

Friday, July 31, 2026

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming: 6 am-8:30 am = Dive lanes 1-5
 L.I. Aquatic Club: *No practice today*
 Long Island Diving: 6 pm-8 pm = 1 & 3 meter dive boards (dive lanes 5-8)
 Intermediate class: 6 pm-7 pm = Public lane #1
 SCUBA: 6:30 pm-7 pm = Setup time
 7 pm-9 pm = Dive lanes #1-3
 Hope Fitness: 7 pm-9 pm = Public lane #7
 Meet setup: 8 pm-9 pm = Lanes 1-10

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P	
I	I	I	I	I	I	I	I		LANE 9		U	U	U	U	U	U	U	U	
V	V	V	V	V	V	V	V	B	LANE 8	B	B	B	B	B	B	B	B	B	
E	E	E	E	E	E	E	E	U	LANE 7	U	L	L	L	L	L	L	L	L	
								L	LANE 6	L	I	I	I	I	I	I	I	I	
L	L	L	L	L	L	L	L	K	LANE 5	K	C	C	C	C	C	C	C	C	
A	A	A	A	A	A	A	A	H	LANE 4	H	L	L	L	L	L	L	L	L	
N	N	N	N	N	N	N	N	E	LANE 3	E	A	A	A	A	A	A	A	A	
E	E	E	E	E	E	E	E	A	LANE 2	A	N	N	N	N	N	N	N	N	
8	7	6	5	4	3	2	1	D	LANE 1	D	E	E	E	E	E	E	E	E	
											#1	#2	#3	#4	#5	#6	#7	#8	

Moveable
Floor
Section

Public/Member swim lane availability:

6 am-8:30 am = **19 lanes available** (Lanes 1-10, DL 6-8 & 6 public lanes available)
 8:30 am-6 pm = **24 lanes available** (Lanes 1-10, DL 1-8 & 6 public lanes available)
 6 pm-7 pm = **19 lanes available** (Lanes 1-10, DL 1-4 & public lanes 2-6 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

7 pm-8 pm = **17 lanes available** (Lanes 1-10 & public lanes 1-7 available)
 8 pm-9 pm = **12 lanes available** (Dive lanes 4-8 & public lanes 1-7 available)

All times, availability and lane assignments are subject to change.