

# July 2026

Herricks Senior Community Service Center  
 999 Herricks Rd, New Hyde Park, NY 11040  
 (516) 305-8976



# Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging



Monday

Tuesday

Wednesday

Thursday

Friday

 <b>Happy 250<sup>th</sup> Birthday to the USA</b>		<p style="text-align: right;">1</p> <p><b>Program Closed</b>                  Frank, Angela, Lynn,                  Kim and Joyce                  WELCOME YOU                  to                  Herricks Senior Center                  View calendar and menu                  at  <a href="http://www.herricks.org/scsc">www.herricks.org/scsc</a>                  scroll down to Senior                  Community Service Center</p>	<p style="text-align: right;">2</p> <p><b>Program Closed</b></p>	 <p style="text-align: right;">3</p> <p><b>Program Closed</b>  <b>Happy Independence Day</b></p>
<p style="text-align: right;">6</p> <p><b>FunDay Monday</b>  <b>Independence Day BBQ</b>                  9:15 Line Dancing w/ Amy                  10:15 Herricks Singers w/ Frank                  11:30 Lunch Hot: Grilled Burgers/Hot dogs Cold: seafood Salad on tortilla L&amp;T                  12:45 Arthritis Exercise/Yoga w/Dhara</p>	<p style="text-align: right;">7</p> <p>9:15 Aerobics w/ Doris                  10:30 Bingo                  11:30 Lunch Hot: Beef Tacos Cold: Egg Salad on a Wheat                  12-2 Art w/Sophia                  12:45 Chair Yoga w/Connie</p>	<p style="text-align: right;">8</p> <p><b>Program Closed</b></p>	<p style="text-align: right;">9</p> <p><b>Program Closed</b></p>	<p style="text-align: right;">10</p> <p>10:00 Chair Yoga&amp;More/Connie                  11:45 Music w/Laurie                  11:30 Lunch Hot: Breaded chicken cutlet w/gravy Cold: Ham and cheese on Rye                  12:45 Tai Chi w/ Joe</p>
<p style="text-align: right;">13</p> <p><b>FunDay Monday</b>                  9:15 Line Dancing w/ Amy                  10:15 Herricks Singers w/ Frank                  11:30 Lunch Hot: Breaded Fish w/tartar sauce Cold: Turkey and Swiss on Rye                  12:45 Arthritis Exercise/Barrie</p>	<p style="text-align: right;">14</p> <p>9:15 Aerobics w/ Doris                  10:30 Bingo                  11:30 Lunch Hot: Jumbo Ravioli w/meat sauce Cold: Seafood Salad on a tortilla                  12-2 Art w/Sophia                  12:45 Chair Yoga w/Connie</p>	<p style="text-align: right;">15</p> <p><b>Program Closed</b>  <b>Senior Summer Concert</b>                  11am-3PM</p>	<p style="text-align: right;">16</p> <p><b>Program Closed</b></p>	<p style="text-align: right;">17</p> <p>10:00 Chair Yoga&amp;More/Connie                  11:00 Site Council Mtg                  11:45 B'Day Music w/Karl Klippel                  11:30 Lunch Hot: Chicken Quinoa Salad Bowl Cold: Chicken Salad on Tortilla                  12:45 Tai Chi w/ Joe</p>

Monday	Tuesday	Wednesday	Thursday	Friday
20	21	22	23	24
<b>FunDay Monday</b> <b>9:15 Yoga/Exercise w/ Dhara</b> <b>10:15 NO Herricks Singers w/ Frank NO</b> 11:30 Lunch Hot: Pork Loin w/gravy Cold: Chicken Salad on tortilla L&T 12:45 Arthritis Exercise/Barrie	<b>9:15 Aerobics w/ Doris</b> <b>10:30 Bingo</b> <b>11:30 Senior ID's w/Ciera</b> 11:30 Lunch Hot: Sloppy Joe Sandwich Cold: Ham and Cheese on Rye <b>12-2 Art w/Sophia</b> <b>12:45 Chair Yoga w/Connie</b>	<b>Program Closed</b>	<b>Program Closed</b>	<b>10:00 Chair Yoga&amp;More/Connie</b> <b>11:45 Music w/Warren</b> 11:30 Lunch Hot: Chicken Sorrentino Cold: Tuna Salad on Rye <b>12:45 Tai Chi w/ Joe</b>
27	28	29	30	31
<b>FunDay Monday</b> <b>9:15 Line Dancing w/ Amy</b> <b>10:15 Herricks Singers w/ Frank</b> <b>11:00 Herricks MS Choir</b> 11:30 Lunch Hot: Potato and Egg frittata w/cheese Cold: Tuna Salad on Rye L&T 12:45 Arthritis Exercise/Barrie	<b>9:15 Aerobics w/ Doris</b> <b>10:30 Bingo</b> 11:30 Lunch Hot: Baked Peene w/Spinach Cold: Chicken Salad on a tortilla <b>12-2 Art w/Sophia</b> <b>12:45 Chair Yoga w/Connie</b>	<b>Program Closed</b>	<b>Program Closed</b>	<b>10:00 Chair Yoga&amp;More/Connie</b> <b>11:00 Site Council Mtg</b> <b>10:00 Nurse EAC</b> <b>11:45 Music TBD</b> 11:30 Lunch Hot: Chicken Parm Cold: Egg Salad on wheat <b>12:45 Tai Chi w/ Joe</b>



**BRUCE A. BLAKEMAN**  
**NASSAU COUNTY EXECUTIVE**

**Area Served: Albertson, East Williston,  
 Garden City Park, Herricks, Mineola, New Hyde Park,  
 Roslyn Heights, Searingtown, Williston Park**

**WELCOME TO HERRICKS SCSC!! ENTER Door #10 on TALBOT ST. Ring the doorbell on brick wall to the left of Door #10.** We are nondenominational, open to seniors (60+) residing in Nassau County. **HOURS of Program: Monday, Tuesday, Friday 9:00-2:00. Staff 9-3**

**LUNCH: \$3.00 suggested contribution each meal.** Avoid the waitlist by registering for lunch 4-5 days in advance either in person or by calling 305-8976. Vegetarian meals available upon advanced request.

**EXERCISE/CREATIVE CLASSES: \$2.00 suggested contribution each class.**

**TRANSPORTATION: \$2.00 suggested contribution** ROUND TRIP from home to center from Albertson, Williston Park, East Williston, Garden City Park, Mineola, New Hyde Park, Searingtown & Roslyn

Independence Day Celebration July 6 Birthday Celebration July 17<sup>th</sup> Site Council Meeting July 31<sup>st</sup>