

June 2026
Bethel AME Church
420 N Main St, Freeport, NY 11520
(516) 377-4469



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging










Monday

Tuesday

Wednesday

Thursday

Friday

<p>1</p> <p>10:30AM- Sewing Class w/Caroline Gregory 12PM Noon Chicken Parmigiana 12:30 – Bingo  1:00 – Card Games</p>	<p>2</p> <p>10:30AM Crochet Class w/Regina Kilpatrick 12:00PM Noon Grilled Chicken 12:30 PM Bingo </p>	<p>3</p> <p>10:00- Exercise w/Marvin  12:00 Noon Swedish Meatballw/Gravy 1:00- Bingo/Card Games</p>	<p>4</p> <p>8</p> <p>10:30AM- Sewing Class w/Caroline Gregory 12PM Noon Chicken Burrito 12:30 – Bingo  1:00 – Card Games</p>	<p>9</p> <p>10:30AM Crochet Class w/Regina Kilpatrick 11AM Cornell U. Nutrition 12:00PM Noon Breaded Fish 12:30 PM Bingo </p>	<p>10</p> <p>10:00- Exercise w/Marvin  12:00 Noon Hot Grilled Chicken 1:00- Bingo/Card Games</p>
<p>15</p> <p>10:30AM- Sewing Class w/Caroline Gregory 12PM Noon Roasted Chicken w/gravy 12:30 – Bingo  1:00 – Card Games</p>	<p>16</p> <p>10:30AM Crochet Class w/Regina Kilpatrick 12:00PM Noon Sausage and Peppers 12:30 PM Bingo </p>	<p>17</p> <p>10:00- Exercise w/Marvin  12:00 Noon Breaded Fish 1:00- Bingo/Card Games</p>	<p>11</p>	<p>12</p>	<p>19</p>





Monday

Tuesday

Wednesday

Thursday

Friday

<p>22</p>	<p>23</p> <p>10:30AM- Sewing Class w/Caroline Gregory 12PM Noon Chicken Piccata 12:30 – Bingo  1:00 – Card Games</p>	<p>24</p> <p>10:30AM Crochet Class w/Regina Kilpatrick 12:00PM Noon Keilbasa with Sauerkraut 12:30 PM Bingo </p>	<p>25</p> <p>10:00- Exercise w/Marvin  12:00 Noon Beef and Bean Burrito 1:00- Bingo/Card Games</p>	<p>26</p>
<p>29</p>	<p>30</p> <p>10:30AM- Sewing Class w/Caroline Gregory 12PM Noon Chicken Stew with Potatoes, Carrots & Onions 12:30 – Bingo  1:00 – Card Games</p>			



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Area Served:
Freeport, Roosevelt

Hours of Operation: Tues, Wed, Thurs 10AM-2PM

Meals suggested contribution: \$3.00

Transportation suggested contribution:

Exercise suggested contribution: \$2.00

Site Council Meeting: June 25

Birthdays Celebration: June 25

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED.
PLEASE CALL TO RESERVE MEALS, TRANSPORTATION &
EXERCISE CLASSES.**