November 2026

Hispanic Brotherhood Inc.
124 Greenwich Street, Hempstead, NY 11550
516-483-6018

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 **9:00AM**- COFFEE AND ANNOUNCEMENTS **10:00AM- ZUMBA WITH NILO** **11AM**-TIME TO SOCIALIZE **12PM- BREADED CHICKEN CUTLET W/ GRAVY** **1:00PM**-BINGO OR DOMINO	4 **9:00 AM-** COFFEE AND ANNOUNCEMENTS **10 AM-** TIME TO SOCIALIZE **11 AM- OAK ST. HEALTH.** **12PM- QUICHE W/SPINACH & CHEESE** **1 PM**- BINGO OR DOMINO	5 **9:00AM**- COFFEE AND ANNOUNCEMENTS **10:00AM- ARTS & CRAFTS W/SHEILA** **11AM- SANDYE'S YOGA** **12PM- STUFFED SHELLS W/ MARINARA SAUCE** **1PM**-BINGO OR DOMINGO	6
9	10 **9:00AM**- COFFEE AND ANNOUNCEMENTS **10:00AM- ZUMBA WITH NILO** **11AM**-TIME TO SOCIALIZE **12PM- HAMBURGER ON BUN** **1:00PM**-BINGO OR DOMINO	11 	12 **9:00AM**- COFFEE AND ANNOUNCEMENTS **9:45 AM-MOUNT SINAI HOSPITAL HEALTH CHECK** **10:00AM- ARTS & CRAFTS W/SHEILA** **11AM- SANDYE'S YOGA** **12PM- CHICKEN FRANCESE** **1PM**-BINGO OR DOMINGO	13 **9:00 AM-** COFFEE AND ANNOUNCEMENTS **10 AM-** TIME TO SOCIALIZE **11 AM-** GAMES AND PUZZLES **12PM- SAUSAGE W/ PEPPERS AND ONIONS** **1 PM**- BINGO OR DOMINO
16	17 **9:00AM**- COFFEE AND ANNOUNCEMENTS **10:00AM- ZUMBA WITH NILO** **11AM- CORNELL COOPERATIVE SWEET READS** **12PM- STUFFED PEPPERS W/RICE** **1:00PM**-BINGO OR DOMINO	18 **9:00 AM-** COFFEE AND ANNOUNCEMENTS **10 AM-** TIME TO SOCIALIZE **11 AM-** GAMES AND PUZZLES **12PM- BREADED FISH W/TARTAR SAUCE** **1 PM**- BINGO OR DOMINO	19 **BIRTHDAY PARTY** **9:00AM**- COFFEE AND ANNOUNCEMENTS **10:00AM**- COLORING **11AM- SANDYE'S YOGA** **12PM- CAESAR SALAD W/ CHICKEN** **1PM**-BINGO OR DOMINGO	20

Monday	Tuesday	Wednesday	Thursday	Friday
23 **9:00 AM-** COFFEE AND ANNOUNCEMENTS **10 AM-** TIME TO SOCIALIZE **11 AM-** GAMES AND PUZZLES **12PM- RAVIOLI W/MARINARA SAUCE** **1 PM**- BINGO OR DOMINO	24 **9:00AM**- COFFEE AND ANNOUNCEMENTS **10:00AM- ZUMBA WITH NILO** **11AM**-TIME TO SOCIALIZE **12PM- HEARTY CHICKEN STEW** **1:00PM**-BINGO OR DOMINO	25 **9:00 AM-** COFFEE AND ANNOUNCEMENTS **10 AM- SITE COUNCIL MEETING** **11 AM-** GAMES AND PUZZLES **12PM- SLICED TURKEY ROLLS W/GRAVY AND STUFFING** **1 PM**- BINGO OR DOMINO		27
30				

BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

IMPORTANT *INFORMATION!*

Hours of Operation: **9:00am – 2:00pm**

Meals suggested contribution: **$3.00.**
Suggested contribution for transportation, workshops, and exercise classes: **$2.00.**
Site Council Meeting: NOVIEMBRE 25, 2026

Birthday Celebration: NOVIIEMBRE 19, 2026

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED.
PLEASE CALL 516-483-6018 TO RESERVE MEALS & EXERCISE