

August 2026

Hispanic Brotherhood Inc.
124 Greenwich Street, Hempstead, NY 11550
516-483-6018



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

	3 9:00AM- COFFEE AND ANNOUNCEMENTS 9:15AM -BUS PICKUP: TOH SENIOR SUMMER BEACH PROGRAM TO LIDO BEACH 10:00AM-COLORING & PUZZLES 11AM-TIME TO SOCIALIZE 12:00 PM- THIN SLICED HAM & CHESSE ON RYE W/ L&T 1:00PM-BINGO OR DOMINO 4	5 9:00AM- COFFEE AND ANNOUNCEMENTS 9.30 AM. -ZUMBA WITH NILO 10:30AM- COLORING 11AM- POISON CONTROL W/EDUARDO 12:00 PM- BREADED CHICKEN CUTLET W/GRAVY 1:00PM-BINGO OR DOMINO 1:15PM-Island Harvest CSFP BOX Delivery 6	7 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00 AM- ARTS & CRAFTS W/SHEILA 11AM- SANDYE'S YOGA 12:00 PM- STUFFED SHELLS W/MARINARA SAUCE. 1PM-BINGO OR DOMINGO	
	10 9:00AM- COFFEE AND ANNOUNCEMENTS 9:15AM -BUS PICKUP: TOH SENIOR SUMMER BEACH PROGRAM TO LIDO BEACH 10:00AM-COLORING & PUZZLES 11AM-TIME TO SOCIALIZE 12:00 PM- THIN SLICED HAM & CHESSE ON RYE W/ L&T 1:00PM-BINGO OR DOMINO 11	12 9:00AM- COFFEE AND ANNOUNCEMENTS 9.30 AM. -ZUMBA WITH NILO 10:30AM- COLORING 11AM- ENGLISH CLASSES 12PM- BEEF TACOS W/CHEESE 1:00PM-BINGO OR DOMINO 13	14 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- - PRECENTATION OAK ST. HEALTH 11AM- SANDYE'S YOGA 12PM- CHICKEN FRANCASE 1PM-BINGO OR DOMINGO	
	17 9:00AM- COFFEE AND ANNOUNCEMENTS 9:15AM -BUS PICKUP: TO LIDO BEACH 10:00AM-COLORING & PUZZLES 11AM-TIME TO SOCIALIZE 12PM- SEAFOOD SALAD ON TORTILLA W/ L&T 1:00PM-BINGO OR DOMINO 18	19 9:00AM- COFFEE AND ANNOUNCEMENTS 9.30 AM. -ZUMBA WITH NILO 10:30AM- COLORING 11AM- ENGLISH CLASSES 12PM- BREADED FISH W/ TARTAR SAUCE 1:00PM-BINGO OR DOMINO 20	21 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00 AM- ARTS & CRAFTS W/SHEILA 11AM- SANDYE'S YOGA 12PM- CAESAR SALAD W/ GRILLED CHICKEN 1PM-BINGO OR DOMINGO	

Monday

Tuesday

Wednesday

Thursday

Friday

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9:00AM- COFFEE AND ANNOUNCEMENTS
9:15AM -BUS PICKUP: TOH SENIOR SUMMER BEACH PROGRAM TO LIDO BEACH
10:00AM-COLORING & PUZZLES
11AM-TIME TO SOCIALIZE
12PM- CHICKEN SALAD ON WHEAT W/ L&T
1:00PM-BINGO OR DOMINO

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9:00AM- COFFEE AND ANNOUNCEMENTS
9.30 AM. -ZUMBA WITH NILO
10:30AM- SITE COUNCIL MEETING
11AM- ENGLISH CLASSES
12PM-- MEATLOAF W/GRAVY
1:00PM-BINGO OR DOMINO

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Birthday Celebration
9:00AM- COFFEE AND ANNOUNCEMENTS
10:00AM- COLORING
11AM- SANDYE'S YOGA
12PM-- KIELBASA W/SAUERKRAUT
1PM-BINGO OR DOMINGO

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Like the nice summer rain, humor can suddenly cleanse and refresh the earth, the air and you..."



BRUCE A. BLAKEMAN
 NASSAU COUNTY EXECUTIVE

IMPORTANT **INFORMATION!**

Hours of Operation: 9:00am – 2:00pm

Meals suggested contribution: \$3.00.

Suggested contribution for transportation, workshops, and exercise classes: \$2.00.

Site Council Meeting: August 26, 2026

Birthday Celebration: August 27, 2026

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL 516-483-6018 TO RESERVE MEALS & EXERCISE