

Friday, October 9, 2026

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming:	6 am-8:30 am = Dive lanes 5-10
Nassau Police training:	8:30 am-3 pm = Lanes 8-10
East Meadow HS:	3 pm-4:30 pm = Dive lanes 5-6, 9-10
Levittown HS:	3:30 pm-5 pm = Lanes 3-6 & dive boards (DL 7-8)
Bellmore-Merrick HS:	3:30 pm-5 pm = Lanes 7-10 & dive boards (DL 7-8)
Sewanhaka HS:	3:30 pm-5 pm = Lanes 1-2, DL 1 & dive boards (DL 7-8)
SouthSide HS:	3:45 pm-5 pm = Dive lanes 2-4
Swim Lesson (Level 6):	4 pm-5 pm = Public lane #1
Wantagh HS:	4:30 pm-5 pm = Dive lanes 5-6, 9-10
	5 pm-6 pm = Dive lanes 7-10
Manhasset HS:	5 pm-6:30 pm = Dive lanes 1-4
L.I. Aquatic Club:	5 pm-8:30 pm = Lanes 1-10
Long Island Diving:	6 pm-8 pm = 1 & 3 meter dive boards (dive lanes 6-10)
Swim Prep class:	7 pm-8 pm = Public lane #1
Hope Fitness:	7 pm-9 pm = Public lane #7

Dive Lane 10	2	LANE 10	1	P	P	P	P	P	P	P	P	P	P
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U	U	U
Dive Lane 8	B	LANE 8	B	B	B	B	B	B	B	B	B	B	B
Dive Lane 7	U	LANE 7	U	L	L	L	L	L	L	L	L	L	L
Dive Lane 6	L	LANE 6	L	I	I	I	I	I	I	I	I	I	I
Dive Lane 5	K	LANE 5	K	C	C	C	C	C	C	C	C	C	C
Dive Lane 4	H	LANE 4	H	L	L	L	L	L	L	L	L	L	L
Dive Lane 3	E	LANE 3	E	A	A	A	A	A	A	A	A	A	A
Dive Lane 2	A	LANE 2	A	N	N	N	N	N	N	N	N	N	N
Dive Lane 1	D	LANE 1	D	E	E	E	E	E	E	E	E	E	E
	S			#1	#2	#3	#4	#5	#6	#7			

Moveable
Floor
Section

Public/Member swim lane availability:

6 am-8:30 am =	19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available)
8:30 am-3 pm =	22 lanes available (Lanes 1-7, DL 1-10 & 5 public lanes available)
3 pm-3:30 pm =	19 lanes available (Lanes 1-10, DL 1-4 & 5 public lanes available)
3:30 pm-4 pm =	5 lanes available (5 public lanes available)
4 pm-5 pm =	4 lanes available (Public lanes 2-5 available)
5 pm-6 pm =	7 lanes available (Dive lanes 5-6 & public lanes 1-5 available)
6 pm-6:30pm =	6 lanes available (Dive lane 5 & public lanes 1-5 available)
6:30 pm-7 pm =	10 lanes available (Dive lanes 1-5 & public lanes 1-5 available)

At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

7 pm-8 pm =	10 lanes available (Dive lanes 1-5 & public lanes 2-6 available)
8 pm-8:30 pm =	16 lanes available (Dive lanes 1-10 & public lanes 1-6 available)
8:30 pm-9 pm =	26 lanes available (Lanes 1-10, DL 1-10 & public lanes 1-6 available)

All times, availability and lane assignments are subject to change.