

Friday, July 3, 2026

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

- Excel Swimming: 7:15 am-8:30 am = Dive lanes 1-7
- L.I. Aquatic Club: *No practice today*
- Long Island Diving: 6 pm-8 pm = 1 & 3 meter dive boards (dive lanes 5-8)
- Intermediate class: 6 pm-7 pm = Public lane #1
- SCUBA: 6 pm-6:30 pm = Setup time
6:30 pm-8:30 pm = Dive lanes #1-3
- Hope Fitness: 7 pm-9 pm = Public lane #7

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P		
I	I	I	I	I	I	I	I	LANE 9		U	U	U	U	U	U	U	U	U		
V	V	V	V	V	V	V	V	LANE 8	B	B	B	B	B	B	B	B	B	B	B	
E	E	E	E	E	E	E	E	LANE 7												
								LANE 6	B	B	B	B	B	B	B	B	B	B	B	
L	L	L	L	L	L	L	L	LANE 5												
A	A	A	A	A	A	A	A	LANE 4												
N	N	N	N	N	N	N	N	LANE 3												
E	E	E	E	E	E	E	E	LANE 2												
								LANE 1												
8	7	6	5	4	3	2	1				#1	#2	#3	#4	#5	#6	#7	#8		RAMP

Moveable
Floor
Section

Public/Member swim lane availability:

- 6 am-7:15 am = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 7:15 am-8:30 am = **17 lanes available** (Lanes 1-10, DL 8 & 6 public lanes available)
- 8:30 am-6 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 6 pm-6:30 pm = **19 lanes available** (Lanes 1-10, DL 1-4 & public lanes 2-6 available)
- 6:30 pm-7 pm = **15 lanes available** (Lanes 1-10 & public lanes 2-6 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

- 7 pm-8 pm = **17 lanes available** (Lanes 1-10 & public lanes 1-7 available)
- 8 pm-9 pm = **22 lanes available** (Lanes 1-10, DL 4-8 & public lanes 1-7 available)

All times, availability and lane assignments are subject to change.