



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Lactation Support Groups

Join us at our free, drop-in, in-person lactation support group to get advice, meet other parents, and share experiences!



Hempstead Group:

1st & 3rd Wednesday of Each Month

11:00 AM - 12:00 PM

Nassau County Department of Health
Health Resource Center

40 Main St. Suite C, Hempstead, NY 11550

Glen Cove Group:

4th Wednesday of Each Month

11:00 AM - 12:00 PM

Glen Cove Library
4 Glen Cove Ave, Glen Cove, NY 11542

Sessions held in English and Spanish.

In partnership with:



**Department
of Health**

Breastfeeding, Chestfeeding,
and Lactation Friendly New York



Cohen Children's Medical Center
Northwell Health*



Harmony Healthcare
Long Island

For more information, email communityhealth@nassaucountyny.gov
or call 516-227-9694.

