November 2026

Bethpage Senior Community Center
103 Grumman Road West, Bethpage, NY 11714
(516) 571-9910

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Closed	4 Bethpage Seniors 9:30am-12:30pm Cards, Poker, Pool *Club Membership Required* **Zumba** 1pm-2pm Model A Ford Club 7pm *Club Membership Required*	5 Hicksville Mid-Island Seniors 10am-3pm Cards, Poker, Pool, Bingo *Club Membership Required*	6 **Chair Yoga** 9:30am-10:30am **Lunch & Learn** 11am *Reservations Required*
9 Our Lady of Mercy Seniors 10am-1:30pm Bingo, Cards *Club Membership Required* **Chair Yoga** 2pm-3pm **Mahjong** 2pm-4pm	10 Sagamore Pioneers 9am-1pm Retired Telephone Operators Club *Club Membership Required* **Krafting with Karaline** 1:30pm *Reservations Required*	11 Closed	12 Hicksville Mid-Island Seniors 10am-3pm Cards, Poker, Pool, Bingo *Club Membership Required*	13 **Chair Yoga** 9:30am-10:30am **Senior Veterans Lunch** 12pm *Reservations Required*
16 Our Lady of Mercy Seniors 10am-1:30pm Bingo, Cards *Club Membership Required* **Chair Yoga** 2pm-3pm **Mahjong** 2pm-4pm	17 St. Pius X Seniors 10am-1pm Speaker/Entertainment *Club Membership Required* *This club has a wait list*	18 Bethpage Seniors 9:30am-12:30pm Cards, Poker, Pool *Club Membership Required* **Zumba** 1pm-2pm **Trivia** 2:30pm *Reservations Required*	19 Hicksville Mid-Island Seniors 10am-3pm Cards, Poker, Pool, Bingo *Club Membership Required*	20 **Chair Yoga** 9:30am-10:30am

Monday	Tuesday	Wednesday	Thursday	Friday
23 Our Lady of Mercy Seniors 10am-1:30pm Bingo, Cards *Club Membership Required* **Chair Yoga** 2pm-3pm **Mahjong** 2pm-4pm	24 Indian-American Forum 10am-3pm *Club Membership Required*	25 Bethpage Seniors 9:30am-12:30pm Cards, Poker, Pool *Club Membership Required* **Zumba** 1pm-2pm **Puzzles and Games** 2pm-4pm	26 Closed	27 Closed
30 Our Lady of Mercy Seniors 10am-1:30pm Bingo, Cards *Club Membership Required* **Chair Yoga** 2pm-3pm **Mahjong** 2pm-4pm				

BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

Note

Events in GRAY require club membership.

All unshaded activities are open to all Nassau County residents over the age of 60 and club membership is not required.

For additional information, please call 516-571-9910 or 516-227-8900.