

Tuesday, July 7, 2026

Pool Setup: Short Course-yard (25 yard & 25-meter lanes available)

Team / Group Use Schedule:

- Total Masters Swimming: 6:30 am-7:30 am = Dive lanes 1-5
- Aquajog class: 11 am-12 pm = Lanes 1-3
- L.I. Aquatic Club: 4 pm-9 pm = Lanes 1-10
- Long Island Diving: 5:30 pm-7:15 pm = Trampoline practice (outside)
- Excel Swimming: 6:30 pm-7:45 pm = Dive lanes 1-5
- Level 4 class: 7 pm-7:45 pm = Public lane 1
- Hope Fitness: 7 pm-9 pm = Public lane #8

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P
I	I	I	I	I	I	I	I	LANE 9	B	U	U	U	U	U	U	U	U	
V	V	V	V	V	V	V	V	LANE 8	U	L	L	L	L	L	L	L	L	
E	E	E	E	E	E	E	E	LANE 7	L	I	I	I	I	I	I	I	I	
L	L	L	L	L	L	L	L	LANE 6	C	C	C	C	C	C	C	C	C	
A	A	A	A	A	A	A	A	LANE 5	L	L	L	L	L	L	L	L	L	
N	N	N	N	N	N	N	N	LANE 4	A	A	A	A	A	A	A	A	A	
E	E	E	E	E	E	E	E	LANE 3	N	N	N	N	N	N	N	N	N	
8	7	6	5	4	3	2	1	LANE 2	E	E	E	E	E	E	E	E	E	
								LANE 1										

Moveable
Floor
Section

Public/Member swim lane availability:

- 6 am-6:30 am = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 6:30 am-7:30 am = **19 lanes available** (Lanes 1-10, DL 6-8 & 6 public lanes available)
- 7:30 am-11 am = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 11 am-12 pm = **21 lanes available** (Lanes 4-10, DL 1-8 & 6 public lanes available)
- 12 pm-4 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
- 4 pm-6:30 pm = **14 lanes available** (Dive lanes 1-8 & public lanes 1-6 available)
- 6:30 pm-7 pm = **9 lanes available** (Dive lanes 6-8 & public lanes 1-6 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

- 7 pm-7:45 pm = **9 lanes available** (Dive lanes 6-8 & public lanes 2-7 available)
- 7:45 pm-9 pm = **15 lanes available** (Dive lanes 1-8 & public lanes 1-7 available)

All times, availability and lane assignments are subject to change.