

NASSAU COUNTY AQUATIC CENTER

2026 SUMMER SWIM LESSON/WATER EXERCISE SCHEDULE

Registration will take place online starting Saturday, May 30th at 9am

Monday Dates: June 1 – July 27		Tuesday Dates: June 2 – July 28		Wednesday Dates: June 3 – July 29	Thursday Dates: June 4 – July 30		Friday Dates: June 5 – July 31				
<u>Swim Lessons</u>	<u>Adult Classes</u>	<u>Swim Lessons</u>	<u>Adult Classes</u>	<u>Swim Lessons</u>	<u>Swim Lessons</u>	<u>Adult Classes</u>	<u>Swim Lessons</u>	<u>Adult Classes</u>			
			Aqua Aerobics 9:30a-10:30a \$60.00		No classes after 4pm on Thursday, 7/9	Adult Fit Swim 6:30-7:30a \$90.00	No classes on Friday, 7/10 & Friday, 7/17				
Infant/Toddler 1:15-1:45p \$90.00	Intermediate Teen/Adult 12:00-1:00p \$90.00		Aquajog 11:00a-12:00p \$60.00	Level 2 4:00-4:45p \$90.00		Aquajog 9:30a-10:30a \$60.00					
Pre Level 3 4:30-5:00p \$90.00				Pre Level 1 5:00-5:30p \$90.00		Aqua Aerobics 11:00a-12:00p \$60.00					
Level 3 5:00-5:45p \$90.00	Teen/Adult Beginner 2 6:00p-7:00p \$90.00	Level 1 4:30-5:15p \$90.00		Level 6 5:00-5:45p \$90.00		Pre Level 1 4:00-4:30p \$81.00					Intermediate Teen/Adult 6:00-7:00p \$72.00
			Teen/Adult Beginner 3 5:30p-6:30p \$90.00	Pre Level 2 5:45-6:15p \$90.00		Pre Level 2 4:45-5:15p \$81.00			Teen/Adult Beginner 1 6:00p-7:00p \$81.00 <i>No class 7/9</i>	Pre Level 3 4:30-5:00p \$72.00	
Level 4 5:15-6:00p \$90.00				Teen/Adult Fit Swim 6:00-7:00p \$90.00	Level 1 5:15-6:00p \$81.00		Level 3 5:00-5:45p \$72.00				
Level 5 6:00-6:45p \$90.00		Level 4 7:00-7:45p \$90.00		Infant/Toddler 6:30-7:00p \$90.00	Level 5 6:15-7:00p \$81.00		Level 2 6:00-6:45p \$72.00				

Note: \$9.00/\$6.00 (depending on class type) non-refundable registration fee is included in each class fee

Age Restrictions:

Infant/Toddler classes: ages 6 mos. – 36 months (each child must be accompanied in the water by an adult) – 10 spots in each class

Pre School Levels 1-3: ages 3 – 5 years (8 spots in each class)

Levels 1-6: ages 6 and over (10 spots in each class)

Teen/Adult: ages 13 and over

Water Exercise: ages 18 and over (20 spots in each class)

Observation policy:

Parents will be allowed to remain on the pool deck with their children during the duration of the first and last class of the session. For all other classes, parents must observe from the observation area located on the second floor. **Parents and/or guardians are not permitted to drop off their children and/or leave the facility during the lesson.**

Water Temperature:

The pool water temperature stays at an approximate 80 degrees.

NOTE: a Nassau County Leisure Pass is required for to sign up for classes. Passes will be checked in person on the first day of classes. No class refunds will be issued if you do not have a Leisure Pass.

Dated: 5/29/26