

October 2026

**Bethpage Senior Community Center
103 Grumman Road West, Bethpage, NY 11714
(516) 571-9910**



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

			1 Hicksville Mid-Island Seniors 10am-3pm Cards, Poker, Pool, Bingo *Club Membership Required*	2 Chair Yoga 9:30am-10:30am Lunch & Learn 11am *Reservations Required*
5 Our Lady of Mercy Seniors 10am-1:30pm Bingo, Cards *Club Membership Required* Chair Yoga 2pm-3pm Mahjong 2pm-4pm	6 Sagamore Pioneers 9am-1pm Retired Telephone Operators Club *Club Membership Required*	7 Bethpage Seniors 9:30am-12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm-2pm Model A Ford Club 7pm *Club Membership Required*	8 Hicksville Mid-Island Seniors 10am-3pm Cards, Poker, Pool, Bingo *Club Membership Required*	9 Chair Yoga 9:30am-10:30am Senior Veterans Lunch 12pm *Reservations Required*
12 Center Closed	13 St. Pius X Seniors 10am-1pm Speaker/Entertainment *Club Membership Required* *This club has a wait list* Krafting with Karaline 1:30pm *Reservations Required*	14 Bethpage Seniors 9:30am-12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm-2pm Capt. Kathy Mazza Lodge 2163A – 7pm *Club Membership Required*	15 Hicksville Mid-Island Seniors 10am-3pm Cards, Poker, Pool, Bingo *Club Membership Required*	16 Chair Yoga 9:30am-10:30am

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19 Our Lady of Mercy Seniors 10am-1:30pm Bingo, Cards *Club Membership Required* Chair Yoga 2pm-3pm Mahjong 2pm-4pm	20 St. Pius X Seniors 10am-1pm Speaker/Entertainment *Club Membership Required* *This club has a wait list*	21 Bethpage Seniors 9:30am-12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm-2pm Trivia 2:30pm *Reservations Required*	22 Hicksville Mid-Island Seniors 10am-3pm Cards, Poker, Pool, Bingo *Club Membership Required*	23 Chair Yoga 9:30am-10:30am Sourdough Presentation 2pm-4pm *Reservations Required*
26 Our Lady of Mercy Seniors 10am-1:30pm Bingo, Cards *Club Membership Required* Chair Yoga 2pm-3pm Mahjong 2pm-4pm	27 Indian-American Forum 10am-3pm *Club Membership Required*	28 Bethpage Seniors 9:30am-12:30pm Cards, Poker, Pool *Club Membership Required* Zumba 1pm-2pm Puzzles and Games 2pm-4pm *Reservations Required*	29 Hicksville Mid-Island Seniors 10am-3pm Cards, Poker, Pool, Bingo *Club Membership Required*	30 Chair Yoga 9:30am-10:30am Halloween Party 12pm-2pm



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Note

Events in GRAY require club membership.

All unshaded activities are open to all
Nassau County residents over the age of 60
and club membership is not required.

For additional information, please call
516-571-9910 or 516-227-8900.