

October 2026

Roslyn Senior Community Service Center
1579 Northern Blvd (Rte.25A), Roslyn NY 11576
516-944-9654



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

			Rocktober 1 9:00 Social Hour Coffee, Tea 9:30 Rock and Roll Trivia 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:45 Yoga w/Karen 2:00 Bus leaves Center	2 9:00 Social Hour Coffee, TV News and Weather 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and Announcements 12:45 Line Dancing w/Amy 2:00 Bus leaves Center
5 Roslyn Senior Center Spirit Week Decades Day Dress Movie Day 9:00 Social Hour Coffee Tea 9:30 Game of Dominos 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and Announcements 12:45 Movie w/Popcorn and Mocktails 2:00 Bus leaves Center	6 Sports Day 9:00 Social Hour Coffee, Tea 9:30 Sports Trivia 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Zumba w/Nilo Pinto 1:00 Dominós 2:00 Bus leaves Center	7 Karaoke Day Lunch Reservation Due for week 10/12 9:00 Social Coffee Hour 9:30 Karaoke Singing 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Balance and Exercise w/Nick 2:00 Bus leaves Center	8 Crazy Hat Day 9:00 Social Hour Coffee, Tea 9:30 Tea Party and Dancing 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:45 Yoga w/Karen 2:00 Bus leaves Center	9 Dress Your Best Day 9:00 Social Hour Coffee 10:30 Arthritis Foundation Exercise w/Victoria 11:30 Eileen Casey Social Worker, Brain Games 12:00 Lunch and Announcements 12:45 Line Dancing w/Amy
12  Center Closed for Columbus Day 	13 9:00 Social Hour Coffee, Tea 9:30 Bingo w/prizes 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Zumba w/Nilo Pinto 1:00 Dominós 2:00 Bus leaves Center	14 Lunch Reservation Due for week 10/19 9:00 Social Coffee Hour 9:30 Puzzle 3D 100 piece 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Balance and Exercise w/Nick 2:00 Bus leaves Center	15 9:00 Social Hour Coffee, Tea 9:30 TV News Channel 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:45 Yoga w/Karen 2:00 Bus leaves Center 	16 9:00 Social Hour Coffee 9:30 Craft Pumpkin Painting 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and Announcements October Birthday Party 12:45 Line Dancing w/Amy 

Monday	Tuesday	Wednesday	Thursday	Friday
19 9:00 Social Hour Coffee Tea 9:30 Game of Dominos 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and Announcements 12:45 Emerge Rehab and Nursing Mary Bingo and Right Left Games 2:00 Bus leaves Center	20 9:00 Social Hour Coffee, Tea 9:30 Word Games and Puzzles 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Zumba w/Nilo Pinto 1:00 Dominós 2:00 Bus leaves Center	21 Lunch Reservation Due for week 10/26 9:00 Social Coffee Hour 9:30 Card Game Kings in Corner 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Balance Exercise w/Nick 2:00 Bus leaves Center	22 9:00 Social Hour Coffee, Tea 9:30 Ping Pong Game 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:45 Yoga w/Karen 2:00 Bus leaves Center	23 9:00 Social Hour Coffee 9:30 TV News Shows 10:30 Arthritis Foundation Exercise w/Victoria 11:30 Eileen Casey Social Worker Brain Games 12:00 Lunch and Announcements 12:45 Line Dancing w/Amy 12:30 Cornell Nutrition Workshop "Nutrition Facts Label"
26 9:00 Social Hour Coffee Tea 9:30 Game of Dominos 11:00 Cardio Drumming w/Theresa Morale of North Star 12:00 Lunch and Announcements 12:45 Bingo w/prizes 2:00 Bus leaves Center	27 9:00 Social Hour Coffee, Tea 9:30 Dominos 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Zumba w/Nilo Pinto 1:00 Dominós 2:00 Bus leaves Center	28 Lunch Reservation Due for week 11/2 9:00 Social Coffee Hour 9:30 Card Game Hearts 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Balance Exercise w/Nick 2:00 Bus leaves Center	29 9:00 Social Hour Coffee, Tea 9:30 TV News Channel 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Debra Soon Charles Evans Center Fall Craft and discussion 2:00 Bus leaves Center	30 Trip Halloween Party 9:00 Social Hour Coffee 9:30 Leave for Halloween Party PI New Hyde Park Clinton G Martin Park 12:00 Lunch and 12:30 DJ Party Dancing 



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Area Served:

East Hills, Greenvale, Jericho, Old Westbury, Port Washington,
Roslyn, Roslyn Heights, Roslyn Harbor and Manorhaven

Hours of Operation: 9 am-4 pm

Meals suggested contribution: \$3.00

Transportation suggested contribution: \$2.00

Exercise suggested contribution: \$2.00

Site Council Meeting: October 16th

Birthdays Celebration: October 16th

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED.
PLEASE CALL TO RESERVE MEALS, TRANSPORTATION &
EXERCISE CLASSES.