



June 2026

Hempstead Senior Center
24 Clinton C Boone Place, Hempstead, NY 11550
516-565-1568



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging


Monday

Tuesday

Wednesday

Thursday

Friday

1	2	3	4	5
<p>10:00 Social Hour, Cards, Games, Coffee 11:00 Yoga w/ Connie 12:00 Lunch 11:45 Announcements 12:00 Lunch 12:45 Sculpture Class with Veronica</p>	<p>10:00 Social Hour, Cards, Games, Coffee 11:00 Chorus w/ Frank 12:00 Lunch 12:30 Announcement 1:00 Exercise w/ Sheila</p>	<p>10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:45 Exercise w/ Robin</p>	<p>10:00 Social Hours, Cards Games, Coffee 10:45 Line Dancing w/ Amy 11:45 Announcements 12:00 Lunch 12:45 Exercise W/ Robin</p>	<p>Auction Time!! By Site Council 10:00 social Hour. Cards, games, and Coffee 10:30 Volunteer Program AHRC Nassau 11:00 Exercise w/ Sandra 12:00 Lunch 1:00- 2:00 Auction Day by Site Council</p>
8	9	10	11	12
<p>10:00 Social Hour, Cards, Games, Coffee 10:45 Yoga with Connie 11:45 Announcements 12:00 Lunch 12:45 Sculpture Class w/ Veronica</p>	<p>Island Harvest CSFP Program Delivery 10:00 Social Hour, Cards, Games, Coffee 11:00 Chorus w/ Frank 12:00 Lunch 12:30 Announcement 1:00 Exercise w/ Sandra</p>	<p>10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:45 Exercise w/ Robin</p>	<p>10:00 Social Hours, Cards Games, Coffee 10:45 Line Dancing w/ Amy 11:45 Announcements 12:00 Lunch 12:45 Exercise W/ Robin</p>	<p>HAPPY BIRTHDAY! Long Island Clean Energy 10:00 social Hour. Cards, games, and Coffee 10:30 Volunteer Program AHRC Nassau 11:00 Exercise w/ Sandra 12:00 Lunch 12:30 Birthday's Celebrations 1:00 Long Island Clean Energy Presentation</p>
15	16	17	18	19
<p>10:00 Social Hour, Cards, Games and Coffee 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:30 -2:00 Sculpture with Veronica</p>	<p>10:00 Social Hour, Cards, Games, Coffee 11:00 Chorus w/ Frank 12:00 Lunch 12:30 Announcement 1:00 Exercise w/ Sheila</p>	<p>10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:45 Exercise w/ Robin</p>	<p>Let's Celebrate Father's Day 10:00 Social Hours, Cards Games, Coffee 10:45 Line Dancing w/ Amy 11:45 Announcements 12:00 Lunch 1:00 Father's Day Celebration Special Surprise for the fathers by the Site Council</p>	<p>CLOSED FOR</p> 

Monday

Tuesday

Wednesday

Thursday

Friday

<p style="text-align: right;">22</p> <p>10:00 Social Hour, Cards, Games and Coffee 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 12:30 – 2 Sculpture w/ Veronica</p>	<p style="text-align: right;">23</p> <p style="text-align: center;">Our Lido Beach Program Starts. Reservation is required! (SUBJECT TO CHANGES)</p> 	<p style="text-align: right;">24</p> <p>10:00 Social Hour, Cards, Games, Coffee 10:45 Tai Chi w/ John 11:45 Announcements 12:00 Lunch 12:45 Exercise w/ Robin</p>	<p style="text-align: right;">25</p> <p>ART & CRAFTS W/ SHEILA</p> <p>10:00 Social Hours, Cards Games, Coffee 10:45 Line Dancing w/ Amy 11:45 Announcements 12:00 Lunch 12:45 Arts & Crafts with Sheila</p>	<p style="text-align: right;">26</p> <p>CORNELL Site Council</p> <p>10:00 Social Hour, Cards, Games, Coffee 10:30 Site Council 11:00 Chair Aerobics w/ Sandra 12:00 Lunch 12:45 CORNELL "Screenings"</p>
<p style="text-align: right;">29</p> <p>AARP</p> <p>10:00 Social Hour, Cards, Games and Coffee 10:45 Yoga w/ Connie 11:45 Announcements 12:00 Lunch 1:00 AARP and Debra from Community Mental Health Promotion and Support will present on "Social Security"</p>	<p style="text-align: right;">30</p> <p style="text-align: center;">Our Lido Beach Program Starts. Reservation is required! (SUBJECT TO CHANGES)</p> 		<p style="text-align: center;">HAPPY FATHER'S DAY</p>  <p style="text-align: center;">TO ALL OUR HEMPSTEAD SENIOR CENTER FATHERS</p>	<p style="text-align: center;">Wishing you the best years to come to all our June BIRTHDAYS</p> 



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Area Served:

Garden City, Hempstead, Lakeview, Uniondale

Hours of Operation: **8:30- 4:00**

Meals suggested contribution: **\$3.00**

Transportation suggested contribution: **\$1.00**

Exercise suggested contribution: **\$2.00**

Site Council Meeting: **5/26/26**

Birthdays Celebration: **5/12/26**

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED.
PLEASE CALL TO RESERVE MEALS, TRANSPORTATION &
EXERCISE CLASSES.**