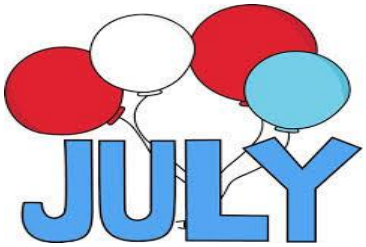
July 2026

Roslyn Senior Community Service Center
1579 Northen Blvd (Rte.25A), Roslyn NY 11576
516-944-9654

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Lunch Reservation Due for week 7/6 9:00 Social Coffee Hour 9:30 Decorate Center 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Line Dancing with Amy 2:00 Bus leaves Center	2 9:00 Social Hour Coffee, Tea 9:30 Sports Trivia Game 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Yoga w/Karen 2:00 Bus leaves Center	3 CENTER CLOSED HAPPY
6 10:00 FUN DAY MONDAY AT BAR BEACH PARK	7 9:00 Social Hour Coffee, Tea 10:45 Exercise w/Susanne 11:30 OFA Interns Senior IDs 12:00 Lunch and Announcements 12:30 Movie and Popcorn Grease John Travolta Olivia Newtown John 2:00 Bus leaves Center	8 Lunch Reservation Due for week 7/13 9:00 Social Coffee Hour 9:30 Domino Game 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Line Dancing with Amy 2:00 Bus leaves Center	9 9:00 Social Hour Coffee, Tea 9:30 Scrabble Game 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Yoga w/Karen 2:00 Bus leaves Center	10 9:00 Social Hour Coffee 9:30 Site Council Meeting 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and *Birthday Cake* Announcements 12:45 Elaine Zumba 2:00 Bus leaves Center
13 10:00 FUN DAY MONDAY AT BAR BEACH PARK	14 9:00 Social Hour Coffee, Tea 9:30 Brain Games Word Games 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Bingo Mary Sudell Emerge Nursing and Rehabilitation Center 2:00 Bus leaves Center	15 Lunch Reservation Due for week 7/20 9:00 Social Coffee Hour 9:30 Card Game Hearts 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Line Dancing with Amy 2:00 Bus leaves Center	16 9:00 Social Hour Coffee, Tea 9:30 Word Search and Crossword Puzzles 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Yoga w/Karen 2:00 Bus leaves Center	17 9:00 Social Hour Coffee 9:30 Site Council Meeting 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and Announcements July Birthdays 12:45 Cake and Bingo 2:00 Bus leaves Center

Monday	Tuesday	Wednesday	Thursday	Friday
20 10:00 FUN DAY MONDAY AT BAR BEACH PARK	21 Craft 9:00 Social Hour Coffee, Tea 9:30 Brain Games Word Games 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Debra Soon Charles Evans Center Craft for Summer and discussion 2:00 Bus leaves Center	22 Lunch Reservation Due for week 7/27 9:00 Social Coffee Hour 9:30 Card Game Kings in the Corner 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Line Dancing with Amy 2:00 Bus leaves Center	23 9:00 Social Hour Coffee, Tea 9:30 TV Sitcoms I Love Lucy 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Yoga w/Karen 2:00 Bus leaves Center	24 CARDIO DRUMMING 9:00 Social Hour Coffee 9:30 TV News and Discussion 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and Announcements 12:30 Cardio Drumming w/Theresa Morales 2:00 Bus leaves Center
27 10:00 FUN DAY MONDAY AT BAR BEACH PARK	28 9:00 Social Hour Coffee, Tea 9:30 60's Music Trivia 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Game of Scrabble 2:00 Bus leaves Center	29 Lunch Reservation Due for week 8/3 9:00 Social Coffee Hour 9:30 Cornhole Competition 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Line Dancing with Amy 2:00 Bus leaves Center	30 9:00 Social Hour Coffee, Tea 9:30 Board Games 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Yoga w/Karen 2:00 Bus leaves Center	31 9:00 Social Hour Coffee 9:30 Card Game 21 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and Announcements 12:45 Elaine Zumba 2:00 Bus leaves Center

BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Area Served:
East Hills, Greenvale, Jericho, Old Westbury, Port Washington, Roslyn, Roslyn Heights, Roslyn Harbor and Manorhaven

Hours of Operation: 9 am-4 pm

Meals suggested contribution: $3.00

Transportation suggested contribution: $2,00

Exercise suggested contribution: $2.00

Site Council Meeting: July 17th

Birthdays Celebration: July 17th

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.