

APRIL 2024
FRANKLIN SQUARE SENIOR COMMUNITY SERVICE CENTER
(Sponsored by Catholic Charities)
619 FENWORTH BLVD. FRANKLIN SQUARE, NY, 11010
(516) 481-3322



Nassau County Office for the Aging
This program is made possible with funding from the Nassau County Department of Human Services, office for the Aging through the New York State Office for the aging and the U.S. Administration on Aging.

**** CALENDAR ITEMS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00-10:00 Coffee time 1 10:00-11:00 Chair Yoga 11:00 BINGO 12:00 Roast Turkey w/Gravy & cranberry sauce Cards/Games/Socialize/Music	9:00-10:00 Coffee time 2 10:00-11:00 Chair Yoga 10:45 Nassau County DA office (info on Financial Safety) 12:00 Swedish Meatballs 12:45-1:45 Body/Mind/Spirit Cards/Games/Socialize/Music 12:45 Site Council Meeting	9:00-10:00 Coffee time 3 10:00 Shopping 10:30-11:30 Tai-Chi 12:00 Ravioli with Marinara 12:45-1:45 Arthritis Prevention Ex. Cards/Games/Socialize/Music	9:00-10:00 Coffee time 4 10:30-11:30 Live Band Perform 12:00 Grilled Chicken w/Penne ala vodka 12:45-1:45 Arthritis Prevention Ex. Cards/Games/Socialize/Music 	9:00-10:00 Coffee time 5 9:45 Trivia 11:00 BINGO 12:00 Potato, egg & cheese frittata 12:45 Franklin Square Sing-A-Long Cards/Games/Socialize/Music
9:00-10:00 Coffee time 8 10:00-11:00 Chair Yoga 12:00 Chicken Francaise Cards/Games/Socialize/Music	9:00-10:00 Coffee time 9 10:00-11:00 Chair Yoga 11:00 BINGO 12:00 Kielbasa w/Sauerkraut 12:45-1:45 Body/Mind/Spirit Cards/Games/Socialize/Music	9:00-10:00 Coffee time 10 9:30-10:30 Piano Lady 10:00 Shopping 10:30-11:30 Tai-Chi 12:00 Chicken Burrito 12:45-1:45 Arthritis Prevention Ex. Cards/Games/Socialize/Music	9:00-10:00 Coffee time 11 10:00-11:00 Flower arrangement 12:00 Stuffed Shells with Marinara 12:45-1:45 Arthritis Prevention Ex. Cards/Games/Socialize/Music 	9:00-10:00 Coffee time 12 9:45 Trivia 11:00 BINGO 12:00 Veggie Burger 12:45 Franklin Square Sing-A-Long Cards/Games/Socialize/Music
9:00-10:00 Coffee time 15 10:00-11:00 Chair Yoga 12:00 Chicken Parmigiana Cards/Games/Socialize/Music	9:00-10:00 Coffee time 16 10:00-11:00 Chair Yoga 11:00 BINGO 12:00 Roast Chicken w/Gravy 12:45-1:45 Body/Mind/Spirit Cards/Games/Socialize/Music	9:00-10:00 Coffee time 17 10:00 Shopping 10:30-11:30 Tai-Chi 12:00 Meatloaf 12:45-1:45 Arthritis Prevention Ex. Cards/Games/Socialize/Music	9:00-10:00 Coffee time 18 10:30-11:30 Live Band Perform 12:00 Baked Ziti 12:45-1:45 Arthritis Prevention Ex. Cards/Games/Socialize/Music 	9:00-10:00 Coffee time 19 9:45 Trivia 11:00 BINGO 12:00 Pot roast w/gravy 12:45 Franklin Square Sing-A-Long Cards/Games/Socialize/Music APRIL BIRTHDAY CELEBRATIONS
9:00-10:00 Coffee time 22 10:00-11:00 Chair Yoga 12:00 Breaded chicken cutlet w/gravy Cards/Games/ Socialize/Music	9:00-10:00 Coffee time 23 10:00-11:00 Chair Yoga 11:00 BINGO 12:00 Sausage & Peppers 12:45-1:45 Body/Mind/Spirit Cards/Games/Socialize/Music EGG CREAM SOCIAL PASSOVER	9:00-10:00 Coffee time 24 10:00 Shopping 10:30-11:30 Tai-Chi 12:00 Breaded Fish 12:45-1:45 Arthritis Prevention Ex. Cards/Games/Socialize/Music	9:00-10:00 Coffee time 25 10:00 Nutrition Education 12:00 Pork Loin w/Gravy 12:45-1:45 Arthritis Prevention Ex. Cards/Games/Socialize/Music	9:00-10:00 Coffee time 26 9:45 Trivia 11:00 BINGO 12:00 Chili w/beef & beans 12:45 Franklin Square Sing-A-Long Club/Cards/Games/Socialize/Music
9:00-10:00 Coffee time 29 10:00-11:00 Chair Yoga 12:00 Ravioli with Marinara Cards/Games/Socialize/Music	9:00-10:00 Coffee time 30 10:00-11:00 Chair Yoga 11:00 BINGO 12:00 Hamburger on bun w/L&T 12:45-1:45 Body/Mind/Spirit Cards/Games/Socialize/Music			