

Thursday, October 15, 2026

Pool Setup: Short Course-yard (25 yard & 25-meter lanes available)

Team / Group Use Schedule:

- Total Masters Swimming: 6:30 am-7:30 am = Dive lanes 4-10
- Swim Fit class: 6:30 am-7:30 am = Lanes 9-10
- Nassau Police SCUBA: 7:30 am-3 pm = Dive lanes 7-10
- Aquajog class: 9:30 am-10:30 am = Lanes 1-3
- East Meadow HS: 3 pm-4:30 pm = Dive lanes 2-5
- Bellmore-Merrick HS: 3:30 pm-5 pm = Lanes 3-6 & dive boards (DL 7-8)
- Levittown HS: 3:30 pm-5 pm = Lanes 7-10 & dive boards (DL 7-8)
- Sewanhaka HS: 3:30 pm-5 pm = Lanes 1-2, DL 1 & dive boards (DL 7-8)
- SouthSide HS: 3:45 pm-5 pm = Dive lanes 6, 9-10 & dive boards (DL 7-8)
- Swim Lesson (Level 4): 4 pm-5 pm = Public lane #1
- Wantagh HS: 4:30 pm-6 pm = Dive lanes 2-5
- Manhasset HS: 5 pm-6:30 pm = Dive lanes 7-10
- L.I. Aquatic Club: 5 pm-9 pm = Lanes 1-10
- Swim Fit Class: 6 pm-7 pm = Public lane #1
- Lightning Warriors: 6:30 pm-7:30 pm = Dive lanes 9-10
- Aquajog class: 6:30 pm-7:30 pm = Dive lanes 1-3
- Excel Swimming: 6:30 pm-7:45 pm = Dive lanes 4-8
- Hope Fitness: 7 pm-9 pm = Public lane #7

Dive Lane 10	2 B U L K H E A D S	LANE 10	1 B U L K H E A D	P	P	P	P	P	P	P	
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	
Dive Lane 8		LANE 8		B	B	B	B	B	B	B	
Dive Lane 7		LANE 7		L	L	L	L	L	L	L	
Dive Lane 6		LANE 6		I	I	I	I	I	I	I	
Dive Lane 5		LANE 5		C	C	C	C	C	C	C	
Dive Lane 4		LANE 4		L	L	L	L	L	L	L	
Dive Lane 3		LANE 3		A	A	A	A	A	A	A	
Dive Lane 2		LANE 2		N	N	N	N	N	N	N	
Dive Lane 1		LANE 1		E	E	E	E	E	E	E	
				#1	#2	#3	#4	#5	#6	#7	

Public/Member swim lane availability:

- 6 am-6:30 am = 25 lanes available (Lanes 1-10, DL 1-10 & 5 public lanes available)
- 6:30 am-7:30 am = 16 lanes available (Lanes 1-8, DL 1-3 & 5 public lanes available)
- 7:30 am-9:30 am = 21 lanes available (Lanes 1-10, DL 1-6 & 5 public lanes available)
- 9:30 am-10:30 am = 18 lanes available (Lanes 4-10, DL 1-6 & 5 public lanes available)
- 10:30 am-3 pm = 21 lanes available (Lanes 1-10, DL 1-6 & 5 public lanes available)
- 3 pm-3:30 pm = 21 lanes available (Lanes 1-10, DL 1, 6-10 & 5 public lanes available)
- 3:30 pm-4 pm = 5 lanes available (Public lanes 1-5 available)
- 4 pm-5 pm = 4 lanes available (Public lanes 2-5 available)
- 5 pm-6 pm = 6 lanes available (Dive lanes 1, 6 & public lanes 2-5 available)
- 6 pm-6:30 pm = 5 lanes available (Dive lanes 1-6 & public lanes 2-5 available)
- 6:30 pm-7 pm = 4 lanes available (Public lanes 2-5 available)

At 7pm, there will be lane lines added to the “shallow” area and there will be “lap swimming” only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.

- 7 pm-7:30 pm = 6 lanes available (Public lanes 1-6 available)
- 7:30 pm-7:45 pm = 11 lanes available (Dive lanes 1-3, 9-10 & public lanes 1-6 available)
- 7:45 pm-9 pm = 16 lanes available (Dive lanes 1-10 & public lanes 1-6 available)

All times, availability and lane assignments are subject to change.