2026-27 Winter Swim Lesson/Water Exercise Session

SWIM LESSON/AQUATIC FITNESS REGISTRATION INFORMATION

Registration will take place online starting *Saturday, December 5th*

All class registration will take place starting 9am

Start Time	Course	Start Time	Course	Start Time	Course
9:00 AM	Aqua Jog,Aqua Aerobics	9:30 AM	Level 6	10:00 AM	Preschool 3
9:05 AM	Adult Fit Swim	9:35 AM	Level 5	10:05 AM	Preschool 2
9:10 AM	Adult Intermediate	9:40 AM	Level 4	10:10 AM	Preschool 1
9:15 AM	Adult Beginner 3	9:45 AM	Level 3	10:15 AM	Infant Toddler
9:20 AM	Adult Beginner 2	9:50 AM	Level 2		
9:25 AM	Adult Beginner 1	9:55 AM	Level 1		

Registration will be online only for the first 24 hours. Both online and "in person" registration will be available starting Sunday, Dec. 6 at 9am. The Winter session classes will start on Monday, Dec. 7. The class schedule will be available in mid to late November.

Account access:

Visit: https://secure.rec1.com/NY/nassau-county-ny/catalog and go to "Login/create account".

First time login in process:

- Enter your e-mail as your user name. (if your e-mail is not recognized, see the "important" section below)
- Clink on "forgot password?" and you will then get an e-mail to set your password and log in

Please do not create new accounts ….before checking to see if you already have an account. You will already have an account if you did business at one of the Nassau County Parks facilities (not just the Aquatic Center) and previously purchased something requiring your name and address, for instance……a Leisure Pass, swim lesson, facility memberships, summer rec program, ice skating session, cabana lottery, etc.

Important – You can only access your online account if your e-mail was entered into the system at the time of any previous purchase. If your e-mail is not recognized at time of log-in, it probably means your e-mail was not entered previously. If so, please call 572-0501 and we can enter it. Again, **please do not create a new account** unless you are certain you've never done business with our Nassau County Parks system before.

Registration process once logged in:

- Children's names and dates of birth can be added through the "Accounts" page. Do not register classes under the parents name as age restrictions will block you from finishing.
- Swim lesson selections can be found under the "Catalog" button and then on the "Aquatic Center Main Pool" location. You can register and pay at this area of the website.
  If you have a credit in the system, it can be seen on your accounts page.

Evaluations & Proper class selection:

If you are unsure what class your child should enter, please call 572-0521. Messages will be returned as soon as possible. In person evaluations will take place on the following dates every 15 minutes (registration must be done in advance and online starting 11/16 at 9am): Monday, 11/30: 4 pm-8pm; Tuesday, 12/1: 4 pm-8pm; Wednesday, 12/2: 4 pm-8pm.

Age Restrictions:

Infant/Toddler classes: ages 6 mos. – 36 months (each child must be accompanied in the water by an adult)
Pre School Levels 1-3: ages 3 – 5 years
Levels 1-6: ages 6 and over
Teen/Adult: ages 13 and over (also "Get Comfortable in water" class)
Jr. Lifeguard: ages 11-15
Water Exercise: ages 18 and over

Refunds:

We will not refund, credit or transfer any incorrect class selections. No exceptions will be made. If you place your child in the wrong class, your child cannot take the class and no credits, refunds or class transfers will be granted. Registering for more than one class is not permitted. No refunds for multiple registrations.

If you have any questions regarding registration or logins, please call 572-0501.

Dated: 10/20/26