



April 2024
Glen Cove Senior Center
130 Glen Street, Glen Cove, NY 11542
516-759-9610



Nassau County Office for the Aging
This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging, the U. S. Administration on Aging and the City of Glen Cove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 – Brain Booster Club 1 9:00 – Crocheting with Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 12:00 – EASTER LUNCHEON 1:00 – EASTER GAMES 1:00 – ZUMBA (ALL Levels) 1:00 – Bingo, Bridge, Mahjong, & Canasta 1:15 – Food Shopping 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 2 10:00 – Painting & Drawing w/ Chuck 11:00 – Total Body Fitness w/ Marvin 11:00 – Trivia w/ Nancy 1:00 – Canasta, Mahjong, & Bridge 1:00 – MILITARY APPRECIATION 1:00 – Foot Check-Up w/ Dr. Grossman Podiatrist 2:00 – Bingo 2:00 – Ping Pong	JAKE’S 58 CASINO TRIP 3 9:00 – Seniorobics w/ Fran 9:00 – Crocheting 10:00 – Stretching & Strength Training w/ Nick 10:00 – 12:00 – Tech Assistance w/John 11:00 – Rummikub Club 1:00 – MODERN DANCE CLASS (NEW) 1:00 – Bingo, Bridge, Canasta, & Mahjong 2:00 – Chair Yoga w/ Patty	9:00 – Brain Booster Club 4 10:00 – Card & Board Games 10:30 – CC Board Meeting 10:30 – Exercise w/ YMCA 11:30 – DRUM CIRCLE w/ Eric 1:00 – Canasta & Mahjong 1:15 – Food Shopping 1:30 – Center Club 2:00 – Billiards Club	9:00 – Seniorobics w/ Fran 5 9:00 – Crocheting w/ Friends 10:30 – SITE COUNCIL 11:00 – BOOK CLUB 11:00 – Trivia w/ Nancy 11:00 – Stretching & Meditation w/ Nick 1:00 – Bingo & Canasta 1:15 – Line Dancing w/ Kathy 3:00 – Tai Chi w/ Spencer
9:00 – Brain Booster Club 8 9:00 – Crocheting with Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 11:00 – Poker Club 1:00 – ZUMBA (ALL Levels) 1:00 – Bingo 1:00 – Bridge, Mahjong, & Canasta 1:00 – MUSIC JAM w/ Jeff 1:15 – Food Shopping 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 9 10:00 – 12:00 – MOLLOY UNIVERSITY COMMUNITY CARE MOBILE CLINIC 10:00 – Painting & Drawing w/ Chuck 11:00 – Bereavement with COMHPS 11:00 – Total Body Fitness w/ Marvin 11:00 – Trivia 1:00 – Conversations with Katelyn 1:00 – Foot Check-Up w/ Dr. Grossman Podiatrist 1:00 – Bingo, Canasta, Mahjong, & Bridge 1:00 – Ping Pong	SPORTS DAY 10 9:00 – Seniorobics w/ Fran 9:00 – Crocheting 10:00 – Stretching & Strength Training w/ Nick 10:00 – 12:00 – Tech Assistance (Smart Van) 11:00 – INTERACTIVE LIVE TOUR: RAVENNA, ITA 11:00 – Rummikub Club 12:00 – SPORTS QUIZ 1:00 – BASEBALL IN AMERICAN CULTURE Lecture w/Evan Weiner 1:00 – Bridge, Canasta, & Mahjong 2:00 – Chair Yoga w/ Patty 2:00 – Bingo	9:00 – Brain Booster Club 11 10:00 – Card & Board Games 10:30 – Exercise w/ YMCA 11:00 – American Legion Meeting 11:30 – CORNHOLE 1:00 – Canasta 1:00 – Mahjong 1:00 – MOVIE 1:15 – Food Shopping 2:00 – Billiards Club	9:00 – Seniorobics w/ Fran 12 9:00 – Crocheting w/ Friends 10:30 – AGE FRIENDLY FOCUS GROUP 11:00 – Trivia w/ Nancy 11:00 – Stretching & Meditation w/ Nick 1:00 – Bingo 1:00 – Canasta 1:15 – Ethics Discussion w/Prof. Dobrin 1:15 – Line Dancing w/ Kathy 3:00 – Tai Chi w/ Spencer
9:00 – Brain Booster Club 15 9:00 – Crocheting with Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 1:00 – Nutrition Lecture 1:00 – ZUMBA (ALL Levels) 1:00 – Bingo 1:00 – Bridge, Mahjong, & Canasta 1:15 – Food Shopping 1:30 – INTERACTIVE LIVE TOUR: RIO DE JANERO 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 16 10:00 – Painting & Drawing w/ Chuck 10:45 – PING PONG TOURNAMENT 11:00 – Total Body Fitness w/ Marvin 11:00 – Trivia w/ Nancy 1:00 – MEDICARE & MEDICAID LECTURE 1:00 – Canasta, Mahjong, & Bridge 1:00 – Foot Check-Up w/ Dr. Grossman Podiatrist 1:00 – Bingo 1:00 – Ping Pong	9:00 – Seniorobics w/ Fran 17 9:00 – Crocheting w/ Friends 10:00 – Stretching & Strength Training w/ Nick 10:00 – 12:00 – Tech Assistance w/John 11:00 – Rummikub 12:00 – 50’S ERA CELEBRATION 1:00 – LILA 1:00 – Bridge, Canasta, & Mahjong 1:15 – 50’S QUIZ SHOW 2:00 – Bingo 2:00 – Chair Yoga 6:00 – 8:00 PM – CIRCLE OF FRIENDS	9:00 – Brain Booster Club 18 9:30 – 12:00 – SNAP By Appointment 10:00 – Card & Board Games 10:30 – CC Board Meeting 10:30 – Exercise w/ YMCA 11:00 – INTERACTIVE LIVE TOUR: OHRID, NORTH MACEDONIA 1:00 – Canasta & Mahjong 1:15 – Food Shopping 1:30 – Center Club 2:00 – Billiards Club	9:00 – Seniorobics w/ Fran 19 9:00 – Crocheting w/ Friends 10:15 – FUNday w/ Eric 11:00 – Trivia w/ Nancy 11:00 – Stretching & Meditation w/ Nick 12:45 – APRIL BIRTHDAYS CELEBRATION 1:15 – Bingo & Canasta 1:15 – Karaoke 1:15 – Line Dancing w/ Kathy 3:00 – Tai Chi w/ Spencer
9:00 – Brain Booster Club 22 9:00 – Crocheting with Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 11:15 – GARDEN CLUB 12:00 – EARTH DAY CELEBRATION 1:00 – ZUMBA (ALL Levels) 1:00 – Bingo, Bridge, Mahjong, & Canasta 1:15 – Food Shopping 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 23 10:00 – Painting & Drawing w/ Chuck 11:00 – Bereavement with COMHPS 11:00 – Total Body Fitness w/ Marvin 11:00 – Trivia 1:00 – Canasta, Mahjong, & Bridge 1:00 – Conversations with Katelyn 1:00 – Foot Check-Up w/ Dr. Grossman Podiatrist 1:15 – DOG SHOW PERFORMANCE 2:15 – Bingo & Ping Pong	9:00 – Seniorobics w/ Fran 24 9:00 – Crocheting w/ Friends 10:00 – Stretching & Strength Training w/ Nick 10:00 – 12:00 – Tech Assistance w/John 11:00 – Rummikub Club 1:00 – Bridge 1:00 – Bingo, Canasta, & Mahjong 1:00 – Karaoke 2:00 – Chair Yoga w/ Patty	9:00 – Walk with a Doc (Boys & Girls Club) 25 9:00 – Brain Booster Club 10:00 – Card & Board Games 10:30 – Exercise w/ YMCA 11:30 – SHUFFLEBOARD 1:00 – Canasta 1:00 – Mahjong 1:15 – PAINT PARTY w/ Alicia 1:15 – Food Shopping 2:00 – Billiards Club	9:00 – Seniorobics w/ Fran 26 9:00 – Crocheting w/ Friends 10:30 – AGE FRIENDLY FOCUS GROUP 11:00 – Trivia w/ Nancy 11:00 – Stretching & Meditation w/ Nick 1:00 – Bingo 1:00 – Canasta 1:15 – Ethics Discussion w/Prof. Dobrin 1:15 – Line Dancing w/ Kathy 3:00 – Tai Chi w/ Spencer
9:00 – Brain Booster Club 29 9:00 – Crocheting with Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 11:00 – Karaoke 1:00 – ZUMBA (ALL Levels) 1:00 – MUSIC JAM w/ Jeff 1:00 – Bingo, Bridge, Mahjong, & Canasta 1:15 – Food Shopping 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 30 10:00 – Painting & Drawing w/ Chuck 11:00 – Total Body Fitness w/ Marvin 11:00 – Trivia w/ Nancy 1:00 – Canasta, Mahjong, & Bridge 1:00 – Foot Check-Up w/ Dr. Grossman Podiatrist 1:00 – Bingo 1:00 – Ping Pong 1:00 – STAMP COLLECTING WORKSHOP	MARK YOUR CALENDARS: 4/1 – Easter Luncheon 4/10 – SPORTS DAY 4/10 – Baseball In American Culture 4/16 – Ping Pong Tournament 4/17 – 50’s Era Celebration / Quiz Show 4/19 – April Birthday’s Celebration 4/22 – Earth Day Celebration 4/23 – Dog Show Performance	NEW INTERACTIVE LIVE TOURS from the comfort of our Center! April 10th at 10:30am – Ravenna, Italy April 15th at 1:30pm – Rio De Janeiro, Brazil April 18th at 11:00am – Ohrid, North Macedonia Dive into the sights, sounds, flavors, and spirit of these beautiful places. Ditch the airport hassle and let us bring the world you!	TRIPS ON SALE NOW: 5/8 – Midnight at the Masquerade Luncheon 5/14 – NY Met Game 5/29 – Sands Point Tour & Lunch 6/5 – The Producers Argyle Theatre 6/7 – Long Island Maritime Museum 7/17 – Spirit of NY Senior Cruise 7/24 – Oheka Castle Tour & Lunch 7/31 – Raynham Hall & Train Museum w/ Lunch 8/2 – Essex Steam Train & Riverboat Cruise