

August 2026

Herricks Senior Community Service Center
999 Herricks Rd, New Hyde Park, NY 11040
(516) 305-8976



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

3 FunDay Monday 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:30 Lunch Hot: Penne Vodka w/chicken Cold: Egg Salad on Wheat 12:45 Arthritis Exercise/Barrie	4 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Chicken Cordon Bleu Cold: Tuna Salad on a Rye 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	5 Program Closed	6 Program Closed	7 10:00 Chair Yoga&More/Connie 11:45 Music w/TBD 11:30 Lunch Hot: Chicken mozzarella w/spinach Cold: Seafood Salad on Tortilla 12:45 Tai Chi w/ Joe
10 FunDay Monday 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:30 Lunch Hot: Chicken Bruchetta Cold: Seafood Salad on Tortilla 12:45 Arthritis Exercise/Barrie	11 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Beef Tacos Cold: Egg Salad on a Wheat 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	12 Program Closed	13 Program Closed	14 10:00 Chair Yoga&More/Connie 11:45 Music w/Karl Klippel 11:30 Lunch Hot: Chicken Fajitas Cold: Turkey and Swiss on Rye 12:45 Tai Chi w/ Joe
17 FunDay Monday 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:00 Jokercize Presentation 11:30 Lunch Hot Chicken Picatta Cold: Ham and Swiss on Rye 12:45 Arthritis Exercise/Barrie	18 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Stuffed Shells w/marinara Cold: Seafood Salad on Tortilla 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	19 Program Closed	20 Program Closed	21 10:00 Chair Yoga&More/Connie 11:45 B'Day Music w/Warren 11:30 Lunch Hot: Pot Roast w/gravy Cold: Chicken Salad on Tortilla 12:45 Tai Chi w/ Joe

Monday	Tuesday	Wednesday	Thursday	Friday
24 FunDay Monday 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:30 Health Insurance presentation 11:30 Lunch Hot: Three Cheese Lasagna Cold: Chicken Salad on tortilla 12:45 Arthritis Exercise/Barrie	25 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Chicken Francese Cold: Turkey and Swiss on Rye 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	26 Program Closed	27 Program Closed	28 10:00 Chair Yoga&More/Connie 11:00 Site Council Mtg 11:15 Music w/Laurie 11:30 Lunch Hot: Baked Fish w/tartar sauce Cold: Tuna Salad on Rye 12:45 Tai Chi w/ Joe
31 FunDay Monday End of Summer Bagel Breakfast 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:00 Bingocize w/Frank 11:30 Lunch Hot: Roast Turkey w/Gravy Cold: Egg Salad on Wheat 12:45 Arthritis Exercise/Barrie		Program Closed Frank, Angela, Lynn, Kim and Joyce WELCOME YOU to Herricks Senior Center View calendar and menu at www.herricks.org/scsc scroll down to Senior Community Service Center		



BRUCE A. BLAKEMAN

NASSAU COUNTY EXECUTIVE

**Area Served: Albertson, East Williston,
Garden City Park, Herricks, Mineola, New Hyde Park,
Roslyn Heights, Searingtown, Williston Park**

WELCOME TO HERRICKS SCSC!! ENTER Door #10 on TALBOT ST. Ring the doorbell on brick wall to the left of Door #10. We are nondenominational, open to seniors (60+) residing in Nassau County. **HOURS of Program: Monday, Tuesday, Friday 9:00-2:00. Staff 9-3**

LUNCH: \$3.00 suggested contribution each meal. Avoid the waitlist by registering for lunch 4-5 days in advance either in person or by calling 305-8976. Vegetarian meals available upon advanced request.

EXERCISE/CREATIVE CLASSES: \$2.00 suggested contribution each class.

TRANSPORTATION: \$2.00 suggested contribution ROUND TRIP from home to center from Albertson, Williston Park, East Williston, Garden City Park, Mineola, New Hyde Park, Searingtown & Roslyn

Birthday Celebration August 21st, Site Council Meeting August 28th