

June 2026

**Hispanic Brotherhood of Rockville Centre Inc.
59 Clinton Avenue, Rockville Centre, New York 11570
(516) 766-6610**



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

1	2	3	4	5
	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 10:00 AM- SANDYE'S YOGA CLASS 11:00 AM- ARTS & CRAFTS W/SHEILA 12:00 PM- SAUSAGE & PEPPERS W/ ONIONS 1:00 PM- BINGO OR DOMINO</p>	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 10:00 AM-SANDRA'S EXERCISE CLASS 11:00 AM- COLORING 12:00 PM- QUICHE W/ SPINACH & CHEESE 1:00 PM- BINGO OR DOMINO</p>	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 9.45 AM- ZUMBA DANCE CLASS WITH NILO 11:00 AM- CORNEL PRESENTATION 12:00 PM- BREADED FISH W/ TARTAR SAUCE 1:00 PM- BINGO OR DOMINO</p>	
8	9	10	11	12
	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 10:00 AM- SANDYE'S YOGA CLASS 11:00 AM - POISON CONTROL CENTER W/EDUARDO 12:00 PM- RAVIOLI W/ MARINARA SAUCE 1:00 PM- BINGO OR DOMINO</p>	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 10:00 AM-SANDRA'S EXERCISE CLASS 11:00 AM- COLORING 12:00 PM- PORK LOIN W/ GRAVY 1:00 PM- BINGO OR DOMINO</p>	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 9.45AM- ZUMBA DANCE CLASS WITH NILO 11:00 AM- TIME TO SOCIALIZE! 12:00 PM- HAMBURGER ON BUN W/ L&T 1:00 PM- BINGO OR DOMINO</p>	
15	16	17	18	19
	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 9.30 AM- MOUNT SINAI HOSPITAL HEALTH CHECK 10:00 AM- SANDYE'S YOGA CLASS 11:00 AM- COLORING 12:00 PM- GREEK SALAD W/CHICKEN. 1:00 PM- BINGO OR DOMINO</p>	<p>9:00 AM- COFFEE, ANNOUNCEMENT 10:00 AM- SANDRA'S EXERCISE CLASS 11:00 AM- COLORING 12:00 PM- CHICKEN W/ PEPPERS AND ONIONS 1:00 PM- BINGO OR DOMINO</p>	<p>FATHER'S DAY 9:00 AM- COFFEE, AFFIRMATIONS 9.45-ZUMBA DANCE CLASS W/NILO 11:00 AM- WORD SEARCH 12:00 PM- BBQ CHICKEN 1:00 PM- BINGO OR DOMINO</p>	

Monday

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Wednesday

Thursday

Friday

22	23	24	25	26
<p>LIDO BEACH 9.00 AM -3.00PM</p>	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 9.30 AM-COLORING 10:00 AM- SANDYE'S YOGA CLASS 11:00 AM- ARTS & CRAFTS W/SHEILA 12:00 PM- TUNA SALAD ON RYE 1:00 PM- BINGO OR DOMINO</p>	<p>9:00AM- COFFEE, ANNOUNCEMENTS 9:30 AM- BOARD GAME 10:00AM- SANDRA'S EXERCISE CLASS 11:00 AM- COLORING 12:00 PM- BONE IN CHICKEN W/ HAWAIIAN SAUCE 1:00 PM- BINGO OR DOMINO</p>	<p>Birthday Celebration 9:00 AM- COFFEE, ANNOUNCEMENTS 9:45 AM- ZUMBA DANCE CLASS WITH NILO 11:00 AM- TIME TO SOCIALIZE! 12:00 PM- STUFFED PEPPERS 1:00 PM- BINGO OR DOMINO</p>	

29	30			<p>Welcome June</p>
<p>HAPPY <i>Father's</i> DAY</p>	<p>9:00 AM- COFFEE, ANNOUNCEMENTS 9.30 AM- COLORING 10:00 AM- SANDYE'S YOGA CLASS 11:00 AM- COUNCIL MEETING 12:00 PM- TUNA SALAD ON RYE 1:00 PM- BINGO OR DOMINO</p>			



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

IMPORTANT INFORMATION!

Hours of Operation: 9:00am – 2:00pm

Meals suggested contribution: \$3.00.
**Suggested contribution for transportation, workshops,
and exercise classes: \$2.00.**

Site Council Meeting: June 30, 2026

Birthday Celebration: June 25, 2026

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE
REQUIRED. PLEASE CALL 516-766-6610 TO RESERVE
MEALS & EXERCISE**