

Call NY Connects for more
information on these programs
(516) 227-8900



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Nassau County
Department of Human Services
Office for the Aging
60 Charles Lindbergh Boulevard
Uniondale, New York 11553
(516) 227-8900

Email:
Seniors@hhsnassaucountyny.us
Nassaucountyny.gov/Aging

Contribution Policy

Participants are encouraged to
make a voluntary
contribution towards the
program, but there is no fee for
services.

The program is made possible with
funding from Nassau County, New
York State Office for the Aging, U.S.
Administration on Aging, contract
agencies and participant
contributions.

The Office for the Aging is in full support of the Americans
with Disabilities Act. If an individual with a disability needs
special accommodation, please mention when you call.

9/25



Innovations In Aging

Department of
Human Services
Office for the Aging

(516) 227-8900

Scan here to
visit our
website



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AGELESS INNOVATION ANIMATRONIC PETS

Plush, “lifelike” animatronic pets offer consistent companionship for people with Alzheimer’s disease/dementia. They are designed to make realistic sounds and motions, providing comfort and reducing feelings of loneliness and isolation. Call NY Connects at (516) 227-8900 to pick up a cat, dog, or bird.



ARCHANGELS

ARCHANGELS can help address caregiver intensity by strategically designing and implementing engagement and strategies to help support caregivers through various resources. Visit www.archangels.me.



DISCOVER LIVE

Travel the world from with live virtual tours that bridge continents, revealing extraordinary stories and landscapes through the eyes of passionate local experts. Call NY Connects at (516) 227-8900 for tour schedule.



GET SET UP



Live classes, videos and articles on over 5,000 topics including:

- Health & Wellness
- Gardening & Music
- Technology
- Cooking & Nutrition
- Arts & Crafts

To get started, go to www.getsetup.io and click the orange “sign up” in the upper right corner. Then you can begin to explore new passions, engage with others, and enjoy meaningful experiences, everyday!

TRUALTA

An evidence-based online platform that provides caregivers with relevant educational content, practical tutorials and a dependable online community where caregivers can join discussion forums, gain insight from support groups and ask real questions of industry professionals. Visit www.trualta.com.

VIRTUAL SENIOR CENTER

The Virtual Senior Center (VSC) is an online community that allows older and homebound adults to connect and engage with each other through virtual and hybrid classes. The Virtual Senior Center supports aging on pace to acknowledge that everyone ages at different paces and we all each have our own passions, priorities, and preferences.



Nassau County offers exercise classes on Tuesdays at 2 p.m. and Thursdays at 9:30 a.m. via Zoom.

Visit: www.NassauCountyny.gov/1438/Aging, Click “Senior Centers “ on the left side and then click “EAC Zoom Classes” on the right side.