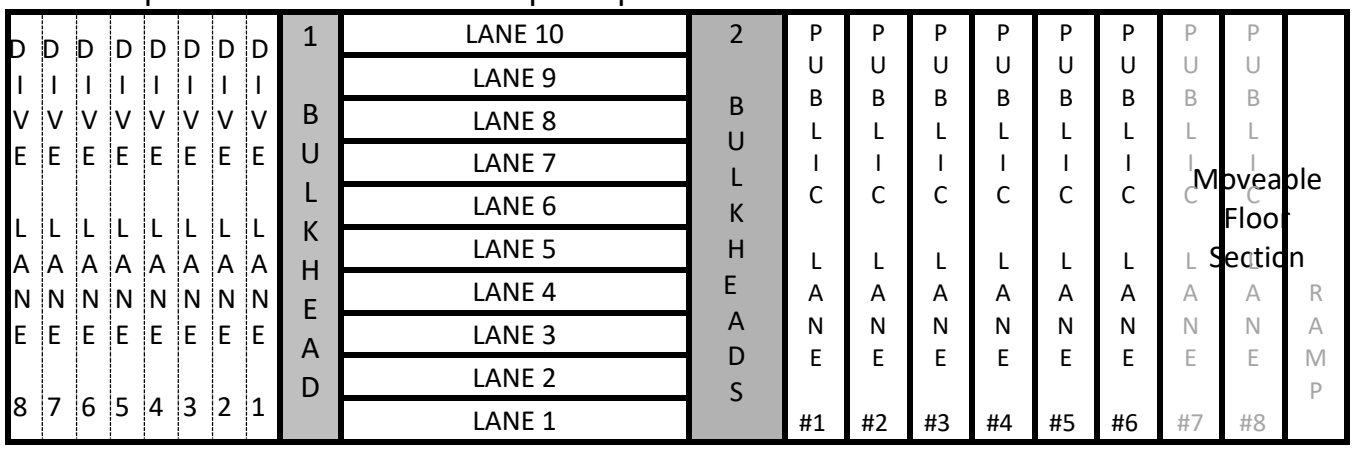
Wednesday, July 1, 2026

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	6 am-8:30 am = Dive lanes 1-6
Nassau LG test:	8:30 am-11:30 am = Lanes 8-10
L.I. Aquatic Club:	4 pm-8:30 pm = Lanes 1-10
Level 6 class:	5 pm-6 pm = Public lane #1
Fit swim class:	6 pm-7 pm = Public lane #1
Long Island Diving:	7 pm-9 pm = 1 meter dive boards (dive lanes 6-8)
Boy Scouts #689:	7 pm-9 pm = Public lanes #1-2
Hope Fitness:	7 pm-9 pm = Public lane #8



Public/Member swim lane availability:

6 am-8:30 am =	**18 lanes available** (Lanes 1-10, DL 7-8 & 6 public lanes available)
8:30 am-11 am =	**21 lanes available** (Lanes 1-7, DL 1-8 & 6 public lanes available)
11 am-4 pm =	**24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
4 pm-5 pm =	**14 lanes available** (Dive lanes 1-8 & public lanes 1-6 available)
5 pm-7 pm =	**13 lanes available** (Dive lanes 1-8 & public lanes 2-6 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

7 pm-8:30 pm =	**10 lanes available** (Dive lanes 1-5 & Public lanes 3-7 available)
8:30 pm-9 pm =	**20 lanes available** (Lanes 1-10, DL 1-5 & public lanes 3-7 available)

All times, availability and lane assignments are subject to change.