

August 2026

New Horizon Senior Community Service Center 1490 Broadway, Hewlett, NY
516-374-2670

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U.S. Administration on Aging



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:30—Coffee, Word Puzzles and Discussion 10:00— Zach’s Art Nest (LB) 10:00—Mahjong 101(LB) 11:00—Exercise w. Teena (LL) 12:00—Lunch 1:00- Book Club w. Esther(LL) 1:50- Calm Within w. Dr. Anthony (LL)	4 9:30—Coffee, Word Puzzles 10:00—Zach’s Art Nest (LL) 10:15— Exercise w. Barrie (LL) 11:00—Think Fast Trivia(LB) 11:15— Karaoke w. John (LL) 12:00— Lunch 1:00— Karaoke / Card Games (LB) 1:00—Jewelry Making (LL)	5 9:30—Coffee, & Word Puzzles 10:00- Karaoke- Zach (LL) 11:00-- Exercise 12:00—Lunch 1:00—CANASTA (LB) 1:00 --- Poker 101 w. Tina (LB) 1:00 – Dance Party! (LL)	6 9:30— Coffee, Word Puzzles 9:45—Exercise w. Teena (LL) 10:00—Tai Chi w. Pat (LL) 10:00— Karaoke w. John (LB) 11:00--Crazy Canasta w. Jonathan (LB) 11:00 – Bingo (LB) 12:00— Lunch 1:00— Karaoke / Mahjong (LL) 1:00-Chips Ahoy w. Jonathan (Poker) (LB)	7 9:30— Coffee, Word Puzzles and Discussion 10:15—Mahjong 101 w.Esther (LL) 11:00—Chair Champions w. Marlyn (LL) 12:00— Lunch 1:15—Zumba w. Darrell (LL)
10 9:30—Coffee, Word Puzzles and Discussion 10:00— Zach’s Art Nest (LB) 10:00—Mahjong 101(LB) 11:00—Exercise w. Teena (LL) 12:00—Lunch 1:00- Book Club w. Esther(LL) 1:50- Calm Within w. Dr. Anthony (LL)	11 9:30—Coffee, Word Puzzles 10:00—Zach’s Art Nest (LL) 10:15— Exercise w. Barrie(LL) 11:15— Karaoke w. John (LL) 12:00— Lunch 1:00— Karaoke / Card Games (LL) 1:00—Sparkle & Create Earing Making Workshop(LL)	12 9:30— Coffee, Word Puzzles 10:00— Karaoke w. Zach (LL) 11:00—Exercise (LL) 12:00— Lunch 1:00—CANASTA (LB) 1:00 --- Poker 101 w. Tina (LB) 1:00-- Movie (LL)	13 9:30— Coffee, Word Puzzles 9:45—Exercise w. Teena (LL) 10:00— Karaoke w. John (LB) 11:00—Tai Chi w. Pat 11:00—Bingo (LB) 11:00--Crazy Canasta w. Jonathan (LB) 12:00— Lunch 1:00— Karaoke / Mahjong (LL)	14 9:30— Coffee, Word Puzzles and Discussion 10:15—Mahjong 101 w.Esther (LL) 11:00—Chair Champions w. Marlyn (LL) 12:00—Lunch 1:15—Zumba w. Darrell (LL)
17 9:30—Coffee, Word Puzzles and Discussion 10:00 -- Zach’s Art Nest (LB) 10:00—Mahjong 101(LB) 11:00—Exercise w. Teena (LL) 12:00—Lunch 1:00- Book Club w. Esther(LL) 1:50- Calm Within w Dr. Anthony(LL)	18 9:30—Coffee, Word Puzzles 10:00—Zach’s Art Nest (LL) 10:15— Exercise w. Barrie (LL) 11:00—Finish The Lyric (LB) 11:15— Karaoke w. John(LL) 12:00— Lunch 1:00— Karaoke w. John(LB) 1:00 --- Card Games (LB) 1:00—Jewelry Making (LL)	19 9:30— Coffee, Word Puzzles, and Discussion 10:00— Karaoke w. Zach (LL) 11:00—Exercise (LL) 12:00— Lunch 1:00—CANASTA (LB) 1:00 --- Poker 101 w. Tina (LB) 1:00 – Check Mate w. Tyler (LL) 1:00 – Dance Party! (LL)	20 9:30— Coffee, Word Puzzles 9:45—Exercise w. Teena (LL) 10:00— Karaoke w. John (LB) 11:00—Tai Chi w. Pat (LL) 11:00-Crazy Canasta w. Jonathan (LB) 11:00 – Bingo (LB) 12:00— Lunch 1:00— Karaoke / Mahjong (LL)	21 National Senior Citizens Day 9:30— Coffee, Word Puzzles and Discussion 10:15—Mahjong 101 w Esther (LL) 11:00—Chair Champions w. Marlyn (LL) 12:00—Lunch/Ice Cream Social 1:15—Zumba w. Darrell (LL)
24 9:30—Coffee, Word Puzzles and Discussion 10:00—Zach’s Art Nest (LB) 10:00—Mahjong 101(LB) 11:00—Exercise w. Teena (LL) 12:00—Lunch 1:00- Book Club w. Esther(LL) 1:50- Calm Within w. Dr. Anthony (LL)	25 Shopping Trip 9:30—Coffee, Word Puzzles 10:00—Zach’s Art Nest (LL) 10:15— Exercise w. Barrie (LL) 11:00—Board Game Bonanza (LB) 11:15— Karaoke w. John (LL) 12:00— Lunch 1:00— Karaoke / Card Games (LL)	26 9:30—Coffee, Word Puzzles, and Discussion 10:00- Karaoke- Zach (LL) 11:00- Exercise (LL) 12:00—Lunch 1:00—CANASTA (LB) 1:00 --- Poker 101 w. Tina (LB) 1:00— Movie (LL)	27 9:30— Coffee, Word Puzzles 9:45—Exercise w. Teena (LL_) 10:00— Karaoke w. John (LB) 11:00-- Bingo (LB) 11:00—Tai Chi w. Pat (LL) 11:00- Crazy Canasta w. Jonathan (LB) 11:00 – Mahjong tutorial w. Esther (LL) 12:00— Lunch 1:00— Karaoke / Mahjong (LL)	28 9:30— Coffee, Word Puzzles and Discussion 10:15—Mahjong 101 w.Esther (LL) 11:00—Chair Champions w. Marlyn (LL) 12:00—Lunch 1:15—Zumba w. Darrell (LL)
31 9:30—Coffee, Word Puzzles and Discussion 10:00—Zach’s Art Nest (LB) 10:00—Mahjong 101(LB) 11:00—Exercise w. Teena (LL) 12:00—Lunch 1:00-Book Club/ Calm Within w.Dr.Anthony (LL)			Meals suggested contribution: \$3.00 Transportation suggested contribution: \$1.00 Exercise suggested contribution \$2.	Senior Center (LL) Lobby (LB)