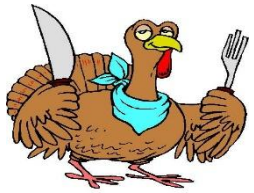
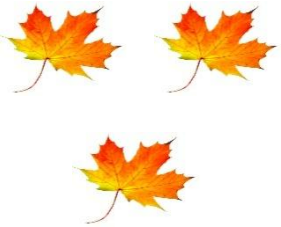
November 2026

Roslyn Senior Community Service Center
1579 Northen Blvd (Rte.25A), Roslyn NY 11576
516-944-9654

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:00 Social Hour Coffee Tea 9:30 Game of Dominos 10:30 Arthritis Foundation Chair Aerobics w/Victoria 12:00 Lunch and Announcements 12:45 Drumming Cardio Theresa Morale North Star 2:00 Bus leaves Center	3 **ELECTION DAY** **Center Closed** 	4 Lunch Reservation Due for week 11/09 9:00 Social Coffee Hour 9:30 Card Game Kings in Corner 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Balance Exercise w/Nick 2:00 Bus leaves Center	5 9:00 Social Hour Coffee, Tea 9:30 Rock and Roll Trivia 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:45 Yoga w/Karen 2:00 Bus leaves Center	6 Nutrition Education Handout 9:00 Social Hour Coffee, TV News and Weather 10:30 Arthritis Foundation Chair Aerobics w/Victoria 12:00 Lunch and Announcements 12:45 Line Dancing w/Amy 2:00 Bus leaves Center
9 9:00 Social Hour Coffee Tea 9:30 Decorate Center 10:30 Arthritis Foundation Chair Aerobics w/Victoria 12:00 Lunch and Announcements 12:45 Movie Saturday Night Fever w/Popcorn and Cheese and Crackers 2:00 Bus leaves Center	10 Lunch Reservation Due for week 11/16 9:00 Social Hour Coffee, Tea 9:30 TV Time Sitcoms 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Zumba w/Nilo Pinto 2:00 Bus leaves Center	11  **Center Closed Veterans Day**	12 9:00 Social Hour Coffee, Tea 9:30 Dominos 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:45 Yoga w/Karen 2:00 Bus leaves Center	13 9:00 Social Hour Coffee, 9:30 Site Council Meeting 10:30 Arthritis Foundation Chair Aerobics w/Victoria 12:00 Lunch and Announcements 12:45 Cornell Cooperative Nutrition Program on Food Safety Tips 2:00 Bus leaves Center
16 9:00 Social Hour Coffee Tea 9:30 Game of Scrabble 10:30 Arthritis Foundation Exercise w/Victoria 12:00 Lunch and Announcements  12:30 Manicures by Boces 2:00 Bus leaves Center	17 9:00 Social Hour Coffee, Tea 9:30 Word Puzzles and Trivia 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Zumba w/Nilo Pinto 2:00 Bus leaves Center	18 Lunch Reservation Due for week 11/23 9:00 Social Coffee Hour 9:30 Card Game Hearts 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:30 Debra Soon Charles Evans Center Craft and group discussion 12:45 Balance Exercise w/Nick 2:00 Bus leaves Center	19 Thanksgiving Party 9:00 Social Hour Coffee, Tea 10:00 Hempstead members arrive at center 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Thanksgiving Party DJ Chris Dancing, Hempstead members will join us. 2:00 Bus leaves Center	20 9:00 Social Hour Coffee, 9:30 Site Council Meeting 10:30 Arthritis Foundation Chair Aerobics w/Victoria 11:30 Eileen Casey Social Worker Brain Games 12:00 Lunch and Announcements November Birthday Party 12:45 Line Dancing w/Amy 2:00 Bus leaves Center 

Monday	Tuesday	Wednesday	Thursday	Friday
23 9:00 Social Hour Coffee Tea 9:30 Game of Kings In Corner 10:30 Arthritis Foundation Chair Aerobics w/Victoria 12:00 Lunch and Announcements 1:00 Drumming Cardio Theresa Morale North Star 2:00 Bus leaves Center	24 9:00 Social Hour Coffee, Tea 9:30 Sports Trivia 10:45 Exercise w/Susanne 12:00 Lunch and Announcements 12:30 Zumba w/Nilo Pinto 1:00 Dominós 2:00 Bus leaves Center	25 Lunch Reservation Due for week 11/30 9:00 Social Coffee Hour 9:30 Card Game Kings in Corner 10:30 Tai Chi W/Joseph 12:00 Lunch and Announcements 12:45 Balance Exercise w/Nick 2:00 Bus leaves Center	26 HAPPY THANKSGIVING CENTER CLOSED 	27  CENTER CLOSED
CRAFT 30 9:00 Social Hour Coffee Tea 9:30 Game of Kings In Corner 10:30 Arthritis Foundation Chair Aerobics w/Victoria 12:00 Lunch and Announcements 12:30 Sinclair of Port Washington Event Tattoo Fall Coasters Cynthia/Kylie 2:00 Bus leaves Center				

NASSAU COUNTY · STATE OF NEW YORK

BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Area Served:

East Hills, Greenvale, Jericho, Old Westbury, Port Washington, Roslyn, Roslyn Heights, Roslyn Harbor and Manorhaven

Hours of Operation: 9 am-4 pm

Meals suggested contribution: $3.00

Transportation suggested contribution: $2.00

Exercise suggested contribution: $2.00

Site Council Meeting: October 16th

Birthdays Celebration: October 16th

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.