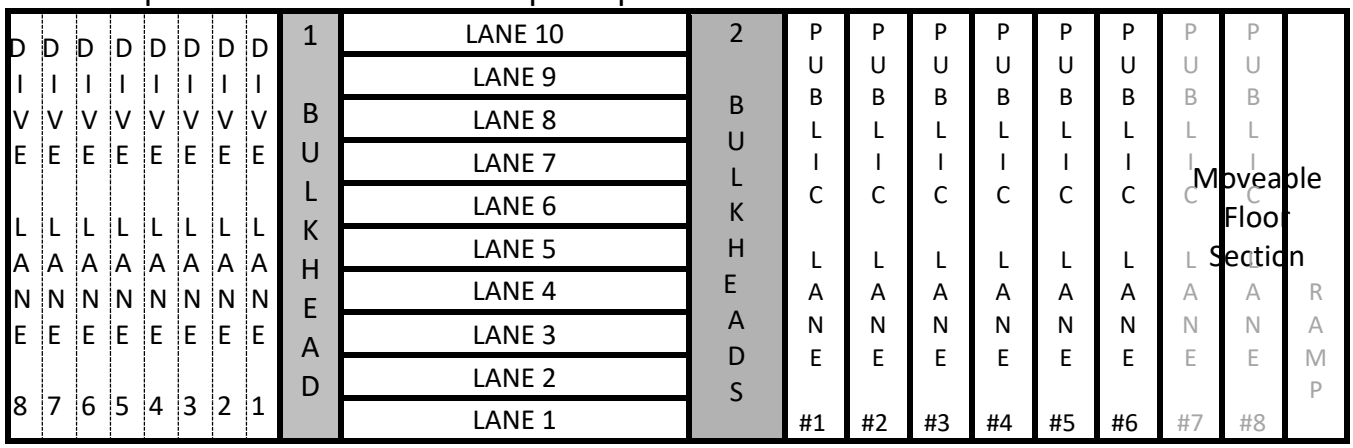
Tuesday, June 30, 2026

Pool Setup: Short Course-yard (25 yard & 25-meter lanes available)

Team / Group Use Schedule:

Total Masters Swimming:	6:30 am-7:30 am = Dive lanes 1-7
Aquajog class:	9:30 am-10:30 am = Lanes 1-3
Nassau LG test:	10 am-12:30 pm = Lanes 8-10
L.I. Aquatic Club:	4 pm-9 pm = Lanes 1-10
Excel Swimming:	6:30 pm-7:45 pm = Dive lanes 1-5
Level 4 class:	7 pm-7:45 pm = Public lane 1
Hope Fitness:	7 pm-9 pm = Public lane #8



Public/Member swim lane availability:

6 am-6:30 am =	**24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
6:30 am-7:30 am =	**17 lanes available** (Lanes 1-10, DL 8 & 6 public lanes available)
7:30 am-9:30 am =	**24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
9:30 am-10 am =	**21 lanes available** (Lanes 4-10, DL 1-8 & 6 public lanes available)
10 am-10:30 am =	**18 lanes available** (Lanes 4-7, DL 1-8 & 6 public lanes available)
10:30 am-12:30 pm =	**21 lanes available** (Lanes 1-7, DL 1-8 & 6 public lanes available)
12:30 pm-4 pm =	**24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
4 pm-6:30 pm =	**14 lanes available** (Dive lanes 1-8 & public lanes 1-6 available)
6:30 pm-7 pm =	**9 lanes available** (Dive lanes 6-8 & public lanes 1-6 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

7 pm-7:45 pm =	**9 lanes available** (Dive lanes 6-8 & public lanes 2-7 available)
7:45 pm-9 pm =	**15 lanes available** (Dive lanes 1-8 & public lanes 1-7 available)

All times, availability and lane assignments are subject to change.