teena 11:15 Hangman 11:15 Music with John 12:00 Lunch 1:00 Karaoke / Mahjong 2:00 Mahjong/Board Games 3:00 Card Games</p>			



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Hours of Operation: 9:30 -3:30

Meals suggested contribution: 3.00

Transportation suggested contribution: 2.00

Exercise suggested contribution: 1.00

Site Council Meeting: Tuesday April 2nd

Birthdays Celebration: Last Thursday of the Month

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED.
PLEASE CALL TO RESERVE MEALS, TRANSPORTATION &
EXERCISE CLASSES.