

Thursday, July 2, 2026

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

- Total Masters Swimming: 6:30 am-7:30 am = Dive lanes 1-7
- Fit Swim: 6:30 am-7:30 am = Lanes 9-10
- Aquajog class: 9:30 am-10:30 am = Lanes 1-3
- L.I. Aquatic Club: 4:15 pm-8 pm = Lanes 1-10
- Level 5 class: 6:15 pm-7 pm = Public lane #1
- Excel Swimming: 6:30 pm-7:45 pm = Dive lanes 1-5
- Long Island Diving: 5 pm-7 pm = Trampoline practice (outside)
- SCUBA: 6 pm-6:30 pm = Setup time
6:30 pm-7 pm = 1/3 of shallow section
7 pm-8:30 pm = Public lane #8 (and ramp lane)
- Hope Fitness: 7 pm-9 pm = Public lane #7

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P	
I	I	I	I	I	I	I	I		LANE 9		U	U	U	U	U	U	U	U	
V	V	V	V	V	V	V	V	B	LANE 8	B	B	B	B	B	B	B	B	B	
E	E	E	E	E	E	E	E	U	LANE 7	L	L	L	L	L	L	L	L	L	
								L	LANE 6	I	I	I	I	I	I	I	I	I	
L	L	L	L	L	L	L	L	K	LANE 5	C	C	C	C	C	C	C	C	C	Moveable
A	A	A	A	A	A	A	A	H	LANE 4		L	L	L	L	L	L	L	L	Floor
N	N	N	N	N	N	N	N	E	LANE 3		A	A	A	A	A	A	A	A	Section
E	E	E	E	E	E	E	E	A	LANE 2		N	N	N	N	N	N	N	N	
								D	LANE 1		E	E	E	E	E	E	E	E	RAMP
8	7	6	5	4	3	2	1				#1	#2	#3	#4	#5	#6	#7	#8	

Public/Member swim lane availability:

- 6 am-6:30 am = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 6:30 am-7:30 am = **15 lanes available** (Lanes 1-8, DL 8 & 6 public lanes available)
- 7:30 am-9:30 am = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 9:30 am-10:30 am = **21 lanes available** (Lanes 4-10, DL 1-8 & 6 public lanes available)
- 10:30 am-4:15 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 4:15 pm-6:15 pm = **14 lanes available** (Dive lanes 1-8 & public lanes 1-6 available)
- 6:15 pm-6:30 pm = **13 lanes available** (Dive lanes 1-8 & public lanes 2-6 available)
- 6:30 pm-7 pm = **8 lanes available** (Dive lanes 6-8 & public lanes 2-6 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

- 7 pm-7:45 pm = **9 lanes available** (Dive lanes 6-8 & public lanes 1-6 available)
- 7:30 pm-8 pm = **14 lanes available** (Dive lanes 1-8 & public lanes 1-6 available)
- 8 pm-9 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & public lanes 1-6 available)

All times, availability and lane assignments are subject to change.