

July 2026

**Bethpage Senior Community Center
103 Grumman Road West, Bethpage, NY 11714
(516) 571-9910**



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

		1	2	3
		Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required* Zumba – 1pm–2pm Model A Ford Club 7:00pm *Club Membership Required*	Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*	9:30am – 10:30am Chair Yoga 11:00am Lunch & Learn *Reservations Required*
6	7	8	9	10
Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards *Club Membership Required* 2pm – 3pm Chair Yoga 2:00pm – 4:00pm Mahjong	Sagamore Pioneers 9am – 1pm Retired Telephone Operators Club *Club Membership Required* 1:30pm American Trivia *Reservations Required*	Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm – 2pm Capt. Kathy Mazza Lodge 2163A - 7:00pm *Club Membership Required*	Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*	9:30am – 10:30am Chair Yoga 11:30am Senior Veterans Lunch *Reservations Required*
13	14	15	16	17
Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards *Club Membership Required* 2pm – 3pm Chair Yoga 2:00pm – 4:00pm Mahjong	St. Pius X Seniors 10am – 1pm Speaker/Entertainment *Club Membership Required* *This club has a wait list*	Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm – 2pm	Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*	9:30am – 10:30am Chair Yoga

Monday	Tuesday	Wednesday	Thursday	Friday
20	21	22	23	24
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards *Club Membership Required*</p> <p>2pm – 3pm Chair Yoga</p> <p>2:00pm – 4:00pm Mahjong</p>	<p>St. Pius X Seniors 10am – 1pm Speaker/Entertainment *Club Membership Required* *This club has a wait list*</p> <p>2pm – 4pm Puzzles & Potatoes *Reservations Required*</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required*</p> <p>Zumba 1pm – 2pm</p> <p>Capt. Kathy Mazza Lodge 2163A - 7:00pm *Club Membership Required*</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*</p>	<p>9:30am – 10:30am Chair Yoga</p>
27	28	29	30	31
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards *Club Membership Required*</p> <p>2pm – 3pm Chair Yoga</p> <p>2:00pm – 4:00pm Mahjong</p>	<p>Indian-American Forum 10am – 3:00pm *Club Membership Required*</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required*</p> <p>Zumba 1pm – 2pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*</p>	<p>9:30am – 10:30am Chair Yoga</p> <p>11am Apple Crisp Cooking Demo & Samples *Reservations Required*</p>



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Note

Events in GRAY require club membership.

**All unshaded activities are open to all
Nassau County residents over the age of 60
and club membership is not required.**

For additional information, please call

516-571-9910 or 516-227-8900.