

September 2026

**Herricks Senior Community Service Center
999 Herricks Rd, New Hyde Park, NY 11040
(516) 305-8976**



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

Frank, Angela, Lynn, Kim and Joyce WELCOME YOU to Herricks Senior Center View calendar and menu at www.herricks.org/scsc scroll down to Senior Community Service Center	1 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Spaghetti/Meatballs Cold: Tuna Salad on a Rye 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	2 Program Closed	3 Program Closed	4 10:00 Chair Yoga&More/Connie 11:45 Music w/Warren 11:30 Lunch Hot: Chicken Parm Cold: Ham and Cheese on Rye 12:45 Tai Chi w/ Joe
7 Happy Labor Day Program Closed	8 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Beef Taco: Turkey and Swiss on a Rye 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	9 Program Closed	10 Program Closed	11 10:00 Chair Yoga&More/Connie 11:45 Music w/TBD 11:30 Lunch Hot: Chicken Parm Cold: Seafood Salad on Tortilla 12:45 Tai Chi w/ Joe
14 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:30 Lunch Hot: Pot Roast w/gravy Cold: Seafood Salad on Tortilla 12:45 Arthritis Exercise/Barrie	15 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Jumbo Ravioli w/meat sauce Cold: Egg Salad on a Wheat 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	16 Program Closed	17 Program Closed	18 10:00 Chair Yoga&More/Connie 11:45 Birthday Celebration w/Karl 11:30 Lunch Hot: Chicken Marsala w/mozzarella w/spinach Cold: Ham and cheese on Rye 12:45 Tai Chi w/ Joe

Monday	Tuesday	Wednesday	Thursday	Friday
21 Program Closed Blessed Yom Kippur	22 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Stuffed Peppers w/Beef, Rice cheese Cold: Seafood Salad on a Tortilla 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	23 Program Closed	24 Program Closed	25 10:00 Chair Yoga&More/Connie 11:45 Music w/Laurie 11:30 Lunch Hot: Chicken Francese Cold: tuna Salad on Rye 12:45 Tai Chi w/ Joe
28 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:30 Lunch Hot: Loin of Pork w/gravy Cold: Tuna Salad on Rye 12:45 Arthritis Exercise/Barrie	29 OctoberFest 9:15 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Kielbasa w/sauerkraut Cold: Chicken Salad on a tortilla 12-2 Art w/Sophia 12:45 Chair Yoga w/Connie	30 Program Closed		



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

**Area Served: Albertson, East Williston,
Garden City Park, Herricks, Mineola, New Hyde Park,
Roslyn Heights, Seasingtown, Williston Park**

WELCOME TO HERRICKS SCSC!! ENTER Door #10 on TALBOT ST. Ring the doorbell on brick wall to the left of Door #10. We are nondenominational, open to seniors (60+) residing in Nassau County. **HOURS of Program: Monday, Tuesday, Friday 9:00-2:00. Staff 9-3**

LUNCH: \$3.00 suggested contribution each meal. Avoid the waitlist by registering for lunch 4-5 days in advance either in person or by calling 305-8976. Vegetarian meals available upon advanced request.

EXERCISE/CREATIVE CLASSES: \$2.00 suggested contribution each class.

TRANSPORTATION: \$2.00 suggested contribution ROUND TRIP from home to center from Albertson, Williston Park, East Williston, Garden City Park, Mineola, New Hyde Park, Seasingtown & Roslyn

Birthday Celebration September 18th, Site Council Meeting September 28th