

October 2026

Wantagh Senior Community Service Center  
3606 Lufberry Avenue, Wantagh, 11793  
516-797-5357



# Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

|                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                           |
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|                                                                                                                              |                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                 | <p>1</p> <p>9:00 Trip to the Shrine of Our Lady of the Island-Box lunch included- Reservations required!</p> <p>10:30 Bingo &amp; Rummicub</p> <p>10:30 Chair Yoga with Karen</p> <p>11:45 Lunch</p> <p>12:45 Bingo &amp; Sculpture with Veronica</p> <p>1:00 Sight Through Support</p>            | <p>2</p> <p>World Smile Day- spread smiles today!</p> <p>9:00 Welcome &amp; Coffee</p> <p>10:30 Lifetime Line-up Game</p> <p>10:45 Zumba with Andrea</p> <p>11:00 Bingo &amp; Rummicub</p> <p>11:45 Lunch</p> <p>12:30 Spiritual Group with Denise- all are welcome</p> <p>12:45 Bingo &amp; Rummicub</p> |
| <p>5</p> <p>9:00 Welcome &amp; Coffee</p> <p>10:30 Bingo &amp; Rummicub</p> <p>10:45 Shop at Stop &amp; Shop</p> <p>11:45 Lunch</p> <p>12:30 Wooden Pumpkin Craft Class</p> <p>12:45 Bingo &amp; Rummicub</p> | <p>6</p> <p>9:00 Welcome &amp; Coffee</p> <p>10:15 Tai Chi with Denise</p> <p>10:30 Bingo &amp; Rummicub</p> <p>10:45 Shop at Dollar Tree</p> <p>11:00 Presentation from Rebuilding Together on LI</p> <p>11:45 Lunch</p> <p>12:30 Wooden Pumpkin Craft Class</p> <p>12:45 Bingo &amp; Rummicub</p> | <p>7</p> <p>9:00 Welcome &amp; Coffee</p> <p>10:30 Nutrition with KhyEe from Cornell</p> <p>11:00 Bingo &amp; Rummicub</p> <p>11:00 Bingocize Class with Eric &amp; Maria</p> <p>11:45 Lunch</p> <p>12:30 Lucky Seniors Chorus with Frank</p> <p>12:45 Bingo &amp; Rummicub</p> | <p>8</p> <p>9:00 Welcome &amp; Coffee</p> <p>10:30 Molloy Nursing Students Presentation</p> <p>10:30 Chair Yoga with Karen</p> <p>10:45 Shop at King Kullen</p> <p>11:00 Bingo &amp; Rummicub</p> <p>11:45 Lunch</p> <p>12:45 Bingo &amp; Rummicub</p> <p>1:00 Sight Through Support</p>           | <p>9</p> <p>Wear Green Today and Support Mental Health</p> <p>10:30 Bingo &amp; Rummicub</p> <p>10:45 Zumba with Andrea</p> <p>11:00 Sing-a-long with Mindye</p> <p>11:45 Lunch</p> <p>12:30 Spiritual Group with Denise- all are welcome</p> <p>12:45 Bingo &amp; Rummicub</p>                           |
| <p>12</p> <p>Center Closed!</p>                                                                                            | <p>13</p> <p>9:00 Welcome &amp; Coffee</p> <p>10:15 Tai Chi with Denise</p> <p>10:30 Bingo &amp; Rummicub</p> <p>10:45 Shop at Shoprite</p> <p>11:45 Lunch</p> <p>12:30 Manicures from the Boces Students</p> <p>12:45 Bingo &amp; Rummicub</p>                                                     | <p>14</p> <p>9:00 Welcome &amp; Coffee</p> <p>10:30 Bingo &amp; Rummicub</p> <p>11:45 Lunch</p> <p>12:30 Ice Cream Social</p> <p>12:45 Lucky Seniors Chorus Concert Featuring Sinatra &amp; Friends</p>                                                                         | <p>15</p> <p>9:00 Nurse Barbara Visits</p> <p>10:30 Oktoberfest Celebration with Polka Music, Trivia &amp; Games</p> <p>10:30 Chair Yoga with Karen</p> <p>11:15 Pretzels, Cider and Non-Alcoholic Beer</p> <p>11:45 Lunch</p> <p>12:45 Bingo &amp; Rummicub</p> <p>1:00 Sight Through Support</p> | <p>16</p> <p>9:00 Welcome &amp; Coffee</p> <p>10:30 Bingo &amp; Rummicub</p> <p>10:45 Zumba with Andrea</p> <p>11:45 Lunch</p> <p>12:30 Spiritual Group with Denise- all are welcome</p> <p>12:45 Bingo &amp; Rummicub</p>                                                                                |

Turn over for the remainder of the month!



| Monday                                                                                                                                                                                                                      | Tuesday                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                       | Thursday                                                                                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                                                |
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| 19<br>9:00 Welcome & Coffee<br><b>10:30 &amp; 12:30 Movies at the center- Jungle Cruise with the Rock &amp; Emily Blunt</b><br>10:30 Bingo & Rummicub<br>10:45 Shop at King Kullen<br>11:45 Lunch<br>12:45 Bingo & Rummicub | 20<br>9:00 Welcome & Coffee<br><b>10:15 Tai Chi with Denise</b><br>10:30 Bingo & Rummicub<br>10:45 Shop at Stop & Shop<br>11:45 Lunch<br><b>12:45 Crochet &amp; Knitting Group</b><br>12:45 Bingo & Rummicub | 21<br>9:00 Welcome & Coffee<br>10:30 Bingo & Rummicub<br><b>11:00 Craft, Chat, &amp; Create with Debra from COMPHS</b><br>11:45 Lunch<br><b>12:30 Lucky Seniors Chorus with Frank</b><br>12:45 Bingo & Rummicub | 22<br>9:00 Welcome & Coffee<br><b>10:30 Game Day with the Wheatley School Students- Corn Hole, Dice, Bowling, Golf &amp; Prizes</b><br><b>10:30 Chair Yoga with Karen</b><br><b>11:45 Book Club Lunch w/ Denise</b><br>11:45 Lunch<br><b>12:45 Bingo w/ the Students</b><br><b>1:00 Sight Through Support</b> | 23<br>9:00 Welcome & Coffee<br>10:30 Bingo & Rummicub<br><b>10:45 Drop in Craft Class!</b><br>11:45 Lunch<br><b>12:30 Spiritual Group with Denise- all are welcome</b><br>12:45 Bingo & Rummicub                                      |
| 26<br>9:00 Welcome & Coffee<br>10:30 Bingo & Rummicub<br>10:45 Shop at Dollar Tree<br>11:45 Lunch<br>12:45 Bingo & Rummicub                                                                                                 | 27<br>9:00 Welcome & Coffee<br><b>10:15 Tai Chi with Denise</b><br>10:30 Bingo & Rummicub<br>10:45 Shop at Deals 2<br>11:45 Lunch<br>12:45 Bingo & Rummicub                                                  | 28<br>9:00 Welcome & Coffee<br><b>10:30 Molloy Nursing Students Presentation</b><br><b>11:00 Bingocize Class with Eric &amp; Maria</b><br>11:00 Bingo & Rummicub<br>11:45 Lunch<br>12:45 Bingo & Rummicub       | 29<br><b>Lucky Seniors Halloween Party-</b><br>at Bethpage Senior Center,<br>103 Grumman Road,<br>Bethpage.<br>Dancing, Music &<br>Entertainment.<br>Catered Italian Meal!<br>Please wear a costume &<br>reservations are required!                                                                           | 30<br>9:00 Welcome & Coffee<br>10:30 Bingo & Rummicub<br><b>10:45 Zumba with Andrea</b><br><b>11:00 Sing-a-long with Mindye</b><br>11:45 Lunch<br><b>12:30 Spiritual Group with Denise- all are welcome</b><br>12:45 Bingo & Rummicub |



**BRUCE A. BLAKEMAN**  
NASSAU COUNTY EXECUTIVE

**Area Served:**

**Bethpage, Farmingdale, Massapequa, Massapequa Park,  
Old Bethpage, Plainview, Seaford, Wantagh**

Program Manager: Lisa P

Hours of Operation: 8:30 AM to 1:45 PM

Meals suggested contribution: \$3.00

Transportation suggested contribution: \$1.00 each way

Exercise suggested contribution: \$2 per class

Site Council Meeting: October 8

Molloy Nursing Students: October 1, 7<sup>th</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, and 28<sup>th</sup>

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO  
RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.