

August 2026

Wantagh Senior Center
3606 Lufberry Avenue, Wantagh, 11793
516-797-5357



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

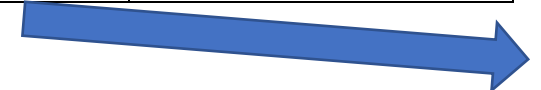
Wednesday

Thursday

Friday

3 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at Dollar Tree 11:45 Lunch 12:45 Bingo & Rummicub	4 9:00 Welcome & Coffee 10:15 <i>Tai Chi with Denise</i> 10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Lunch 12:30 <i>Travel to Iceland w/Treats</i> 12:45 Bingo & Rummicub	5 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 <i>Bingocize Class with Eric & Maria</i> 11:45 Lunch 12:30 <i>Lucky Seniors Chorus with Frank</i> 12:45 Bingo & Rummicub	6 9:00 Welcome & Coffee 10:30 <i>Chair Yoga with Karen</i> 10:45 Shop at North Shore Farms 11:00 <i>Music & Life Lessons from Dom, 105 years young</i> 11:45 Lunch 12:45 Bingo & Sculpture 1:00 <i>Sight Through Support</i>	7 9:30- 1:45 Day at Lido Beach with Lunch. Reservations Required! Drivers will be picked up at St Jude's. All others will be picked up at home.
10 9:00 Welcome & Coffee 10:30 <i>National Lazy Day- share how you like to relax</i> 11:00 Bingo & Rummicub 10:45 Shop at Deals 2 11:45 Lunch 12:30 <i>Hanging Pot Craft Class</i> 12:45 Bingo & Rummicub	11 9:00 Welcome & Coffee 10:15 <i>Tai Chi with Denise</i> 10:30 Bingo & Rummicub 10:45 Shop at Shoprite 11:45 Lunch 12:30 <i>Hanging Pot Craft Class</i> 12:45 Bingo & Rummicub	12 9:00 Welcome & Coffee 10:30 <i>Pokeno</i> 11:45 Lunch 12:30 <i>Lucky Seniors Chorus with Frank</i> 12:45 Bingo & Rummicub	13 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:30 <i>Chair Yoga with Karen</i> 10:45 Shop at Dollar Tree 11:00 <i>St Francis Health on Acid Reflux</i> 11:45 Lunch 12:45 Bingo & Sculpture 1:00 <i>Sight Through Support</i>	14 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 <i>Drop-in Craft Class</i> 10:45 <i>Zumba with Andrea</i> 11:45 Lunch 12:30 <i>Spiritual Group with Denise- all are welcome</i> 12:45 Bingo & Rummicub
17 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at Stop & Shop 11:45 Lunch 12:45 Bingo & Rummicub	18 9:00 Welcome & Coffee 10:15 <i>Tai Chi with Denise</i> 10:30 Bingo & Rummicub 10:45 Shop at CVS, Ivarone & Card Store 11:45 Lunch 12:45 Bingo & Rummicub	19 9:00 Welcome & Coffee 10:45 <i>Early Lunch</i> 11:45 <i>Sound Chaser Band Concert in Eisenhower Park- reservations required</i> 12:30 <i>Lucky Seniors Chorus with Frank</i> 12:45 Bingo & Rummicub	20 9:00 <i>Nurse Barbara Visits</i> 10:30 <i>Would you rather?</i> 10:30 <i>Chair Yoga with Karen</i> 10:45 Shop at Trader Joes 11:00 Bingo 11:45 Lunch 12:45 Bingo & Sculpture	21 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 <i>Zumba with Andrea</i> 11:00 <i>Sing-a-long with Mindye</i> 11:45 Lunch 12:30 <i>Spiritual Group with Denise- all are welcome</i> 12:45 Bingo & Rummicub

Flip over for the remainder of the month!



Monday	Tuesday	Wednesday	Thursday	Friday
24 9:00 Welcome & Coffee 10:30 & 12:30 Movies at the center- Under the Tuscan Sun 10:30 Bingo & Rummicub 10:45 Shop at King Kullen 11:45 Lunch 12:45 Bingo & Rummicub	25 9:00 Welcome & Coffee 10:15 Tai Chi with Denise 10:30 Annual Luau with Dancing & Mocktails- reservations required 11:45 Lunch 12:45 Beach Ball Challenge with Prizes	26 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Bingocize Class with Eric & Maria 11:45 Lunch 12:30 Lucky Seniors Chorus with Frank 12:45 Bingo & Rummicub	27 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:30 Chair Yoga with Karen 10:45 Shop at Stop & Shop 11:45 Book Club Lunch w/ Denise 11:45 Lunch 12:45 Bingo & Sculpture	28 9:30- 1:45 Day at Lido Beach with Lunch. Reservations Required! Drivers will be picked up at St Jude's. All others will be picked up at home.
31 9:00 Welcome & Coffee 10:30 Bingo & Rummicub 10:45 Shop at Target 11:45 Lunch 12:45 Bingo & Rummicub				



BRUCE A. BLAKEMAN
 NASSAU COUNTY EXECUTIVE

Area Served:

**Bethpage, Farmingdale, Massapequa, Massapequa Park,
 Old Bethpage, Plainview, Seaford, Wantagh**

Program Manager: Lisa P

Hours of Operation: 8:30 AM to 1:45 PM

Meals suggested contribution: \$3.00

Transportation suggested contribution: \$1.00 each way

Exercise suggested contribution: \$2 per class

Site Council Meeting: August 20

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.