



**June 2026**  
**Glen Cove Senior Center**  
**130 Glen Street, Glen Cove, NY 11542**  
**516-759-9610**



**Nassau County Office for the Aging**  
 This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging, the U. S. Administration on Aging and the City of Glen Cove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>NATIONAL PEN PAL DAY 1</b> 9:05 – Brain Booster Club 9:05 – Crocheting w/ Friends <b>10:15 – WALKING CLUB</b> 10:30 – Exercise w/ YMCA 11:00 – Rummikub 1:00 – Canasta, Mahjong, & Bridge 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:00 – Bingo 2:30 – Tai Chi w/ Spencer	10:00 – Painting & Drawing w/ Chuck <b>2</b> 11:00 – Total Body Fitness w/ Marvin 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia <b>11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne</b> 1:00 – Yoga & Pilates w/ Karen 1:00 – Bingo 1:00 – Ping Pong <b>3:00 – 4:00 – BEGINNER &amp; INTER PICKLEBALL</b> <b>Clinic &amp; Open Play Stanco Park Sign-up Required</b>	9:05 – Seniorobics w/ Fran <b>3</b> 9:05-12:00 – Learn to Crochet w/ Kate 10:15 – Stretching & Strength Training w/ Nick <b>11:00 – WOMEN’S CLUB</b> <b>1:00 – GEORGE MASELLI PERFORMANCE</b> 1:00 – Bingo 1:00 – Bridge, Canasta, & Mahjong 2:00 – Chair Yoga, Toning, & Balance w/ Nilo	9:05 – Brain Booster Club <b>4</b> 10:15 – Card & Board Games <b>10:30 – CC Board Meeting</b> 11:00 – Exercise YMCA 11:00-2:00 – Manicures w/ Ursula 1:00 – Canasta & Mahjong 1:15 – Food Shopping <b>1:30 – Centre Club</b> 2:00 – Billiards Club	9:05 – Seniorobics w/ Fran 9:05 – Crocheting <b>5</b> <b>10:30 – SITE COUNCIL MEETING</b> <b>11:00 – BOOK CLUB</b> 11:00 – Trivia 11:00 – Stretching & Meditation w/Nick <b>12:00 – D-DAY OBSERVANCE LUNCHEON</b> <b>1:00 – ENHANCE WORKSHOP w/ Northwell</b> 1:15 – Line Dancing 2:00 – Bingo 2:30 – Tai Chi w/ Spencer
9:05 – Brain Booster Club <b>8</b> 9:05 – Crocheting w/ Friends <b>9:05–12:00 – NUTRITION COUNSELING</b> 10:30 – Exercise w/ YMCA 11:00 – Rummikub <b>1:00 – FREE BINGO w/ PRIZES</b> <b>Sponsor: GLENGARIFF REHAB HEALTHCARE</b> 1:00 – Canasta, Mahjong, & Bridge 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:30 – Tai Chi w/ Spencer	10:00 – Painting & Drawing w/ Chuck <b>9</b> <b>10:00 – INTERACTIVE LIVE TOUR: PHILIPPINES</b> 11:00 – Total Body Fitness <b>10:15 – WALKING CLUB</b> 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia <b>11:00 – Bereavement Group with COMHPS</b> <b>11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne</b> <b>1:00 – SAFE &amp; STEADY DON’T FALL Lecture</b> 1:00 – Yoga & Pilates w/ Karen 1:00 – Canasta 2:00 – Bingo 2:15 – Ping Pong	9:05 – Seniorobics w/ Fran <b>10</b> 9:05-12:00 – Learn to Crochet w/ Kate 10:15 – Stretching & Strength Training w/ Nick <b>10:30 – INTERACTIVE LIVE TOUR: POLAND</b> <b>11:00 – WOMEN’S CLUB</b> <b>12:00 – 50’S ERA CELEBRATION LUNCHEON</b> 1:00 – Canasta, Mahjong, & Bridge 2:00 – Chair Yoga, Toning, & Balance w/ Nilo <b>6:00 – 8:00 – HISTORY OF ROCK &amp; ROLL \$10</b> <b>DINNER INCLUDED RESERVATIONS REQUIRED</b>	9:05 – Brain Booster Club <b>11</b> 10:15 – Card & Board Games 11:00 – Exercise w/ YMCA 11:00-2:00 – Manicures w/ Ursula <b>11:00 – American Legion Meeting</b> <b>1:00 – LILA</b> 1:00 – Canasta & Mahjong <b>1:15 – BEAT AT YOUR OWN DRUM Workout</b> 1:15 – Food Shopping 2:00 – Billiards Club	<b>9:05 – 12:00 HEALTH ASSESSMENTS 12</b> 9:05 – Seniorobics w/ Fran 9:05 – Crocheting <b>10:00-11:30 – SEWING CLUB w/ Stephanie</b> 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick <b>12:45 – JUNE BIRTHDAY’S CELEBRATION</b> 1:00 – Canasta & Bridge 1:15 – Line Dancing 2:00 – Bingo 2:30 – Tai Chi w/ Spencer <b>3:00 – 4:00 – BEGINNER &amp; INTER PICKLEBALL</b> <b>Clinic &amp; Open Play Stanco Park Sign-up Required</b>
9:05 – Brain Booster/Crocheting w/ Friends <b>15</b> 10:30 – Exercise w/ YMCA <b>10:00 – INTERACTIVE LIVE TOUR: ENGLAND</b> <b>10:15 – WALKING CLUB</b> 11:00 – Rummikub <b>12:00 – FLAG DAY LUNCHEON</b> <b>1:00 – REMEMBER LISS: A NEW AMERICAN FOUNDING FIGURE LECTURE</b> 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:00 – Bingo 2:30 – Tai Chi w/ Spencer	10:00 – Painting & Drawing w/ Chuck <b>16</b> 11:00 – Total Body Fitness w/ Marvin 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia <b>11:15 – GARDEN CLUB MEETING</b> <b>11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne</b> <b>1:00 – NATIONAL BINGO DAY CELEBRATION</b> <b>FREE GAMES AND PRIZES w/ GLENGARIFF REHAB</b> 1:00 – Yoga & Pilates w/ Karen 1:00 – Ping Pong, Canasta, Mahjong, & Bridge	<b>SPORTS DAY 17</b> 9:05 – Seniorobics w/ Fran 9:05-12:00 – Learn to Crochet w/ Kate 10:15 – Stretching & Strength Training w/ Nick <b>11:00 – SPORTS TRIVIA GAMESHOW</b> <b>11:00 – WOMEN’S CLUB</b> 11:00 – Rummikub Club <b>1:00 – MOVIE</b> 1:00 – Bingo, Canasta, Mahjong, & Bridge 2:00 – Chair Yoga, Toning, & Balance w/ Nilo	<b>CENTRE CLUB LUNCHEON OFF-SITE 18</b> <b>9:00 – WALK WITH A DOC Garvies Point</b> <b>9:30 – 12:00 – SNAP By Appointment</b> 11:00 – Exercise YMCA 11:00-2:00 – Manicures <b>12:00 – JUNETEENTH CELEBRATION LUNCHEON</b> <b>1:00 – CIVIL RIGHTS PIONEERS LECTURE</b> 1:00 – Canasta & Mahjong 1:15 – Food Shopping <b>3:00 – 4:00 – BEGINNER &amp; INTER PICKLEBALL</b> <b>Clinic &amp; Open Play Stanco Park Sign-up Required</b>	<b>THE CENTER IS CLOSED 19</b> 
9:05 – Brain Booster Club 9:05 – Crocheting <b>22</b> 10:30 – Exercise w/ YMCA 11:00 – Rummikub <b>11:00 – MUSIC JAM w/ Jeff</b> <b>12:00 – FATHER’S DAY LUNCHEON</b> 1:00 – Canasta, Mahjong, & Bridge <b>1:15 – MARY MOLLOY PERFORMANCE</b> <b>Sponsored by: NEW YORK LIFE</b> 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:15 – Bingo 2:30 – Tai Chi w/ Spencer	10:00 – Painting & Drawing w/ Chuck <b>23</b> <b>10:15 – WALKING CLUB</b> 11:00 – Total Body Fitness w/ Marvin 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia <b>11:00 – Bereavement Group with COMHPS</b> <b>11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne</b> 1:00 – Yoga & Pilates w/ Karen 1:00 – Canasta <b>1:00 – MENTAL HEALTH LECTURE</b> 2:00 – Bingo 2:15 – Ping Pong	9:05 – Seniorobics w/ Fran <b>24</b> 9:05-12:00 – Learn to Crochet w/ Kate 10:15 – Stretching & Strength Training w/ Nick <b>11:00 – WOMEN’S CLUB</b> <b>12:00 – 60’S ERA CELEBRATION LUNCHEON</b> <b>1:15 – SOCIAL CLUB KARAOKE &amp; MOCKTAILS</b> <b>Sponsor: SUNRISE OF GLEN COVE</b> 2:00 – Chair Yoga, Toning, & Balance w/ Nilo <b>6:00 – 8:00 – GOTCHA COVERED BAND \$10</b> <b>DINNER INCLUDED RESERVATIONS REQUIRED</b>	10:15 – Card & Board Games <b>25</b> <b>10:30 – ARTS &amp; CRAFTS CLUB w/ Marjorie</b> 11:00 – Exercise w/ YMCA 11:00-2:00 – Manicures w/ Ursula 1:00 – Canasta & Mahjong <b>1:15 – BEAT AT YOUR OWN DRUM Workout</b> <b>1:00 – URBAN ZEN MEDITATION WORKSHOP</b> <b>Sponsored By: GLENGARIFF REHAB HEALTHCARE</b> 1:15 – Food Shopping 2:00 – Billiards Club	<b>ESSEX STEAM TRAIN &amp; RIVERBOAT TRIP 26</b> 9:05 – Seniorobics w/ Fran 9:05 – Crocheting w/ Friends <b>10:00-11:30 – SEWING CLUB w/ Stephanie</b> 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 1:00 – Bingo, Canasta, & Bridge <b>1:15 – PAINT PARTY w/ Alicia</b> 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer
<b>10:00 – 12:00 – HAIRCUTS w/ Rose (Appt. Only)29</b> <b>10:00-12:00 – HEALTH ASSESSMENTS</b> <b>w/ GLEN COVE HOSPITAL</b> 10:30 – Exercise w/ YMCA 11:00 – Rummikub 1:00 – Canasta, Mahjong, & Bridge <b>1:15 – COOKING CLASS w/Chef Keith</b> 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:00 – Bingo 2:30 – Tai Chi w/ Spencer	10:00 – Painting & Drawing w/ Chuck <b>30</b> 11:00 – Total Body Fitness w/ Marvin 11:00-2:00 – Manicures w/ Ursula 11:00 – Trivia <b>11:15 – SPANISH ASSISTANCE GROUP w/ Ivonne</b> 1:00 – Yoga & Pilates w/ Karen 1:00 – Ping Pong <b>1:15 – MAD SCIENCE FIRE &amp; ICE SHOW</b> <b>Sponsored by: NEW YORK LIFE</b> 2:15 – Bingo	<b>HISTORY OF ROCK &amp; ROLL</b> <b>June 10<sup>th</sup></b> <b>GOTCHA COVERED</b> <b>June 24<sup>th</sup></b> <b>6:00pm – 8:00pm</b> <b>DINNER &amp; SHOW JUST \$10</b> <b>Open to EVERYONE for ALL ages</b>	<b>TRIPS ON SALE NOW:</b> 7/15 – Ain’t Too Proud Musical 7/22 – The Wedding Singer Musical 8/5 – Schmigadoon! Broadway 8/19 – Beautiful Musical 8/26 – Come From Away Musical 9/2 – Operation Mincemeat Broadway 9/16 – Feast of San Gennaro 100yr. 9/30 – NYC Bus Tour, Lunch, Museum	<b>MARK YOUR CALENDARS:</b> 6/3 – GEORGE MASELLI PERFORMANCE 6/10 – 50’S ERA LUNCHEON 6/15 – FLAG DAY LUNCHEON 6/17 – SPORTS DAY (WEAR YOUR TEAM) 6/18 – JUNETEENTH LUNCHEON 6/22 – FATHER’S DAY LUNCHEON 6/24 – 60’S ERA LUNCHEON 6/30 – MAD SCIENCE SHOW (ALL AGES)