

September 2026

Hispanic Brotherhood Inc.

124 Greenwich Street, Hempstead, NY 11550

516-483-6018



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

	1 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- ZUMBA WITH NILE 11AM-TIME TO SOCIALIZE 12PM- HAMBURGER ON BUN W L&T 1:00PM-BINGO OR DOMINO	2 9:00 AM- COFFEE AND ANNOUNCEMENTS 10 AM- TIME TO SOCIALIZE 11 AM- GAMES AND PUZZLES 12 PM- PORK LOIN W/ GRAVY 1 PM- BINGO OR DOMINO	3 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM-GAMES AND PUZZLES 11AM- SANDYE'S YOGA 12PM-CHICKEN PARMIGIANA 1PM-BINGO OR DOMINGO	4 END OF SUMMER PARTY 9:00 AM- COFFEE, AFFIRMATIONS & ANNOUNCEMENTS 10:00 AM-COLORING. 11AM- TIME TO SOCIALIZE! 12:00 PM-PIZZA 1PM- BINGO OR DOMINO
7 	8 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- ZUMBA WITH NILE 11AM- CORNELL COOPERATIVE PLANT BASED EATING 12PM- CHICKEN MARSALA 1:00PM-BINGO OR DOMINO	9 9:00 AM- COFFEE AND ANNOUNCEMENTS 10 AM- TIME TO SOCIALIZE 11 AM- GAMES AND PUZZLES 12 PM- PORK LOIN W/ GRAVY 1 PM- BINGO OR DOMINO	10 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00 AM- ARTS & CRAFTS W/SHEILA 11AM- SANDYE'S YOGA 12PM-CHICKEN PARMIGIANA 1PM-BINGO OR DOMINGO	11 
14	15 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- ZUMBA WITH NILE 11AM-TIME TO SOCIALIZE 12PM- HAMBURGER ON BUN W L&T 1:00PM-BINGO OR DOMINO	16 9:00 AM- COFFEE AND ANNOUNCEMENTS 10 AM- TIME TO SOCIALIZE 11 AM- GAMES AND PUZZLES 12 PM- PORK LOIN W/ GRAVY 1 PM- BINGO OR DOMINO	17 9:00AM- COFFEE AND ANNOUNCEMENTS 10:00 AM- ARTS & CRAFTS W/SHEILA 11AM- SANDYE'S YOGA 12PM-CHICKEN PARMIGIANA 1PM-BINGO OR DOMINGO	18

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21	22	23	24	25
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28	29	30		
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BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

IMPORTANT **INFORMATION!**

Hours of Operation: 9:00am – 2:00pm

Meals suggested contribution: \$3.00.

**Suggested contribution for transportation, workshops,
and exercise classes: \$2.00.**

Site Council Meeting: September 29, 2026

Birthday Celebration: September 24, 2026

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE
REQUIRED. PLEASE CALL 516-483-6018 TO RESERVE
MEALS & EXERCISE**