

July 2024

Wantagh Senior Community Service Center
3606 Lufberry Avenue, Wantagh, 11793
516-797-5357



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

The Wantagh Senior Center is closed on July 4 & 5 plus relocating the week of July 8th. All Exercise classes, Sculpture & Chorus are cancelled. Please check the calendar closely for activities!

Monday

Tuesday

Wednesday

Thursday

Friday

1 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at King Kullen 11:45 Potato Soup & Tuna Salad 12:45 Bingo & Rummicub	2 9:00 Welcome & Coffee 10:15 <i>Tai Chi with Denise</i> 10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Vegetable Soup & Summer Chicken Salad 12:45 Bingo & Rummicub	3 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:00 <i>Chair Exercise with Mary</i> 11:45 Lentil Soup & Breaded Pork Cutlet 12:30 <i>Lucky Seniors Chorus with Frank</i> 12:45 Bingo & Rummicub	4 Center Closed 	5 Center Closed 
8 <i>Located at the Bethpage Senior Center, 103 Grumman Road, Bethpage</i> 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Vegetable Soup & Chicken Fricassee 12:45 Bingo & Rummicub	9 9:30-2:00 Boat trip around the Fire Island Lighthouse with Lunch- Reservations required! All drivers will be picked up at St Jude's. All others will be picked up at home.	10 <i>Located at the Bethpage Senior Center, 103 Grumman Road, Bethpage</i> 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:45 Chicken Rice Soup & Scrambled Eggs with Cheese 12:45 Bingo & Rummicub	11 <i>Located at the Bethpage Senior Center, 103 Grumman Road, Bethpage</i> 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shopping at Shoprite 11:45 Mushroom Barley Soup & Hot Roast Beef Sandwich 12:45 Bingo & Rummicub	12 9:30-1:45 Day at Lido Beach with Egg Salad Sandwich Lunch! Reservations Required! All drivers will be picked up at St Jude's. All others will be picked up at home.
15 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Lentil Soup & Pork Piccata 12:30 Tie Dye T-shirts Craft Class –reservations required! 12:45 Bingo & Rummicub	16 9:00 <i>Nurse Barbara Visits</i> 10:15 <i>Tai Chi with Denise</i> 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Potato Soup & Vegetable Lasagna 12:30 Tie Dye T-shirts Craft Class –reservations required! 12:45 Bingo & Rummicub	17 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:00 <i>Chair Exercise w/Mary</i> 11:00 Healing Mass at St Jude's with Ken & Chris 11:45 Tomato Rice Soup & Mongolian Beef with Rice 12:30 <i>Lucky Seniors Chorus with Frank</i> 12:45 Bingo & Rummicub	18 9:00 Welcome & Coffee 10:15 <i>Chair Exercise w/Anne</i> 10:30 Bingo & Rummicub 10:45 Shop at North Shore Farms 11:45 Pea Soup & Stuffed Peppers 12:45 Bingo & Sculpture with Veronica	19 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 <i>Zumba with Andrea</i> 11:00 <i>Sing-A-Long w/Mindy</i> 10:45 <i>Zumba with Andrea</i> 11:45 Corn Chowder & Chef Salad 12:30 Spiritual Group with Denise- all are welcome 12:45 Bingo & Rummicub

Turn over for the rest of the month!

Monday	Tuesday	Wednesday	Thursday	Friday
22 9:00 Welcome & Coffee 10:30 & 12:30 Movies at the Center- Boys in the Boat 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Spinach Egg Drop Soup & Egg Salad 12:45 Bingo & Rummicub	23 Gorgeous Grandma Day- bring in a picture of you and your grandchildren or you and your Grandmother! 9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:45 Shop at King Kullen 11:00 Bingo & Rummicub 11:45 Mushroom Barley Soup & Sauerbraten 12:30 Ice Cream Social 12:45 Bingo & Rummicub	24 9:00 Welcome & Coffee 10:45 Early Brunch: Soup, Scrambled Eggs, & Potatoes 11:00 Chair Exercise w/Mary 11:30 Concert in the Park - "Tangerine" reservations & a chair are required! (Weather permitting) 12:00 Bingo 12:30 Lucky Seniors Chorus with Frank	25 9:00 Welcome & Coffee 10:15 Chair Exercise w/Anne 10:45 Shop at Marshalls 11:45 Corn Chowder & Beef Burger 12:45 Bingo & Sculpture with Veronica	26 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Crafting Class 10:45 Zumba with Andrea 11:00 Sing-A-Long w/Mindy 11:45 Chicken Noodle Soup & Beef Hot Dog 12:30 Spiritual Group with Denise- all are welcome 12:45 Bingo & Rummicub
29 9:00 Welcome & Coffee 10:30 Craft Class with Debra from Project Hope 10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Matzo Ball Soup & Stuffed Cabbage 12:45 Bingo & Rummicub	30 9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:30 Book Club with Denise 10:45 Shop at Trader Joes 11:00 Bingo & Rummicub 11:45 Minestrone Soup & Honey Chicken with Rice 12:45 Bingo & Rummicub	31 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 11:00 Chair Exercise w/Mary 11:00 Shopping & Lunch at East Meadow Farms, reservations required 11:45 Chicken Rice Soup & Spaghetti with Meatballs 12:30 Lucky Seniors Chorus with Frank 12:45 Bingo & Rummicub		



BRUCE A. BLAKEMAN
 NASSAU COUNTY EXECUTIVE

Program Manager: Lisa Pagliaro

Hours of Operation: 8:30 AM to 1:45 PM

Meals suggested contribution: \$3.00

Transportation suggested contribution: \$1.00 each way

Exercise suggested contribution: \$2 per class

Site Council Meeting: July 23

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.