



**June 2026**  
**North Merrick Senior Center**  
**1260 Meadowbrook Road, North Merrick, NY 11566**  
**(516) 571-8675**



**Nassau County Office for the Aging**

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

<p style="text-align: right;"><b>1</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Mexican Train  10:45 Gold Zumba with Marilyn  12:00 Lunch  12:30-3:30 Mahjong  12:45 Arthritis Foundation  Exercise with Victoria  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>2</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Cards  10:45 Fitness Fun with Robin  12:00 Lunch  12:45 Chorus with Frank  1:45 Announcements  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>3</b></p> <p>9:30 Social hour/coffee time  10:00 Cards/Mexican Train/Billiards  10:45 Zumba with Andrea.  12:00 Lunch  12:45 Yoga with Anne Tedesco  1:45 Announcements  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>4</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Mexican Train  11:00 Tai Chi with Joseph  12:00 Lunch  12:30 Mahjong  12:45 Line Dancing class with Sue  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>5</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Mexican Train  10:30-12:00 Quilting class w/ Victoria  11:00 Dietary Guidelines Presentation  12:00 Lunch  12:45 Zumba with Andrea  2:00 Bus leaves the center</p>
<p style="text-align: right;"><b>8</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Mexican Train  10:45 Bingo with Dennis from Lynbrook Rehabilitation  12:00 Lunch  12:30-3:30 Mahjong  12:45 Arthritis Foundation  Exercise with Victoria  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>9</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Cards  10:45 Fitness Fun with Robin  12:00 Lunch  12:45 Chorus with Frank  1:45 Announcements  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>10</b></p> <p>9:30 Social hour/coffee time  10:00 Cards/Mexican Train/Billiards  10:45 Zumba with Andrea.  12:00 Lunch  12:45 Yoga with Anne Tedesco  1:45 Announcements  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>11</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Mexican Train  11:00 Tai Chi with Joseph  12:00 Lunch  12:30 Mahjong  12:45 Workout with Sheila  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>12</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Mexican Train  10:30-12:00 Quilting class w/ Victoria  11:00 Medicare /Medicaid seminar Pierre Menard  12:00 Lunch  12:45 Zumba with Andrea  2:00 Bus leaves the center</p>
<p style="text-align: right;"><b>15</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Mexican Train  11:00 Nutrition Education  12:00 Lunch  12:30-3:30 Mahjong  12:45 Arthritis Foundation  Exercise with Victoria  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>16</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Cards  10:45 Fitness Fun with Robin  12:00 Lunch  12:45 Chorus with Frank  1:45 Announcements  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>17</b></p> <p>9:30 Social hour/coffee time  10:00 Cards/Mexican Train/Billiards  10:45 Zumba with Andrea.  12:00 Lunch  12:45 Yoga with Anne Tedesco  1:45 Announcements  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>18</b></p> <p>9:30 Social hour/coffee time  10:00 Billiards/Mexican Train  11:00 Tai Chi with Joseph  12:00 Lunch  12:30 Mahjong  12:45 Workout with Tasha  2:00 Bus leaves the center</p>	<p style="text-align: right;"><b>19</b></p>  <p>NORTH MERRICK SENIOR COMMUNITY SERVICE CENTER WILL BE CLOSED  <b>FRIDAY, JUNE 19, 2026</b>  <b>IN OBSERVANCE OF</b>  <b>JUNETEENTH</b></p>

Monday

Tuesday

Wednesday

Thursday

Friday

**Donuts for Dad** 22  
 9:30 Social hour/coffee time  
 10:00 Billiards/Mexican Train  
 10:45 Gold Zumba with Marilyn  
 12:00 Lunch  
 12:30-3:30 Mahjong  
 12:45 Arthritis Foundation  
 Exercise with Victoria  
 2:00 Bus leaves the center

**Beach Day** 23  
**Trip to Lido Beach  
 Fun in the Sun.**  
**Reservation for bus and  
 Lunch required.**



24  
 9:30 Social hour/coffee time  
 10:00 Cards/Mexican  
 Train/Billiards  
 10:45 Zumba with Andrea.  
 12:00 Lunch  
 12:45 Yoga with Anne  
 Tedesco  
 1:45 Announcements  
 2:00 Bus leaves the center

25  
 9:30 Social hour/coffee time  
 10:00 Billiards/Mexican Train  
 10:30 Art Class with Sheila  
 11:00 Tai Chi with Joseph  
 12:00 Lunch  
 12:30 Mahjong  
 12:45 Workout with Tasha  
 2:00 Bus leaves the center

**BirthDay Celebration** 26  
**Island Harvest**  
 9:30 Social hour/coffee time  
 10:00 Billiards/Mexican Train  
 10:30-12:00 Quilting class  
 w/ Victoria  
 11:00 Chorus with Frank  
 12:00 Lunch  
 12:45 Zumba with Andrea  
 2:00 Bus leaves the center

29  
 9:30 Social hour/coffee time  
 10:00 Billiards/Mexican Train  
 10:45 Fitness Fun with Robin  
 12:00 Lunch  
 12:30-3:30 Mahjong  
 12:45 Arthritis Foundation  
 Exercise with Victoria  
 2:00 Bus leaves the center

**Beach Day** 30  
**Trip to Lido Beach  
 Fun in the Sun.**  
**Reservation for bus  
 and Lunch required.**



**Happy Birthday**  
**to everyone who**  
**celebrates**  
**their birthday**  
**in June**



*Sun, Sand  
 and endless fun.  
 Sunshine is the  
 best medicine.  
 Stay cool, enjoy summer.*



**Summer is here.**  
**Hot and fun days ahead.**  
**Enjoy summertime!!!**  
**First day of Lido Beach is:**  
**Tuesday, June 23**




**BRUCE A. BLAKEMAN**  
 NASSAU COUNTY EXECUTIVE

**Area Served:**

Bellmore, East Meadow, Hicksville, Levittown  
 Merrick, North Bellmore, North Merrick, Plainedge

**Hours of Operation: 8:30:4:00**

**Meals suggested contribution: \$3.00**

**Transportation suggested contribution: \$1.00 each way**

**Exercise suggested contribution: \$ 2.00**

**Site Council Meeting: June 4**

**Birthdays Celebration: June 26**

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE  
 REQUIRED. PLEASE CALL TO RESERVE MEALS,  
 TRANSPORTATION & EXERCISE CLASSES.**