

## **April 2024**

## Wantagh Senior Community Service Center 3606 Lufberry Avenue, Wantagh, 11793 516-797-5357



## Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
April Fools Day!!  9:00 Welcome & Coffee  10:30 Bingo & Rummicub  10:45 Shop at Dollar Tree  11:45 Vegetable Soup &  Roast Beef with Gravy &  Solar Eclipse Day-Remember do not look directly at it!  9:00 Welcome & Coffee  10:30 Bingo & Rummicub  10:45 Shop at Stop & Shop  11:45 Lentil Soup & Chicken  Francaise with Orzo  12:45 Bingo & Rummicub	9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:30 Bingo & Rummicub 10:45 Shop at Shoprite 11:45 Pea Soup & Chicken Cordon Bleu with Sweet Potatoes 12:45 Bingo & Rummicub  9  Spring Fling at Holy Trinity High School from 3 to 6 pm. Reservations required by 3/28	Molloy Nursing Students 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:45 Cabbage Soup & Pork Tenderloin 12:30 Lucky Seniors Chorus with Frank 12:45 Bingo & Rummicub  10 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:00 Healing Mass at St Jude's with Ken & Chris 11:45 Minestrone Soup & Ravioli 12:45 Bingo & Rummicub	9:00 Welcome & Coffee 10:15 Chair Yoga with Mary 10:30 Bingo & Rummicub 10:45 Shop at Deals 2 11:45 Potato Soup & Scrambled Eggs with Potatoes 12:45 Bingo & Sculpture with Veronica  11 9:00 Welcome & Coffee 10:15 Chair Exercise w/Anne 10:30 Are you smarter than a Nutritionist? with KiYe from Cornell Nutrition 10:45 Shop at North Shore 11:45 Mushroom Barley Soup & Sauerbraten 12:45 Bingo & Sculpture with	Molloy Nursing Students 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Zumba with Andrea 11:00 Sing-A-Long w/Mindye 11:45 Matzo Ball Soup & Chicken Salad 12:30 Spiritual Group with Denise- all are welcome 12:45 Bingo & Rummicub  12 Molloy Nursing Students 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:30 Shopping at Marshalls 10:45 Zumba with Andrea 11:45 Pea Soup & Meatloaf 12:30 Spiritual Group with Denise- all are welcome 12:45 Bingo & Rummicub
9:00 Welcome & Coffee 10:30 & 12:30 Movies at the Center- Shall We Dance 10:30 Bingo & Rummicub 10:45 Shop at King Kullen 11:45 Corn Chowder & Pork Loin with Rice 12:45 Bingo & Rummicub	9:00 Nurse Barbara Visits 10:15 Tai Chi with Denise 10:30 Financial Planning & Reverse Mortgages with Victor from FCA 10:45 Shop at Stop & Shop 11:45 Spinach Egg Drop Soup & Egg Salad 12:45 Bingo & Rummicub	9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:45 Chicken Noodle Soup & Chef Salad with Roast Beef & Turkey 12:30 Lucky Seniors Chorus with Frank 5632+ 12:45 Bingo & Rummicub	9:00 Welcome & Coffee 10:15 Chair Exercise w/Anne 10:30 Craft Class with Debra from Project Hope 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Minestrone Soup & Chicken with Penne 12:45 Bingo & Sculpture with Veronica	9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Zumba with Andrea 11:00 Sing-A- Long with Mindye 11:45 Cabbage Soup & Pulled Pork Sandwich 12:30 Spiritual Group with Denise- all are welcome 12:45 Bingo & Rummicub

Thursday Monday Tuesday Wednesday Friday

Earth Day- Herb plants available for a small fee! 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at King Kullen 11:45 Vegetable Soup & **Chicken Salad** 12:30 Earth Day Craft 12:45 Bingo & Rummicub

9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Matzo Ball Soup & **Beef Brisket with Cabbage** 12:30 Ice Cream Social 12:45 Earth Day Craft 12:45 Bingo & Rummicub

9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:45 Mushroom Barley Soup & Hot Open Turkey 12:30 Lucky Seniors Spring Concert

12:45 Bingo & Rummicub

9:00 Welcome & Coffee 10:15 Chair Exercise w/Anne 10:30 Bingo & Rummicub 10:45 Shop at Trader Joes 11:45 Lentil Soup & Pork Piccata

12:45 Karaoke at the Centercome sing with us! 12:45 Sculpture with Veronica

**Molloy Nursing Students** 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Zumba with Andrea 11:45 Pea Soup & Tuna Salad 12:30 Spiritual Group with Denise- all are welcome 12:45 Bingo & Rummicub

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9:00 Welcome & Coffee 10:30 Cooking class with Tiffany from Cornell- Stuffed **Strawberries** 

10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Mushroom Barley Soup & Pot Roast with Gravy 12:45 Bingo & Rummicub

9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Turkey Gumbo & **Roasted Chicken with Rice** 12:45 Bingo & Rummicub

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**Book Club & Lending Library** available! Just ask!

**BRUCE A. BLAKEMAN** NASSAU COUNTY EXECUTIVE

Program Manager: Lisa Pagliaro

Hours of Operation: 8:30 AM to 1:45 PM

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Meals suggested contribution: \$3.00

Transportation suggested contribution: \$1.00 each way

Exercise suggested contribution: \$2 per class

Site Council Meeting: April 18

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.

Come spend the day with us- all are welcome!