

September 2026

Bethpage Senior Community Center
103 Grumman Road West, Bethpage, NY 11714
(516) 571-9910



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Sagamore Pioneers 9am – 1pm Retired Telephone Operators Club *Club Membership Required*	Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required* Zumba – 1pm–2pm Model A Ford Club 7:00pm *Club Membership Required*	Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*	9:30am – 10:30am Chair Yoga 11:00am Lunch & Learn *Reservations Required*
7	8	9	10	11
Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards *Club Membership Required* 2pm – 3pm Chair Yoga 2:00pm – 4:00pm Mahjong	St. Pius X Seniors 10am – 1pm Speaker/Entertainment *Club Membership Required* *This club has a wait list* 1:30pm Crafting with Shelia *Reservations Required*	Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm – 2pm Capt. Kathy Mazza Lodge 2163A - 7:00pm *Club Membership Required*	Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*	9:30am – 10:30am Chair Yoga 11:30am Senior Veterans Lunch *Reservations Required*
14	15	16	17	18
Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards *Club Membership Required* 2pm – 3pm Chair Yoga 2:00pm – 4:00pm Mahjong	St. Pius X Seniors 10am – 1pm Speaker/Entertainment *Club Membership Required* *This club has a wait list*	Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm – 2pm Triva 2:30pm *Reservations Required*	Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*	12:00pm Memory Cafe *Reservations Required* 9:30am – 10:30am Chair Yoga

Monday	Tuesday	Wednesday	Thursday	Friday
21 Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards *Club Membership Required* 2pm – 3pm Chair Yoga 2:00pm – 4:00pm Mahjong	22 Indian-American Forum 10am – 3:00pm *Club Membership Required*	23 Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm – 2pm Puzzles & Games 2pm-4pm Capt. Kathy Mazza Lodge 2163A - 7:00pm *Club Membership Required*	24 Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo *Club Membership Required*	25 9:30am – 10:30am Chair Yoga
28 Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards *Club Membership Required* 2pm – 3pm Chair Yoga 2:00pm – 4:00pm Mahjong	29 St. Pius X Seniors 10am – 1pm Speaker/Entertainment *Club Membership Required* *This club has a wait list*	30 Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm – 2pm Capt. Kathy Mazza Lodge 2163A - 7:00pm *Club Membership Required*		



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Note

Events in GRAY require club membership.

All unshaded activities are open to all
Nassau County residents over the age of 60
and club membership is not required.

For additional information, please call
516-571-9910 or 516-227-8900.